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Rams little Dodeon.

A briefe Epitome of the new Herbal,  
or History of Plants.

Wherein is containd the disposition and true declaration of the Physike helps of all sortes of herbes and Plants, vnder their names and operations, not onely of those which are here in this our Countrey of England growing, but of all others also of other Realmes, Countreyes and Nations vsed in Physike:

Collected out of the most exquisite newe Herball, or History of Plants, first set forth in the Dutch or Almayne tongue, by the learned and worthy man of famous memory, D. Reinbert Dodeon, Physicion to the Emperour; And lately translated into English by Henry Lyse, Esquire:

And now collected and abridged  
by William Ram, Gent.

Pandit Oliua suos Ramos.

Imprinted at London by Simon Stafford, dwelling  
in the Cloth-Fayre, at the signe of the  
three Crownes. 1606.

Rams little

A little portion of the new Herald

It is a copy of the original and much  
of the Herald of all sorts of  
and this is a very rare  
one in the Court of England  
growing but of all sorts also  
of other Heraldic Court

Collected one of the most  
of the Heraldic Court

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The Author to the Reader.



Oving & most naturall countrymen : I haue bestowed some tyme, in reducing the most exquisit new herball or history of plants (first set forth in Dutch and Almayne tongue, by the learned and worthy man, of famous memory, *D. Reinbert Dodeon*, Phisicion to the Emperour, and translated into English by Master *Henry Lyte*, Esquire) into a brieve and short Epitome : wherein is contayned the disposition and true declaration of the phisike helps of all sorts of herbes and plants, vnder their seueral names & titles, not onely of those which are here in this our countrey of England growing, but also of others of foreine realmes, countreys, and nations, vsed in Phisike, (being nowe brought into a very samll volume) So as where the geat booke at large is not to be had, but at a great price, which canot be procured by the poorer sort, my endeuor herein hath bin chiefly, to make the benefit of so good, necessary, and profitable a worke, to be brought within the reach and compasse aswell of you my poore Countrymen & women, whose liues, healths, ease and welfare is to be regarded with the rest, at a smaller price, then the greater Volume is : wherein I haue made declaration of certayne dangerous Plants, with their corrections, onely drawing them into a special Title by themselves, which before were dispersed in many places. This onely obseruation I gaue thee, that where, in many titles of cures, all, or the most part of the herbes or simples for such cure, are drawn within this direct, & it is not to be inteded, that all those simples should be Saded together in the vse of Phisike, but that euery of them

*The Authour to the Reader.*

by themselves are to be ministred for the cure of the disease vnder their severall tytes: and that this Character or marke, — which you shall finde in many places of this book, is to giue the right vnderstanding of the herbe (by which it is set) by some other more familiar name, then in his first place: And as it pleased that famous and worthy man, *D. Reinbert Dodeon*, the Patrone of so excellent and necessary a woorke, to offer the same into the world: And as the sayde worshipfull gentleman, master *Henry Lyte*, by his diligence hath translated the same into our English tongue, for the benefit of all his countrymen, to the end the light thereof might not be hidden or extinguished, to their great prayse and cōmendations: Euen so, my poore talent of endeuer hath byn to none other end, but only to draw that into a handfull, which before was in the compas of a great garden: or else to bring that into a little Gardē, which before was (as to be looked for in many fields and disperced places) not to be found but by great labour and industry: my onely and greatest care hath byn of long tyme, to knowe or thinke, how and vpon whome to bestow the dedication of this my small labor: And in the penning of this my letter, my Affections are satisfied with the dedication thereof to thee my poore and louing cōuntryman whosoever, and to whose hands soeuer it may come: For whose sake I haue desired publicatiō of the same, beseeching Almighty God to blesse vs all.

*William Ram.*



## The Contents of this Booke.

**A** Speciall note that the first page of euery leafe being opened, contayneth the practice of *M. R. Dodeon*: And that the second opposite page, vnder the Title *Incidentia*, contayneth the practises of others for the same Phisike helps, collected and inserted by the Author of this Treatise.

Certayne excellent approoued experiments vnder the Title *Incidentia*, incident to the cures of many, or of the most part of the same diseases, set on the other opposite page.

A declaration of many dangerous herbes and Plants, very dangerous and hurtfull to man, by reason of their malignant and hurtfull qualities.

The correction of the same dangerous plants, or many of them.

Observations for euery of the twelue moneths in the yeere.

Observations of times of gathering, ordering and preserving of certayne herbes, fruits, seedes, flowres and rootes.

Observation of gardening, by father *Kinke* of *Tibolds*.

Observation of diuers dangerous dayes in the seuerall moneths of the yeere.

Certayne generall observations.

Observations of Dyet, good and euill for the parts of mans body.

*All these Plants, or the most part of them  
 haue their seuerall dangers and pro-  
 perties, and therefore they are  
 to be corrected, or to be  
 vsed by good  
 discretion.*

**H**empe seede, Vetch, Agarick, Squilla, Lets,  
 Onions, Indian Pepper, Chlasp, Coleworts,  
 Orache, Pole reede, Bitter Vitch, Chick pease,  
 Hemlock, Solanum, Mandragora, Oleander,  
 Licocktenen, Arconitum, Ranunculus, Fenne,  
 Scamony, White Bysong, Wallwort, Elder,  
 Colloquintida, Liscinachus, Rypid Cowcumber, Stanesacre,  
 Pezeron, Camelea, Philtium, Lawrell, Parado-will,  
 Tapfia, Beplos, Spurge, Gula, Kithemall,  
 Elebor, Ciclamen, Actrologia, Euphorbium, Laccapitum,  
 Cozlander, Compa, Aneoz, Carthamus, Flax seede.

*All these simples and plants are not to be  
 taken into the body, without great  
 skill, and good correction, by the  
 learned and skilfull  
 Phisicians.*

**A**ll the Crow-footes, especially Apium risum, taken inward-  
 ly, spoyleth the senses and vnderstanding, and draweth to-  
 gether all the sinewes of the face, making them that haue eaten  
 thereof, to lerne to laugh, and so they dye laughing, except pre-  
 sent remedy be prouided.

Flammula, Wolfesbane — Licostimum, Peruan — Oleander  
 Opium — Papauer, Mandragora, Solanum lethale, — Diuile,  
 Solanum somniferum, Venbane, blacks especially, Hemlock,  
 Bewe tree not to lye vnder.

The

The Corrections of dangerous  
Herbes, Plants, and simples.

**T**he danger of *Brotherhood*: it is a hurtfull enemy to Soothern-  
the stomake: wherefore Gallen would not have it minist- wood.  
fired inwardly in the body. Cartha,

The danger of the seeds of *ballard Saffron*, it is hurt- mus.  
full to the stomake, causing vesire to bow vt, of hard and slowe  
operation, remaining long in the stomake.

¶ But to that seed, *Amis seeds*, *Galengale*, *Pastile*, *Win-* Correc-  
*ger*, *Sel gem*, or common salt, which will harden his operation, tion.  
and correct his malignity.

The danger is, being taken into the stomake, it is a hindrance Flaxseed  
to digestion of meate, and breedeth windinelle. or Lync-

The danger, it is hard of digestion, contrary to the stomake, seedc.  
it causeth payne, grief, and dunnas in the head, it engendzeth Hempt-  
grosse and naughty humozs in all the body. seedc.

When yee will use *Lisimachus*, take none but that with the Lysima-  
pellowe *Flowers*, which is the right herbe, and the other not, chus, his  
The danger, it is hurtful to mans nature, it engendzeth cold- choyce.  
nes, and sickness throughout the body, with pensiveness Phillians,  
and heavynesse of the heart.

¶ Provoke vomit, with medicines convenient to cast Correc-  
it vp: then giue to drinke of the best and most sauey wyne, tion.  
being coide by it self, or boyled with *wozewood*, or mingled  
with hony, and a little iye, or the decoction of *Will*.

The best are those which growe in *Slauonia*,

The next in *Macedonia*.

The third in *Affrica*.

The white Iris is taken for the best.

Flowre  
de Lyce  
rootes:  
their

The choyce.

### The Corrections of dangerous

- Amicos.** The danger of the late taken in too great quantity, it taketh away the colour, and prouoketh paleness as in dead babies.
- Cummin** The danger, being too much used, it decayeth the natural complexion, and liuely colour, and causeth a man to looke wan and pale.
- Coriander** If greene Coriander be taken into the body, it causeth horridnes, fransy and dulnes of the vnderstanding it maketh the party seeme as if he were drunken: the Juyce taken in quantity of 4. ozams, killeth the body.
- Lacerpium the choyce.** The best is that which is reddish, cleare & bright, and smelling like myrrh, not greenish, of a good pleasant smell, which being distilled, is white.
- Euphorbium: the danger.** By reason of his extreme heate, it is hurtfull to the Lyoer & stomach and all the inward parts, being receyued inwardly, it chalety and inflameth out of measure.
- Correction.** First annoynt it with the oyle of sweete Almonds, then put it in the middle of a Cytron, and wrap it in leuened paste, and bake it, and then vse it.
- Manardus taketh of mastick & gum Dragagant, as much as of Euphorbium, and mingling them together, putteth it into the midst of an unbaked loafe, and baketh it well, then he taketh the crum of that loafe, and maketh pills, and giueth it for the weaknes that cometh of the French poxe, & all anguish and paynes outward.
- Another minglety Euphorbium with the like quantity of mastick, and maketh pills with the Juyce of Citrons, or of Oranges, and vseth them much agaynst the pestilence.
- Astrolochiathe choyce.** Round Astrolochias of fine and subtil parts, and of stronger operation then the red, it mundifieth and cleaseth mightily, it suppleth and maketh thin, grosse humors.
- Long Astrolochias is better to incarnate, and to engender flesh in vlcers,
- Astrolochias Climatis hath best sauer, and therfore maketh best opntments.

herbes, plants, and simples.

The danger: In what sort soever it be taken, it is dangerous Ciclamē  
to women with child: wherefore let them take hēde not onely Sow-  
how they receiue it inwardly, but also let them bee aduised in a bread.  
ny wise not to applie it outwardly, nor to carrie it about them,  
nor yet plant it in their gardens, for it will hinder them if they  
goe but ouer it.

The danger: being vnprepared, and taken out of time and White  
place, or too much in quantitie, is hurtfull to the bodie: for it cho- Elebor.  
keth and troubleth all the inward parts, shrinketh and draweth  
together all the sinewes, and stayeth the partie: therefore vnpre-  
pared it ought not to be ministred, nor then, without good hēde  
and great aduisement: for such as are either too yong, or too olde,  
feeble, that spit bloud, that are griued in their stomacks, whose  
breasts are straight and narrow, their necks long, such people  
must in no wise deale with it without ieopardie and danger:  
therefore be aduised by learned Physicians.

Although blacke Elebor is not so vehement as the white, yet it Blacke  
cannot be giuen without daunger, especially to people hauing Elebor.  
their health, &c. and not to be ministred but in desperate causes in  
the spring time onely: and not before it be aduisedly prepared  
and corrected.

¶ Elebor giuen with Long-pepper, Isop, Daucus, and Annis- Corre-  
seeds, maketh it to work the better, & with lesse danger. Also, if it tion.  
be boyled in the broth of a Capon, or of any other meate: and  
that broth may be giuen to drinke, and with lesse danger.

The daunger of the Juice and seede of Tichimalles: it worketh Tichi-  
violently, hurtfull to the nature of man, troubling the body, malles.  
ouerturning the stomacke, burning the throte, making it rough  
and soze: wherefore Gallien willet not to haue it ministred  
inwardly, but to be applyed outwardly.

¶ Lay the bark of the roots to soke in Wineger by a day, then Correc-  
drie it and make it in powder, and put to it Annis and Fenell tion and  
seeds, Gumme Dragagant and Masticke, and so ministring it remedie.  
with some cooling and refreshing liquoz, as Endiue, Cichory, or  
Oringes, &c.

The danger is like to the Tichimalles, and hurtfull.

¶ The euill qualitie is corrected as the Tichimalles.

Ezula.

Correc-

tion.

The Corrections of dangerous

- Spourge** The danger: it is hurtfull to mans nature and body, as the  
Tichimalles.
- Correc-  
tion.** ¶ Take the seede of Spourge, with Dates, Figges, or Gumme  
Dragagant, Masticke, Annisseedes, or any refreshing or cooling  
herbe: or if one drinke water, straight waies it co:recteth, &c.
- Peplos.  
Correc-  
tion.** The danger is hurtfull to man, as Spourge.  
¶ As as of Spourge.
- \* **Thap-  
sia.** The daunger: in drawing the iuyce from the herbe & roote,  
great inflammation chaunceth to the partie that draweth it, in  
his face: And receiued into the bodie, it causeth great windi-  
nesse, blasting, turmoyling, and ouerturning the whole body:  
and it hurteth the bowels and inward parts.
- Correc-  
tion.** ¶ When one will gather the Iuyce, or strip the barke off  
the roote, let him anoynt his face and bare places, with oyle of  
Roses and ware.  
When it shall be ministred inwardly to open the belly, put to  
it Long-pepper and Sugar.
- Wilde  
Saffron,  
Hermoc-  
daetil.  
Correc-  
tion.** The danger: it stirreth by gnawing and fretting in the bo-  
dy, as if it were all rubbed with nettles, it inflameth the sto-  
macke, and hurteth the inward parts, so as at first it procureth  
bloudy excrements, and after bringeth death.
- ¶ Drinke a great draught of Cow-milke: Put to it Ginger,  
Long-pepper, Annisseeds, Comin, and a little Masticke: it co:z-  
recteth, and helpeth.
- Lawrell.** The danger: it doth vere and ouerturne the stomacke, it in-  
flameth, hurteth, and burneth the inward parts.
- Correc-  
tion.** ¶ The leaues are to be steeped one day in good strong Vini-  
ger, then drie it, and keepe it to vse.  
If first you lay to soke in that Vineger, Quinces, or the seede  
of Barberies, when you will occupie the leaues prepared, you  
must make them in powder, and giue it with Annisseedes and  
Mastick, or boyle them in whay or swete milke, especially  
goates milke, or the broth of a Capon.
- The danger is very nere the nature of venim, hurtfull many  
wayes to mankind: it greatly hurteth the stomacke, liuer, and  
to all principall parts of man, chasing, and vehemently grieuing  
the inward parts.

**Chame-  
lea.**

¶ The



herbes, plants, and simples.

¶ The correction is as of Lawrell.

\* The dāger, by reason that it is very hote, it is very hurtfull, and of strong and vehement working, grievous the inward parts.

Correc-  
tion.

\* Meze-  
ron.

¶ His correction is as of Chamelea.

Correc-  
tion.

\* His danger is very hurtfull to Nature, for it causeth & inflameth all inward parts: it euerturneth the stomacke, being held in the mouth: it causeth inflammation in the mouth and thyoate, and therefore it is to bee ministred outwardly.

\* Stauef-  
agre.

¶ Before you occupie the seede of Stauefagre, ripe it in Wine, and drie it.

Correc-  
tion.

You may giue it to be dzunken with meat or Homed water.

Who that hath taken in any of this seede, must walke without staying, and should dzinke Hidromell often, when he feeleth any kind of choking.

\* ¶ It must be giuen with meade, or with sweet milke, a little Anniseeds and salt, or giue it in powder with Gumme Dragagant, Anniseeds, and a little salt.

\* Wild  
Cowcu-  
mer, the

\* The dāger: it hurteth the inward parts, & openeth the small vaines, it prouoketh gripings, and toments in the belly.

correc-  
tion.

The daunger is exceeding hurtfull to the stomack, and Liuer, hurting the bowels and intrayles.

\* Idem.  
Collo-

¶ Put to the pulpe or pith thereof Gumme Dragagant and Mastick, and after make it into Troches or Balles with honey.

quintida  
Correc-  
tion.

The danger it is very hurtfull to man. it stirreth vomiting, tossing and tumbling the stomack, bowels, and belly, it maketh the body weake and feeble, and it wasteth the strength of the Liuer.

Elder.

The daunger: it is noysome to the Stomack and inward Wallpartes, as Elder.

woort.

The daunger is, the soote by his violence troubleth and ouerturneth the stomack, and other inner parts, it is altogether euill, and contrary to women with child.

White  
Briony.

¶ The malice or naughty quality thereof is taken away, by putting to Mastick, Ginger, and Cinnamon.

Correc-  
tion.

The Corrections of dangerous

1 The danger: the Juice is very strong and violent, causing wambling and windinesse.

2 It chafeth the liuer and bloud, and it ingendereth feuers to such as be of hote complexion.

3 It openeth the vaines, and hurteth the bowels and inward parts, to the prouoking of bloody excrements, verie hurtfull to the liuer, heart, and inward parts.

Correc-  
tion.

¶ Boyle or digest it in a Quince, or paste of Quinces, vntill the Quinces bee verie tender and perfectly boyled, and then it is called Diagredium.

2 Mixe it with some cold Juice, as of Roses, Psilliū, or Prune-pulpe.

3 Put to your Diagredium, Mastick, or the iuyce of Quinces.

Fearne.

Polipo-  
die the  
choyce.

Ranū-  
culus.

The danger is verie great, especially to women with child. The roote which groweth at the sorte of the oke is best, and most profitable to be vsed in medicines.

The daunger: they al are dangerous and hurtfull, they kill and slay, especially Apium Risus, which taken inwardly, spoyleth senses, & draweth the sinewes: as those which haue eaten thereof, seme to laugh, and die laughing, without some present remedie.

Acco-  
nite.

Licoſti-  
num.

Rose-  
oleander  
Nercū.

Mandra-  
gora.

The danger is great, it killeth wolues, swine, and all beasts both wilde and tame that eate of it.

The danger of wolues bane, being taken in, it inflameth the heart, burneth the inward parts, and killeth the body.

The danger: it is verie hurtfull to man, and killeth Shep, Goates, Dogges, Asses, Pules, Horses, and all foure footed beasts.

The danger: it is most hurtful to man, to be receiued into the body, if it be takē in, neuer so little quantitie moze then ought to be, it killeth the body: the leaues and fruit are also very danger-  
rous.

Solanū  
somni-  
ferum.

The danger is great: if yee giue more then twelue berries, it causeth rauing, distraction, and furiousnes, as much as Opium. The roote taken in wine, to the quantitie of a dram, causeth vaine and idle imaginations: two drams bringeth frensie and madnesse, which lasteth thre or foure daies: foure drams taken in,

herbes, plantes, and simples.

in, killeth the bodie.

The danger by his venemous qualitie is great: for whoso Hem-  
euer taketh of it, dieth, except he drinke good old wine after it. block.  
But if he taketh Zuyce of Hemblock together with the wine,  
the poyson is augmented, and it killeth.

The danger: the vse of these pease is not very good for them Chiche  
that haue any vlceration in their kidnepes or bladders: for they pease.  
be too much scouring, and do cause the vaine to be tharpe.

The danger of Ers or Oribus: being vled often, & in too great The bic-  
a quantitie, it causeth head-ache and heauie dulnes: it bzingeth ter vitch,  
forth blood both by vaine and excrements of the belly. called

The danger of † Poole Reed or Harundo vallatoria, is, that if Eruum.  
the doivne that is in the toppe or tufting tassell thereof chanceth † Poole  
to fall into the eares, it bzingeth such dulnesse and deafnesse as Keede.  
is hard to bee cured.

The danger: the often eating thereof ingendzeth many infir, Orache.  
mities: it ouerturneth the stomacke, and it causeth diuers spots,  
streckles, and pimples to arise in the face, and all the rest of the  
body, also it is hard of digestion.

The danger of them: eaten, they ingender grosse and melan, Cole-  
eholicke blood, especially the redde kind: the white are better to worcs.  
digest, and engender moze agræable and better nourishment, e.  
specially when they haue bene twice sodden.

The danger is: seeing the seed is verie hote, and of strong and Thlas-  
beheement working, insomuch that being taken in too great a pic.  
quantitie, it purgeth or scoureth euen vnto blood, and is verie  
hurtfull to women with childe, therefore it may not bee rashly  
ministred inwardly.

The danger: it is dangerous to bee often vled, or in too great Indian  
a quantitie: for this pepper hath in it a certaine euill qualitie, pepper,  
whereby it killeth dogges, if it be given them to eate. Capsicū.

The daunger: the often vse of them causeth head-ache, and Onions.  
ouer-much slepe, and is hurtfull to the eyes.

The daunger: they engender euill humoys and windinesse, Leekes.  
they cause heauie and terrible dreames: they darken the eye-  
sight: they are very hurtful to them that haue any exulcerations,  
or going off of the skinne of the bladder or raynes.

The Corrections of dangerous herbes, &c.

**Squilla.** The daunger: it is a very sharpe and hard medicine, it is subtil and wasting, hurtfull, and forcing the nature of man, when it is taken or vsed rawe.

**Correc-  
tion.** ¶ It is not to be vsed into the body, without it be first seden, rolled, or baked.

**Arbutus** The daunger: the fruit thereof eaten hurteth the Stomack, and causeth head Ach.

**Agarick** The daunger: it is of slow operation, taken in too great a quantitie, it febleth the inward parts.

**Correc-  
tion.** ¶ It is corrected being giuen with Vineger, Sal gemme, and chiefly with Oximell.

**Yewtree** The daunger: it is altogether venimous, and against mans nature.

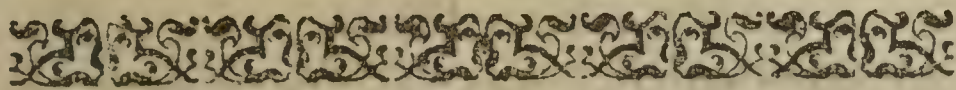
It is so hurtfull, that if one do but sleepe vnder it, or the shadow thereof, he becommeth sicke and sometimes dieth, especially when it bloweth.

In Gascoyne it is most dangerous: if any eate the fruit, it causeth the laske.

The birds that eate the Berries thereof, do eyther die or cast their feathers.

Observations





# Observations in Januarie.

With this fyre I warme my hand.

If frost and weather be not extrême, the wind not at West  
Loz North: set trées, of

Apples	}	Quinces	}	Cheries	}	Rosiers
Peares		Plums		Filbirds		Kaspis
Wardens		Damsons		Walnuts		Goseberies
Barberies		Quicksets		Hawthornes		Blackthorne

and generally all trées and plantes, the yonger the better.

In the wane of the Moone in the first quarter is best to set those and all others that shal beare fruit or flowres, and to prune trées, to cause them grow and beare the better.

In the wane of y Moone, set beanes, pease, & haskings, & solus parceneps, carrets & onions, if the wether be mild & not too hard.

In the end of this moneth, in the new Moone it is indifferent good to graffe, fell, and crop trées.

Forget not to looke to weake cattell.

Giue drinke to sicke cattell: to kine with Bergis, and to horse with white water made with ground Gault or Bzanne, or with some drinke if need bee.

If they be poze, giue them sodden wheate.

Sow Lettice, Keddish and Spynach.

Drynch Hogges with whay, or take Ornament, *alias* Oxale, and Triacle of Zeane, an ounce of each: Bolearmaniak halfe an ounce in fine powder, temper it in a pottell of whay for a hog, and in a pint of bergis for a Cow, and giue it to drinke warme.

Meane Calues and Pigges for Roze.

Now geld or lybbe, the signe being fro the brest upwards, and from the thighes downewards, the Moone being at land and at full: for it is ill cutting at full.

Let not your cattell take any sudden heat, before nor after cut.

Use little Whisick but for great necessity. (ting.

Let no bloud but in case of necessitie, by skillfull aduice, and in good time.

Use

Observations in Januarie.

Use warme meates.

Drinke white wine fasting, if thy backe be not weake, or that thou be not subiect to the gout.

Eschew all swete meates and drinckes, and vse warme cloathing.

Let not such as are subiect to the Rheume, take cold nor wet on their feete.

Such as haue aches may sweate or bathe, taking no cold.

Cold Januarie loueth hote clothes.

Warme meates and broths are best.

Meates that are warme conuenient be.

Bléde not, but bathes by counsaile vse.

Draw no bloud from vaine, but for necessitie.

If thou bléde beware of cold.

Walke not abroad in the night time.

Use to eat the best confectiions.

Drinke white wine, for that flewme increaseth.

To fast long is hurtfull to the body.

Eate Sallets well prepared with oyle and spices.

Wash not thy head.

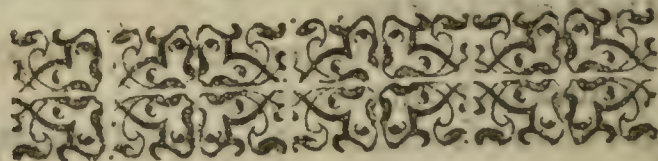
Bathe in safetie thy body warme.

To take a vomit is not hurtfull.

Take euerie morning during this month, a little quantitie of Rosed honey to comfozt the stomacke, and to cleanse the body of choler and flewme.

Drinke in ale or wine, {  
Graines,  
Ginger,  
Putmegs,  
Cloues.

Observations





# Observations in Februarie.

With this spade I digge my land.

**I**n taking Physicke be not too bold.  
As yet no vaine let opened be.

We choyce of soode, provide for cold,

For feare lest Agues trouble thee.

Milke now and Fennish soule denie,

As now no hol some messe.

Now medecines and fleghotomy

Are vsde with ill successe.

Eate confections condited with honey, to purge the bloud.

Eate apples.

To eate fresh beefe often is hurtfull, or other moyst meates.

Use not to eate any pot-herbes, but Parceley, Smaladge,  
and such like.

Eate rather sodden meate then rost, to keep thy bodie soluble.

To bathe is not hurtfull, nor to take a potion.

Blæde in the vaine vnder the Thumbe.

Take pilles to purge the head.

Eate honey with bread, to purge the head and bladder.

Some	{	Larksfæte,	}	and	{	Rocket,	}	In y old Poone.
		Asparagus,				Cardus benedictus,		
		Burnet,				Spinage,		
		Artichocks,				Cucumers,		
		Harts-horne,				Parceneps,		
Samphire,	Colewortz,							
Sauell,	Cabage & Lettice,							

Some	{	Palma Christi,	}	}	{	Parygolds double,	}	In y new Poone.
		White Popie,				Coriander,		
		Rocket,				flowre-gentle,		
		Pargerant,				Violets,		

¶

Some

Observations in Februarie.

Sowe { Time,  
Pumpeons,  
Porcelaine,  
Reddish & Borage, } in the new Moone.

Sowe { Chickweede,  
Cichory white,  
Bettes, } and { Fenell, &  
Parcely, } in the full  
Moone.

Sowe { Onions,  
Cabages,  
and Leakes, } in the wane: and replant Cabages in  
the decrease.

In the new Moone, graffe, plant, and set almost all trees: cut  
Quickset hedges, set Roses and berry bushes, the weather good,  
and wind respected.

In the wane set Beanes, Pease, & Vaskings, & all kind of li-  
gumen: and sow Onions and Parceneps. And now good hus-  
wives set forward their gardens, in setting and sowing most  
kind of herbes and seedes, except Bazell, Margeram, and such  
like, which cannot abide cold nor drought. Now sow kernels  
of Barberies, Peares, and Apples.

Set Hops.

Sow Mustard-seeds.

Set Vines, and prune them.

Stake, and reare by Counseualles.

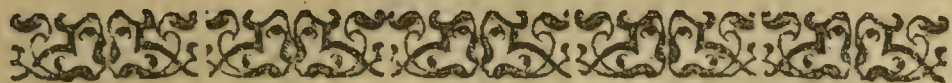
Refraine all things that stop the liuer or veines, or that thicke  
ken bloud, as Rice, Milke-pottage, with Pallowes, and al limie  
meates.

Forbeare Physick, and bloud-letting.

Beware of taking cold, for now Agues are apt to be taken.

Now it is dangerous to take sudden heate or cold.





## Observations in March.

Here I cut my Vine spring.

Shall have regard what soude you take,  
For now in man byrde humoꝝ great,  
The learned of your counsaile make,  
Before you bleede, bathe, purge, or sweate.  
Such victuals March requireth,  
As are both light and pure,  
Bloud letting somewhat profiteth,  
And medicines somewhat cure.

Eate pleasant and well spiced meates.

Refraine sharpe meates.

Drinke pleasant and the strongest wines.

Of times eate Lake pottage.

To bathe often profiteth much.

Take no pottion to purge or bleede by veine.

Eate often Penny-royal, to heate y<sup>e</sup> stomack, & to make dige-  
stion: in sallts eate Bittony, to cleaue the sight, & to amed y<sup>e</sup> head.

Use { Graines, }  
{ Ginger, }  
{ Nutmegs, } and such like spices, profitable this time in  
{ Galingale, } drinks or meates.  
{ Pepper, }

Sow { Cabage, Lettice, } { Bazell, } { Artichocks, }  
{ Cucumers, } { Saffron, } { Cardus } in y<sup>e</sup> old  
{ Cardus benedict. } { Hartt-horne, } { Chickweed, } Bone.  
{ Samphire, } { Hartt-eale. } { Burnet, }  
{ Gilliflowres, } { Malflowres, } { Flop, sauoy }

Sow { Reddish, } { Margeram, }  
{ Pumpions, } { Violets, }  
{ Sauell, } and { Time, } In the new  
{ Coriander, Bozage, } { Parigolds, } Bone.  
{ Purcelan, } { White pepie, }

Sowe Cabage coles, Onions, and Leakes, in the wane.

Observations in March.

Sowe { Beetes, } and { White Cicory. } At the full Moone,  
 { Parsely, }  
 { Fenell. }

Sowe { Lettice, } at all seasons.  
 { Raddish, }  
 { Spynage, }

In the new Moone graffe any good fruit, respecting the wind:  
 plant Quicksets, so that the weather be not too drie.

Set Vines and prune them, set Hops and Willows, and cut  
 Quickset hedges.

In the waine, set Pease and Beanes, and sowe Onions,  
 Parcneps, Mtes, and Field pease.

Good huswines are now knowne by their gardens.

I neede not to tell that it is now good to set and sow all herbs,  
 except Bazell and Gargeram, and such like.

In y<sup>e</sup> end of this month set Cucumers, Melons, & Artichoaks.

Sow Barley in moyst and cold ground.

Crofe feeding brædeth euill bloud and grosse humors.

Use meates of good digestion, and such as bræde good iuyce.

It is good to purge in warme and milde weather.

Now it is good to enter into the diet of Cinacom.

Sweete meates and drinckes are now holsome.

March sayd to Auarill,

I see three hogges vpon a hill :

Wilt thou lend me dayes three,

Ize do my good will to make them die.

When three dayes were come and gone,

The three hogges came hopping home.

A showre in March, { The third in Auarill,

Another in May, {

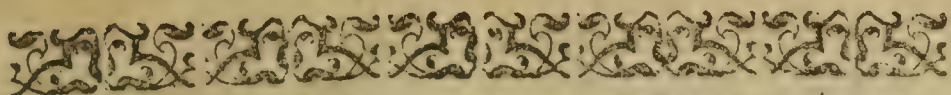
The fourth about the Lammastide,

Is wel yworth a plough of gold,

And all that longs theretill.

I. D.

Observations



## Observations in Aprill.

Heere I heare the birds sing.

**A**Ll things their strength now put in vye.  
The pores are open, the blood abounds,  
Let blood and purge: yet be thou sure,  
From learned counsell no hurt redoands.

Those meates are mate in Aprill,  
Which March desired for to haue.  
Blood letting now doth very well,  
Now purging medecines do craue.

Eate pleasant meates.

Riuer fish is holsome.

Sallets are commended.

Blæde by any vaine in the body except of the Lungs: to open  
that vaine, hurteth, and to open the middle vaine, profiteth.

Bathe often.

To purge the stomacke with a potion or otherwise, is good.

Eate no kind of rootes.

Eate all kind of flesh but pigges.

Take phisicke, but blæde safely.

Drinke moderately.

Blæde for scabbes.

Eate Bitony and Mynts prepared in honey.

Drinke in the morning fasting.

Use herbe Grace in thy wine.

Beware of eating saltfish, which then ingendereth the scab  
and ytch in the body.

Set or  
Sowe { Cardus,  
Artichocks, } and { Celiflowres,  
Walflowres, } Hartseale,  
Barceneps, } In the old  
Moone.

Observations in Aprill.

Sowe { Flowze gentell, } and { Pargetā, }  
          { Rosemary, }            { Violets, } in y new Moons.  
          { Lavender, }            { & Lime, }

Sowe } Cabbadge Coles in the wane of the Moone.

Gather { Adders tōgue, } & Roses: } make { Syrop of Roses,  
          { Camomill }                    { & Sugar Rolet.

Purge, let blood and bathe.

How go to Bathes: if thou canst not, be nued at home, frō the beginning of this moneth to Midsummer, and from Midsummer to the end of September, or els it is too hot or too cold.

Purge, & let blood in temperate time.

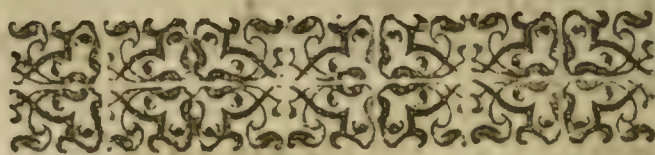
How housewives that forget their gardens before, will leave no vacant plot nor hearbe vnset, nor seede from sowing and setting, and specially Cucumers, Melons, Cithrons, Gourdes, and Artichocks.

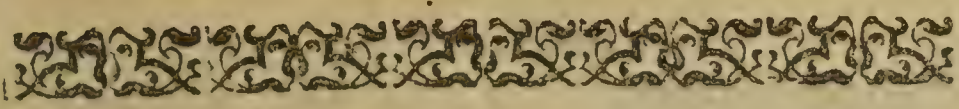
In the wane of the Moone, set Pease, Beanes, and pole Hoppes.

Dairy dames, bestur your families.

Let the Tanner loke for varke.

Observations





## Observations in May.

---

I am as fresh as bird on bough.

**T**O bathe and also to let blood  
If néede require do not refuse:  
To rise betimes will do thee good.  
Be merry, but no myyth abuse.  
In May thou mayest with safety  
Both bathe and take purgation,  
Use Vencry and Phlegbotomy,  
And like euacuation.

Wash thy face often with faire running water.

Use not to eate much meate of hot qualittie.

Wled when need is in any place.

To wled in the foote is most profitable.

Beware of eating any scale fish.

Eaten, tainted flesh that smelleth ill.

Eate your sallet in dew season.

Drinke but little wine.

To bathe is not vnprofitable.

Drinke clarified whey, simply or drawen with cold hearbes.

Wie to drinke pure wine mixed with goates milke, and with  
that anoynt thy head and bzelt.

To drinke sharpe drinckes profite:h.

Take Phisick if néede require.

Eate no head nor fete of any beastes, because of the moysture  
of the hearbes beastes do eate.

Moyme wood wine is profitable to drinke.

Wie to eate Fennell rootes tenderly sodden.

Take tender laxes to pourge the bloud.

Sleepe a littell after dinner.

To blæde on the head or liuer veines profiteth.

¶ Arise early: May loueth no Suggards.

Walke

Observations in May.

Walke into the fields.

Eate and drinke betimes.

Sage leanes and butter and Sage-ale is holtsome.

Eate no egges, nor the heaves, fæte, or braines of any thing.

Drinke clarified whay with these herbes,

Fumitory, Maiden-heare, Sctrach, Sorrell, and Egrimony,  
of each of them halfe a handfull: a few tender buds of hoppes,  
with a little liquoris: Boyle them, Straine them, and drinke it at  
all times, except with meates.

Gather and make { Sirrop of Roses,  
Sugar Rolet,  
Dyle of Camomyll,  
Dyle of Lillies,  
Opium,  
Rosemary flowres.

Sowe Cardus Benedictus in the old Poone.

Sowe { Lettice,  
Keddish,  
Spinage,  
Warceneps, } at all times.

Now cut, set, and plant all herbes and sædes: for it is sayd of  
olde, Set or cut in May, and grow all day.

Now sow Bazell, Margeram, Turneps, and all sædes and  
sallet herbes.

Sowe flaxe and Hempe, and set Artichocks.

Mæde Hops, set yong grasses.

Distill herbes gathered in a drie day in the after noone.

Now good Gentlewomen will distill May dewe.

Now gather and make Rosa solis.

Put your Lambes from the Ewes.

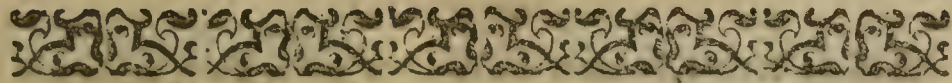
Refraine all things that stoy and congeale the bloud all the  
spring time.

The laboring man needeth not vse any rules of Physicke.

Let weake stomacks vse thinne diet.

Receiue physick, let bloud, & bathe, & after this month refraine.

Drinke clarified whay.



## Observations in Iune.

My Corne is weeded well enough.

**A**bstayne from drinke both sweet and new:  
From Whisick do thy seife refraine:  
Bid riotous pleasures quite a new,  
Lest that they breed thy endlesse paine.

Cold hearbes in Iune are very meete,  
But such meate shunne chiesly,  
As shalbe eyther new or swete:  
Take pleasures medicinably.

Abstayne from meates that ingender flegme.

Drinke the pleasantest wines.

Drinke sometime fasting white wine, which purgeth choler.

Eate Sallets of Lettice prepared with vineger, to purge humors descending to the kidneys.

Use meates of light digestion.

Arise alwaies from the table somewhat hungry.

Exercise thy body with some long walke.

Use Phlegbotomy safely.

Eate no milke but that is well sodden.

Be ware of eating Apples this moneth.

To bathe is good, but not to tarry long in it.

To wash thy feete often in cold water is commendable.

It is now good time to make Syrop of Damaske Roses, Conserues of red Roses, Violets, Borage and Buglos, and to distill Rose water, and to make oyle of Roses.

Meeke Tyme and Gardens.

When the Sunne shineth, make Hay.

Set Gilliflowres, Carnations, and Rosemary.

Sowe sallet herbes, & Lettice. iiii. daies before the full Moone, and Reddish iiii. daies after the full Moone, in euery moneth from March to September.

Observations in Iune.

Let no herbes, hedges, nor trees in Iune, Iuly, or August:  
and haue an eye vnto Antes, Emits, and Sualles in your gar-  
dens.

Sowe { Lettice,  
          { Reddish,  
          { Spinach, and } at all times.  
          { Parceneps,  
          { Pumpions in the new Moone.  
          { Cucumers in the old Moone.

Gather { Colone Cresses,  
          { Peritory,  
          { Lang de bief,  
          { Dragons,  
          { Dziganium,  
          { Calamint, and  
          { Mary golds the xvi. day befoze the Sunne,  
          { without knife.

If thou must needs take Physick, take it early in the morn-  
ing.

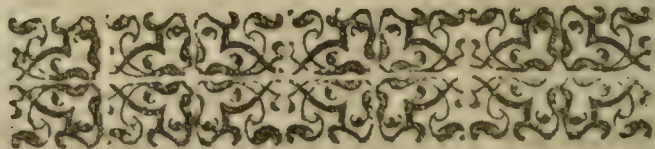
Use thinne diet of thy meate.

Let no bloud, but in extremitie.

Drinke clarified whay as in May.

Take no great thirst: for the pores of the brayne are open.

Observa-







## Observations in Iuly.

With this sithc my grasse I mowe.

**C**old herbes now wholesome bee:

But let no blood in any wise:

By running streame and shadow tree,

Thy booke thou mayest well exercise.

Sleepe not too much, to cold Bathes go:

Refuse to vse Phlegbotomie:

This month abstaine from Venus: use

To him that keepes her companie.

Now make hay, fallow for wheate, forget not to cary out  
soyle.

Gather such flowres and seedes, as you will keepe all the  
yeere.

Dry your flowres in the shadow till they be almost dry, and  
then sunne them well that they mould not, and so also dry your  
herbes.

Beware of bread made of fustie or pind corne.

Take no great thirst, and vse moderate diet.

Auoyd euill ayres.

Walke not abroad too early nor too late: especially where  
fogs, mists, vapours, or stinkes in streets be or lanes.

Keepe close your chamber windowes shut all night, and open  
all day in fayre weather, but shut in mist.

In the euening perfume your chāber with perfumes of Ben-  
iamin, Storax, Masticke, Frankincense or any of them.

Eate in the morning butter, with bread and Rue.

Steape Rue in Wine or Ale, all night, and drinke it in the  
morning.

Fearc **G D D** and serue him truely, lead a cleane lyfe ho-  
nely.

Sowe white Succory in the full Moone.

Observations in Iuly.

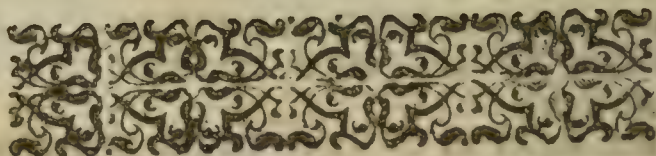
Sowe { Lettice,  
          { Reddish,  
          { Spinage, &  
          { Marceneps, } at all seasons.

Use moderate diet in meate, for the Stomack will better digest drinke then meate.

Take no thirst in Iune, Iuly, or August, for nothing ingendereth moze seruent heate, Agues, and the Plague, then it.

Powe extreme thirsts, heats and cold, do suddenly come vpon them that are subiect to those diseases.

Observations





## Observations in August.

---

Here I cut my corne full lowe.

**L**et little sleepe, and meate and wine,

And little or no venery

Suffise : abstayne from medicine.

Fly cold Bathes, and Flegbotomy.

Good husband, hie thee to haue in thy Haruest, and let him  
that best besturres him, haue a Garland, and be Lord of the  
Reapers.

Giue her that follo weth him best, p̄eminence to be Lady.

Deny none to giue them largesse.

Solue thy Fearne.

Gather seedes of thine owne garden p̄erely, which are better  
then those thou shalt buy of others.

Sowe Lettice seedes to eate at Easter, and to bring timely  
seedes.

Moderate diet is good Physick.

Beware of surfet.

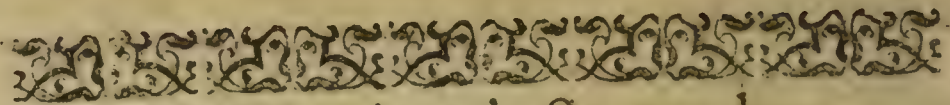
Take heed of taking great heate, or sudden cold vpon thee.

Sleepe not much at none.

Take no Ague now, for the fits are extreme sharpe and long,  
by reason of the Canicular daies.

Use glisters, and open a veine if strength will beare it.

Daies of the month August Observa-



## Observations in September.

Wich this flaile I earne my bread.

September yelds fruites pleasantly :

Refraine, eate not thy fill :

Take medecines, vse phlegbotomy.

Row spice in meates not ill.

Make conserues of { Barberies,  
& Quinces.

Sowe seedes of winter hearbes, and set Artichocks.

In the newe Moone cut Quickset, hedges of Roses, and borders of hearbes.

Set { Berry bushes,  
Apples,  
Peares,  
Gardens, } that are yong.

It is good to set { Strawberies,  
Violets,  
Belliflowres,  
Carnations.

In the newe of the Moone sow Parceneys.

Sowe Wheate and Rie.

Gather Crabbes, for Uergis.

Gather Akornes and Beech mast for hogges.

Take the hony from the elder Bess, & keepe the yonger bees warme and dry, and beware of Wyce, Antes, Snalles, Pothes, and such like.

Sty the Woze.

Put the Clewe to the Ramme, that they may take by S. Edwards time : and come by mid-March.

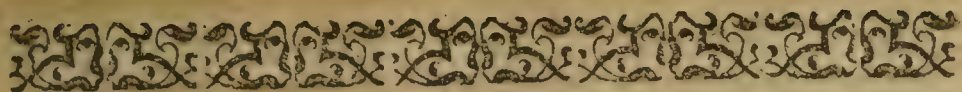
Pluck thy hempe, and clense thy seed.

Take Phisick.

Bathe and be let blood, if need bee.

Eate all ripe fruites that are not infected, if thy stomacke

(be hot.  
Observations



## Observations in October,

Here I sowe my wheate so red.

**G**o hunt, drinke wine thats old and good,  
Use exercise for health:

For thou must take good stoze of food,  
Which hath good stoze of wealth.

Sowe wheate, and cense thy seed corne in thy barne at home.

In the wane of the Moone, it is good to set yong trees of Apples, Peares, Wardens, Kicles, and Berry bushes.

In the wane of the Moone, set Beanes, and Kathe pease, and sowe Parcneps in warme Gardens.

Send out boyes to gather Acorns.

Set all kind of Puts, as thicke as they can stand in a pot or pale, and after remoue them.

Gather winter fruit.

Bid the boy goe skar the Crokes.

Finish by the Whisick you mind to take, and rest till March.

Use good hot meates and drinckes.

Drinke holesome wines to nourish the blood.

Go dzy God, lest the Rheume or Palse take thee.

Provide warme clothing.

Now it is dangerous, to take the quartaine Ague.



## Obferuations in Nouember.

Wich this axe I kill my Swine. 11

**O**Ld wines and swéte are holsome.  
Let little bathing serue.

**C**ount Venus now as lothsome,  
If health thou wilt preferue.

In the new Moone remoue yong fræs, and set crab stockes in  
Nouember, December, Ianuary, and February.

In the wane set Beanes, Vassellers, and Rathe pease, & sowe  
Parseneps.

Let none that can make Hault be iole.

Kill Biefe, and Bacon to hang in the rooffe.

Take no Phisick.

Bléd not noz bathe.

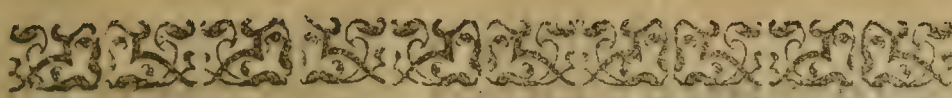
Use good meates and dzinkes.

Use warme clothing.

Good exercise preferueth health.

Obferuations





## Observations in December,

And here I brew both Ale and Wine.

**N**ow fire and hot meates haue thou must,  
December loues warme potions.  
Drinke wine, beware of too much lust:  
Goe warme, and vse streng motions.

In the new moone, the winde being West or Southerly, the weather being not extreme hot nor frozen, set or remoue trees of al fruits, Roses, and Berry bushes: in the wane set Beans, Vasslers, and Rath-pease.

Amend thy hedges.

Cleau wood.

Loke to weake cattell.

Let thy horse blond on Saint Steuensday.

Couer such herbs as cannot abide cold and hard winter, with Earne or straw, and God send a merrie Christmas.

Use Doctoꝝ Diet, Doctoꝝ Quiet, and Doctoꝝ Mery man, for thy Physicions.

Let thy kitchen be thy Apothecarie.

Let warme clothing bee thy nurse.

Let god companie and god hospitalitie be thine exercise.

Let thy needie, old, poore, and hungrie neighbours bee remembered.

Remoue and set trees, Roses, and Berry bushes, euerie new Moone, from the beginning of September, to the end of Februarie.

Grasse euerie new Moone, from Januarie to mid Aprill, the wind being not North nor East.

Sow lades and herbes or set herbes to haue seed againe, euerie new Moone, from Februarie to June.

Cut hedges or herbes euerie new moone, from Februarie to May: but Vines onely in Februarie and March.

Set

### Observations in December.

Set or sow seeds as shall be round, as Onions, Turneps, Cabage, Lettice, and such like, three or foure dayes before the full Moone: Onions in Febtuarie and March, Turneps in May, Cabage in Januarie, Febtuarie, March, and September, Lettice euerie month.

Sowe all seedes that the rootes shall growe downeward: as Parceneps, Carrets, and Reddish, in the wane of the Moone.

Gather Apples, Peares, and Wardens, in the wane of the Moone.

Observations







## Observations for gathering of Herbes, Fruits, Seedes, Flowres, and Rootes.

Should be gathered when they bee full ripe, and the moysture Seedes,  
some deale dried.

Should be gathered when they be some deale open, befoze they Flowres,  
fall or fade.

Should bee gathered when they be full of moysture, befoze Herbes,  
they do beginne to shrinke.

Should bee gathered when the leaues do fall.

Should bee gathered when they bee at the full greatnesse, befoze they fall.

Rootes,

Fruits,

The heauier and the sadder that the fruites bee, the better  
they are.

Those fruits that be great and light, thou shalt not choose.

The fruit that is gathered in raine, are not so good as fruites  
gathered in faire weather.

That grow in the fieldes, are better then those which growe Herbes,  
in towne and gardens.

Of those herbes which grow in the fieldes, such as grow on  
hilles are best.

Commonly the hearbes growing in the fieldes, are smaller  
then herbes of the same kinde, growing in towne and gar-  
dens.

¶ Many herbes haue their speciall times of gathering.

¶ If they bee gathered in that time, they haue their ver-  
tues, but if they bee gathered in any other time, they are not so  
good.

¶ Some herbes helpe whensoever they bee gathered: and  
some do not, if they bee gathered out of their time.

Observations for gathering of herbes,

Swine-crelles,  
 Red Docke,  
 Bedeleon, after noone,  
 Wallwort without yron,  
 Groundswell,  
 Garlicke,  
 Dodoz vpon lyne,  
 Saffron befoze sunne,  
 and Galingale,

} are to be gathered at all times.

Camomyll and Adder-tongue, \_\_\_\_\_ in Aprill.  
 Violets, \_\_\_\_\_ in March.  
 Kales, \_\_\_\_\_ in May.

Towne Cresses,  
 Perretozy,  
 Lang de biese,  
 Dragons,  
 Dziganium,  
 Calampyt,  
 Marygoldes the xvi. day, befoze  
 sunne, with yron.

} in June and July.

Rose-mary flowres, \_\_\_\_\_ in May.  
 Bittony and Colombines, \_\_\_\_\_ in Lammas moone.

Centoy,  
 Wilde garlicke,  
 Agnus Castus,  
 Water Calampyt,  
 Dyawake,

} when they flowze.

Hartt-tongue, \_\_\_\_\_ in November.

Astrologia longa,  
 Astrologia rotunda,  
 and Fenell, \_\_\_\_\_ } in Barueit.

Courds, \_\_\_\_\_ in the end of September.

Cucumers, \_\_\_\_\_ when the first is ripe.

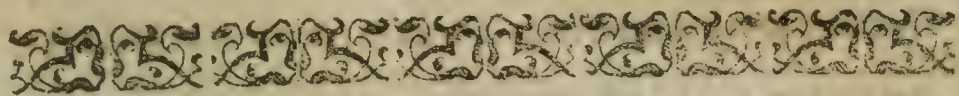
Citrull, \_\_\_\_\_ when the first is ripe.

Fenell rootes, \_\_\_\_\_ in the beginning of the yere.  
 Gentian

fruites, seedes, flowres, and rootes.

Gentian, \_\_\_\_\_ in the last end of the yere.  
Flower de lyce, \_\_\_\_\_ in the end of beere.  
Wilde Peppe Berries, \_\_\_\_\_ when they were yellow.  
Philipendula rootes, \_\_\_\_\_ in the end of Harvest.  
Quens, \_\_\_\_\_ at all times.

Grapes: befoze they be ripe, presse out the iuyce or moyctnes,  
and drye it in the sunne, make it into powder, and use it with  
meates, it is good against casting comming of cholericke hu-  
mours.



## Observations for gardening, by Fa- ther Kinke of Tibolds.

**T**rench and leuell your ground in summer, if it be not alrea-  
die broken in winter.

Then may you sowe all maner winter herbes, for Sallets,  
and for the kitchen.

Fourteene dayes befoze Bartholmew-tide, set knots of all  
maner herbes, and borders, with double Wall-flowres, Gilli-  
flowers, Winks, and such like.

If the ground be readie, sow Endiue to make white, foure-  
teene dayes befoze Midsummer, and sow at euery wane vnto  
Wallownetyde.

Then must you take them vp in a drye time, and set or lay  
them as close as you may, that the earth come not among them.

At Bartholmew time is good sowing of white Cabage.

Take them vp in Januarie, in the wane of the Moone, or in  
Februarie, and replant them two foote asunder, and they will be  
readie to eate about Midsummer.

Sowe of the same Cabage again about Februarie, then shall  
you doe as aboue-said, and they will bee readie about Yollomas  
and Christmas.

Sowe about Februarie Cabage Lettice, in the wane of the  
Moone.

Observations for gardening.

Sowe in March all herbes for the kitchen.

Sowe in May, Turneps, Reddish, and Carrets, to serue for winter.

Cut your knots and borders in the spring of the Moone, to make them grow apace.

Do the like by all quickset hedges.

If you will haue them to grow softly, cut them in the wane, and it will be the longer before they shall be cut againe.

Set and lay red and damaske Roses, and Strawberries, after Bartholme wside.

Beginne to remoue all sorts of trees for fruites, at Hallowtide.

In the latter end of Aprill, or the beginning of May, pricke in the ground, Bazel, Margerā, Melons, Pumpeons, Cucumers, &c.

Lay your Cucumer and Melon seedes in milke to soke, a day and a night before you pricke them in the ground, in the wane of the Moone.

For feare of frost cover them in the night with pottes, and for feare of snayles.

Cut your vine in Januarie or in Februarie, in the wane of the Moone, or at the beginning of March, two or three ioynts: but in May cut it not too neere, for feare it blēde and hinder the vine.

If it be a yong vine, cut but two ioynts, and cut it betwēne the ioynts, not too neere any ioynt, and it will beare very well.

Set vines in Januarie or Februarie.

If in the end of Aprill, or the beginning of May, you will cut a branch of a vine, it will blēde verie much: you may preserve that water in a glasse for your eyes.

Gather all fruit to last, in the wane of the moone, next before or after Michalmas, and lay them in a close chamber, open heapes.

In distilling of any waters, when your glasse is full, put in a Still full of Roses, or of other things that you mind to still, and put your glasse into your Still vncouered, & let it stand till that be stilled: then close vp your glasse, and neuer set it in the sunne.

### Observations for gardening.

To graffe in the Shield, is to be done in June and July, with the rynde.

To graffe in the Scochin, is to be done in March and Aprill, in the new Moone, or a day or two before the change. First pare the skinnes readie to put in the stocke, before you cleave the stocke: straight put in your skins, and clay them sure: for if the sap of a Plumme tree take wind, it then will not prosper.

Kinke of Tibolds.



### Certaine obseruations.

**A**LL raw things annoy the stomacke.

All rosted things, }  
and all wines, } bee drie.

Eate not too much.

Eate but when neede is: } whereby enjoy continuall health.

A good perfume to burne.

¶ Take Storax & Calamyntha, a quarter of an ounce: as much Benjamin, as much Lignum Aloes, beate the wood in powder, and then incorporate all the rest by beating together, and make it in small Cakes to burne.

A pretie kind of bread to eate in the morning.

¶ Take Sugar one pound, fine wheat-flour a pound, eight egges beaten: temper them well together with a few whole Anniseeds censed: make it in Coffins, bake it, and eate it euerie morning.

For a web in a Horse eye.

¶ Take Celidony and salt, and stampe them: and then put it in the Horse eye.

For

Certaine obseruations.

For a Horse foundred.

¶ Take foure egges hard rosted, and all hot, lay to each foote one, shel and al, and stop it fast about with hoyle dung, and so let him stand.

To make Vineger.

¶ Take a quantitie of Bean flowze, knead it with Vineger, bake it, and twice or thise take it out of the ouen, and moist it well with Vineger, til it haue drunken wel, then put it in wine, and it will turne to good Vineger, and the like you must doe to make easell or Alleger.

For a Horse that hath the Cough.

¶ Take two egges and buse the shelles, but bzeake not the yolks, put them into one pint of Uergis al one night: the next day take out the egges, and put into the Uergis a penny worth of Polipody of the oke, and boyle it a good while. And after, whē it is luke warme, put in the egges, shels and all, and stirre them well together, and giue it the Hoyle to drinke.

For Hogges murren.

¶ Rootes of Polipody are good.

For squinancy of Hogges.

¶ Hartt-ease is good.

¶ Rub thy hands with the roote of Dragons in Hay, and take Adders in them, and they shall not sting thee.

*Ad extinguendum Argentum viuum.*

¶ I Argentum viuum extinguitur, bene cū salina & cincere calid. bene confricando.

2 Melius tamen cum sulphure & salina.

3 Optime cum salina, & calce vi.

For the Farcy on a Horse.

¶ Allumen mixtum cum Aceto & galla equali pondere ad fringendum Fariam ne sana loca perambulet, multum valet.

Obseruations



## Observations for Diet.

Diet for all the yeare.	Warme time.	Chickens, Kiddes with vergis, Borage, Beetes, Yolks of egges,	Eggs in mooneshew, Roches, Perches, Pikrelles, All scales fish.
	Haruest time.	Capons, Hennes, Pigeons, Good wines, Good drincks.	
	Summer time.	Light meates, Chickens w vergis, Pong Hares, Rabbets, Lettice, Purcelain,	Melons, Gourds, Cucumers, Peares, Plums, (said e the fish afoze)
	Winter time.	Beefe, Porke, Brawnne, Harts, Hindes, Other venison.	AND Partriches, Pheasants, Hares. Riuer sowles, Wine, Good spices.

Good to comfort  
the braine.

Smell to Muske, Nuttibes, & Camomill:  
drinke wine moderately: cate Sage not too  
much: cover thy head: wash oft thy handes  
and feet: walke measureably: sleep reason-  
ably: delight to heare melodie & singing:  
eat mustard and pepper: smell to red Roses:  
wash thy temples with red Rose water.

Observations for Diet:

Evil for the braine	} and }	All braines of beastes,	To much watching,
		Chutony,	To much walking,
		Drunkenesse,	Milke,
		Late Supper,	Cheese, and Futs,
		To sleepe after meate,	To eate before hunger,
		Corrupt Ayre,	Bathing after meate,
		Anger,	Dnyons,
		Heavines,	Garlick,
To uncover y head,	Great noyse,		
To eate softly,	To smel to a white Rose,		
To much heate,	Much stirring.		

Good for the eyes,	} and }	Look off on gold,	Wimpernell,
		Red Roses,	Oculus Christi,
		Mercuri,	Plüge clere water in the eyes.
		Reis,	Looke on graine colour,
		Fenell,	Measurable sleepe,
Cusfrase,	Wash hands and feet often.		

Evil for the eyes,	} and }	Garlick,	Lechery,
		Dnyons,	Sleepe after noone,
		Hunger,	Much sleepeing,
		Lockes,	Much waking,
		Waking,	Bloud letting,
		Winde,	Looking against the fire.
		Hot ayre,	Evill baked bread,
		Cold ayre,	Dust,
		Gluttony,	Weeping,
		Milke,	Looking against the sun or
Cheese.	Moone,		
Much to behold,	Bright things,		
Smoke,	Red colour,		
Colewoolts,	White colour.		

Good for the stomacke,	} and }	Red mynts,	Calamint,
		Red Roses,	To vomit once a quarter,
		Comyn,	Great hunger,
		Sugar,	Every day to stand after
Sage,	meate,		



Observations for Diet.

Good for the Ho, mache,	{	Wormewood,	}	and	{	Off walking after meate,
		Galingale,				Euery cold thing,
		Nutmegs,				Vineger,
		Measureable sleep,				Pepper.

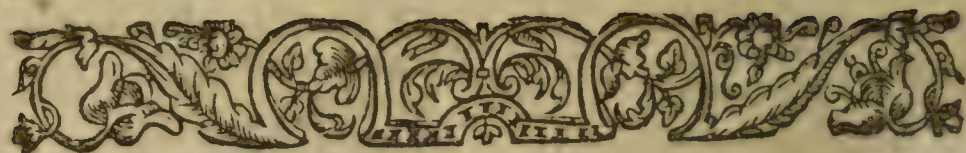
Euil for the Ho, mache,	{	Suts,	}	and	{	Too much casting,
		Cheese old,				Too much bathing after
		Honey,				Too much trauell, (meate,
		Narrow not sod,				To eate raw flesh,
		Heauines,				Bread not baked,
		Dread,				To eate not hungrie,
		Falling,				To eate many meates at
Fried meates,	a meale,					
Milke,	To drinke not thirſtie,					
Stoloping,	To eate ſinking meate.					

Good for  
the throat, { Liquoris, ſoft Egges, Flop, Sugar-Candie, Hony,  
Sugar, Butter with a little ſalt.

Euil for y throat,	{	Mustard,	}	and	{	Too much waking,
		Much lying on the				Rest,
		breast,				Much drinke,
		Pepper,				Smoke of Incence,
		Anger,				Old cheeſe,
		All things roſted,				Much running,
Lechery,	ſowre things.					

Good for y heart,	{	Saffron,	}	and	{	Nutmegs,
		Bourage,				Galingale,
		Laughing,				Red Roſes,
		Joy,				Violets,
		Mulke,				Sugar,
Cloues,	Places befoze all things.					

Euil for y heart,	{	Beanes,	}	and	{	Anger,
		Peaſe,				Dread,
		Leakes,				To much heauineſſe,
		Garlick,				Trauell,
		Onions,				To drinke cold water
Heauineſſe,	after labour.					



## Rams little Dodeon.

For the after-birth, secondine, dead child, or flowres.



Ameptes leaues decoct in wine and dzunke.  
 Comiza leaues & flowres decoct in wine & dzunk.  
 Marygold flowres decoct in wine and dzunke.  
 Camomyl herb, flowres, & root, decoct in wine and  
 Time, boyled in water & hony & dzunk. (dzunk.  
 Penny-royall, boyled in wine and dzunke.

Masticke barke oz leaues, decoct in wine and dzunke.

Hozehound white, decoct in wine and dzunke.

Hozehound blacke, decoct in wine and dzunke.

Rue leaues, decoct in wine and dzunke.

Lauender, decoct in wine and dzunke.

Dictain, decoct in wine and dzunke : oz a pessary.

Cesly sēdes, decoct in wine and dzunke.

Daneus sēdes, decoct in wine and dzunke.

Saxifrage rootes, decoct in wine and dzunke.

Pannar sēdes, decoct with Wormewood in wine, and dzunke.

Pencedamiū roote, y sap by it self, oz with bitter Almonds taken.

Oppopannay : a pessary.

Lacerpitium, with myzre and pepper dzunke.

Sagapenum, with honied water dzunke.

Galbanum, with wine and myzre dzunke.

Amommacum, taken a little at once. ††

Aristologia longa, with pepper and myzre & dzunk.

Centory maius, decoct in wine and dzunke.

Helebozus albus, decoct in wine and dzunke.

Helebozus niger, decoct in wine and dzunke.

Cucumeris siluestris, decoct with hony, conueyed in the place  
 conuenient.

Wyony white roote, a pessary.

Scamony,

To prouoke flowres when they be destroyed.

¶ Take the roote of **G**ader grans, make it cleane, anoynt it with hony, and syzinkle powder of **G**ader on it, make a pessarie or suppositoꝝ of it, and put it in place conuenient.

To deliuer a dead child.

¶ **S**cald **L**eeke blades, and binde them to the womans nauell, and it shall cast out the dead child: and when she is deliuered, doe away the blades, or else shee shall cast out all that is in her.

Rams little Dodeon.

Stamony, a pessary.

Mandragora, a pessary.

Lupines with myzre & hony, a pessary.

Smyrneum seedes, decoct in wine, and drunke.

Cresces seedes, decoct in wine and drunke.

Ciscus, taken.

Sauen leaues decoct in wine and drunke, or pessary.

Azarin with homed water drunke.

For the Ague.

Sothernewood soaked in oyle, and rub the body.

Tansy iuyce mingled with oyle of Roses, anoynt the body.

Hepatica decoct in wine and drunke. — Liver wort.

Singrene iuyce with pepper drunke.

Bugle, or Bunell, decoct and drunke.

Violets the sirrop taken.

Flos Armoris, the flowre cōserued taken. — Sweet Williams.

Daylles small, the leaues decoct in water and drunke.

Cotula lutea, decoct in oyle put in Clister. — wilde.

Camomyll.

Oppopanaar, drunke with homed water.

Rubarb infused and taken.

For hote Agues or Feuers.

Phillium or Flebane, the seade decoct or stieped and drunke.

Pirola decoct and drunke.

Violets sirrop taken.

White water Lillie decoct and drunke.

Stamony, the weight of sixe wheate graines taken,

Cichozy decoct and drunke.

Purcelain iuyce drunke.

Roses iuyce drunke.

Harrish wozts blacke, eaten raw, or se wed with sugar.

Goose-berries, eaten raw with meates, grane.

Warbery bush, grane leaues made in sauce, eaten.

Apples eaten.

Lemons eaten.

Pomegarnets eaten.

**Incidentia.**

**Ague Cakes**

**D**rinke Centoyle water.

¶ Frie red Hints, red Nettles, and Wormewood with butter, apply it hote as it may be suffered, of each one dram.

¶ Rost Onions with butter, streane it, and anoynt the grieffe.

¶ Dzinke water of Flop.

¶ Take Smaladge, chop it small, and make wozts with oyle meale, and cate euerie morning for a time.

**To abate extreme heate in Ague,**

¶ Take French wine, a quart, and as much running water: Planten one dram: boyle the halfe, and to abate the harshnesse, put to it a good peece of Sugar: dzinke this warme in extremities of heat: for want of French wine, take Gascoyne wine.

Rams little Dodecon.

Sebestenes eaten.

Cassia dzawne, the pulpe eaten.

For tertian Agues.

**B**uglos decoct and dzunke.

Hepatica boyled in wine & dzunke. — **B**astard Agrimony.

Turnesole decoct in wine and dzunke.

Hipericon decoct in wine, and dzunke.

Singuesoyls decoct in wine and dzunke.

Planten decoct in wine and dzunke.

Knot-grasse decoct in wine and dzunke.

Garuin decoct in wine and dzunke.

Penny royall decoct in wine and dzunke.

Liuier wort decoct in wine and dzunke.

Trifoly decoct in wine and dzunke.

For long Agues.

**S**affrage decoct in wine and dzunke.

**S**afterwort decoct in wine and dzunke.

For old Agues.

**C**uscuta decoct in wine and dzunke. — **D**oder.

For to procure Agues.

**C**herries eaten.

For to quench thirst in Agues.

**G**oose-berries eaten raw.

For to driue away shaking and shiuering Agues.

**O**ppopannay dzunke with meate and homed water.

Lacerpitium taken with honey.

Sagapenum, one dzam taken.

Aristologia decoct in wine or water, dzunke.

Woodbine leaues sod in oyle, and pund, the backe or ridge an  
oynted.

Mustard taken in meate or dzinke.

Pepper taken in meate or dzinke.

*Incidentia.*

*[Faint, illegible handwritten text, possibly bleed-through from the reverse side of the page.]*

## Rams little Dodeon.

For S. Anthonies fire.

- F** Ewertsewe grane leaues, pund and laid to.  
**T** ulsilago leaues, pund with hony and laid to.  
**P** ennywort on the wall, the iuyce laid to.  
**P** eritozy, pund and laid to.  
**P** oliganum pund, and laid to.  
**S** lebane seed decoct in water oz stiped, and laid to.  
**S** ingrane pund alone, oz mingled with parched barley meale,  
 laid to.  
**M** aruen pund with vineger, laid to.  
**W** ater Singrane pund with vineger, and laid to.  
**W** hite Lilly rootes roasted, pund with oyle of Roses applied.  
**S** affron mingled with womans milke, laid to.  
**C** oziander iuice with Cernce, Litterge, Vineger & oyle of Roses,  
 applied.  
**A** zarum stamped, and laid to.  
**P** alma Christi leaues pund with barley meale, laid to.  
**L** iuerts oz bzused, and laid to.  
**P** opie heads not ripe bzused with barley meale, laid to.  
**N** ightshade leaues pund with barley meale, laid to.  
**A** lkakengi leaues pund with barley meale, laid to.  
**O** lue tree leaues decoct in wine, and laid to.  
**M** elilot: a Quince and oyle of Roses, laid to.  
**D** rache pund with Saltpeter, Hony and vineger, laid to.  
**S** uccozy iuice with barley meale, laid to.  
**L** ettice greene leaues bzused, and laid to.  
**B** urcelaine leaues pund with parched barley, laid to.  
**C** ourd iuice with oyle of Roses, laid to.  
**C** arlick burnt to ashes, meoled with vineger, laid to.  
**R** oses iuice applied.  
**C** oseberries greene bzused, and laid to.  
**A** catia the iuice, laid to.  
**D** ates leaues and bzanches pund, and laid to.  
**C** iprus tree leaues pund, and laid to.  
**T** urpentine, applied.



Incidentia.

For S. Anthonies fire.

Stampe Adders tongue with swines greace, and apply it.

Arache iuice, laid to, easeth.

Bætes ————— Bursa pastoris

Succory rootes and flowre

Lye made of ashes of Colewortes

Coriander iuyce with vineger

Endiue with Ceruce and vineger, applied

Galion ————— Gourdes iuice

Henbane boyled in water

Spyntes iuyce with vineger and bymstone

Spyntes, Rue, oyle and vineger

Opium with vineger

Perritory stamped, tempered with Ceruce

Barceley with bread

Planten leaues byused with iuyce of Houselêke

Græne popie heads, not ripe, pund with barley meale

Red rose dried leaues sodde in wine warme

Rue with oyle of Roses, Vineger, and Ceruce

Sault stamped oz the iuice

Thozow-wax the water oz herbe

Boyle the herbe, rote & seed of Holy hocke, with barley meale in water, mixed with oyle of Roses, oz oyle Olive, and apply it to the holy fire and shingles.

The water oz iuyce of Knotgras cureth all Kingwormes, Letters, Shingles, Holy fire & Inflammations, Ginking Blch in eares, rotten sores, Gangreues of the gūmes, and all wounds new and old, but especially about the priuie partes of men and women, & preserueth the same from Inflammation, and all other euill accidents.

Take vnset Porret & Tazels, wash them cleane, thzed them & stamp them, & take some chere water, & some oyle, and fry them on a soft fire, and apply it warme as ye can.

For wild-fire.

Take dregges of wine oz vineger, & the yolkes of Raucens egges & whites by euen measure: temper them well together, and apply it to the grieffe, and it wil heale.

seuerally applied.

To

## Rams little Dodeon.

For to restore Appetite.

**I**mperaterium roote decoct in wine and drunke.  
**L**upines soked long in water, eaten.  
**S**orell de Boys and decoct, eaten oz drunke.  
**L**ettice crispe, eaten with meate oz Sallet.  
**S**ea Purcelaine p̄serued and eaten in Sallet.  
**K**ampion eaten with vineger.  
**R**aphanum magnum eaten with meate.  
**S**kirwozts eaten boyled.  
**P**arcely eaten with meate.  
**C**haruell decoct and eaten, oz Kawe in Sallet.  
**M**ustard eaten.  
**P**epper eaten with meate.  
**O**nions eaten with meate.  
**C**apers eaten in Sallet.  
**B**arberies eaten with meate.  
**L**emons eaten.  
**P**utmegs eaten.  
**M**aces eaten.  
**O**lives eaten with meate.

For the Appoplexie.

**L**illy Conualle, the flowzys distilled with strong wine,  
 drunke, one sponesfull.  
**S**axifrage, the roote cha wne in the mouth.  
**S**agapeum the waight of a dram taken.  
**C**olloquintida the white pulpe, one scruple taken.  
**B**ziony roote one dram taken.

For to restore speech in Appoplexie.

**S**mall Saxifrage the rootes taken.  
**E**uphorbium, corrected, taken.  
**P**each kernels eaten.  
**V**iscus quercinus, the woꝝd hanged about the neck.

To make a man haue appetite to his meate.

¶ **B**oyle Centoꝝ in faire water, & giue the sick to drinke thereof, at moꝛne iii. daies bloud warme: ech day ix. spoones full.

A comfortable powder for digestion, and to procure appetite, with other good properties.

¶ **T**ake Bellitoꝝ of Spaine, Centoꝝ, Annis, Liquoꝛs, Graines of Paris, Ginger & Sinamon: of ech a like much beaten and serced, and drinke thereof moꝛne and euen, halfe a spoonesfull in Wine oꝛ Ale.

Ipocras for a weake Stomack.

¶ **T**ake one pint of Aqua vita, put in a glasse, the take ii. ounces of Sinamon, one ounce of Ginger, two penniworth of Cloues, two pēniworth of Graines, one penniworth of Putmegs, beate them al together to grosse powder, put al into the glasse to the Aqua vita, shake it euery day often ix. daies together and drinke it with Wine oꝛ Ale, halfe a spoonesfull, oꝛ a quarter, with halfe a pint of Ale.

For the Appoplexie, and to restore speach in Appoplexie.

¶ **V**se to drinke Borage water.

Bzyony roote one dram a whole yēre together cureth.

Colloquintida taken in glisters and subpositoꝛies, cureth.

Cowslip flowꝛes condited with suger often eaten, cureth.

Wre Euphorbium with oile, and apply it to the nape of the neck, oꝛ the neck. And also Bargerom comfoꝛteth: and

Mistelto of the Oke hanged about the neck, the wood of it.

Drinke the iuice of Rosfolis, & it cureth the drawing of the

Sagapenum one dram drinke, cureth. (mouth awy.

Sothernwood iuice drunke with wine, defendeth &c.

Water of Wolets profiteth.

Lauender flowꝛes steeped in wine & distilled, the water holden in the mouth, restozeth.

¶ **S**teepe the kernels of Peaches in water of Penny royal, and drinke it.

Powder of Sarifrage, and the seedes cureth conuulsions.

Sarifrage chawed restozeth spēch.

Wineger. Opimel, oꝛ Lohok of Squilla helpeth.

¶ **S**teepe flowꝛes of Lillconuallc in wine xxx. daies: then take it out

*Rams little Dodcon.*

For the Ars-gut going out,

**A**ster Atticus, pound and laid to.

Small flowres, pound and laid to.

For Ayre infected.

**R**ole, Walnuts and Figges, eaten in the morning.

Small Saxifrage seedes.

Angelica roote holden in the mouth.

Pencedanum the sappe taken with Rus, and bitter Almonds.

Lentian the roote in powder taken.

Lemons iuice taken: and Juniper berries perfumed.

For the belly to purge mightily.

**C**olloquintida the white Pulpe taken one scruple.

White Bizony roote the iuice taken.

Juice of Mandragora roote taken in small quantitie.

White Bete iuice taken.

Buckthorne.

For the belly to purge gently.

**C**iclamen iuice stroked on the nauell or belly.

Black Helleboe taken by discretion.

Hoppes iuice taken.

Horned Popie seedes decoct and taken.

Beanes greene, burripe taken.

Kidney Beanes fruit and Coddes burripe eaten.

Bitter Fitches decoct and eaten.

Lentils decoct, the first decoction taken.

Lupines decoct and taken.

Fenigraze seedes, prepared and eaten.

Red Colewort leanes, decoct and eaten.

Sheepes fozell leanes, boyled and eaten.

Cucumber seedes, drunke with milke and sweet wine.

Gourds iuice boyled, drunke with hony &amp; Salt-peter.

Onions eaten, with meaf.

Squilla with hony and oyle.

Aftodill, the roote boyled and drunke.

Grapes greene eaten: &amp; Apples soyme boyled &amp; eaten.

Peach leanes, pound and taken: &amp; Cicamoze fruit eaten.

New Figs, Plums, Cheries, and Carobes eaten.

For

out of the wine, and distill the wine five times ouer in a Limbeck or body of glasse: this wine with six grains of Pepper, and a little Lauender water drunke, is a precious remedy against the Appoplexie, and more precious then gold.

For falling of the fundament or Matrix.

Take oyle of Camomill and Rose water, and anoint the grieft.

Take Red nettles, bray them well, & put them in an earthen pot, with a good portion of white wine; seethe it to the halfe, and giue it the patient to drinke, & lay the herbes to the fundament, as hot as may be suffred.

For Ache in the backe, a soueraine Medicine.

Take Pigs greace, strike it plaister wise on a peece of leather, prick it full of little holes, with a sharp pointed knife, and lay it to the Raynes where the paine is.

M. Tibold.

Take Ache and Egrimony, and pun them with Sowse ears rootes and leaues, & barrowes greace, & distill and lay to the backe.

Take Vnguentum Alabastrum, and Vnguentum Aureum, of each one quarterne, meddle them together, and anoint the backe.

*Rams little Dodeon.*

For to cause blasting, and paine in the belly.

**R**aw Turnep rootes eaten.

For to open and loose the belly.

**S**affron seade iulce drunke in milke.

**B**astard Rubarbe leaues in meate.

**M**ercury boyled and eaten oz drunke.

**V**iolet sirrop eaten.

**D**aylies small decoct and eaten oz drunke.

**O**rgan with Hydromell oz homed water drunke.

**T**rigo Organ.

**B**etony with Hydromell oz homed water drunke.

**P**encidanū rootes the iulce with Rue & bitter Almonds.

**A**niomacum a dram taken.

**A**loes the iulce taken.

**P**alma Christi seades taken.

**E**lder tender croppes in broth eaten.

**B**lacke Bziony tender buddes in Sallet.

**W**ind wed leaues, the iulce taken — Helxine.

**D**zache in pottage.

**C**olewortes the iulce by it selfe, oz with Salt peter.

**L**ettice in Sallet with meate.

**M**allowes with meate.

**A**speragus buds decoct with oyle and binger in Sallet.

**R**ed Roses iulce.

**Q**uodtmack of Quinces after meate.

**P**eaches, Mulberies, and Figges ripe eaten.

**M**ulbery roots, the barke decoct and drunke.

**C**assia, the pulpe eaten.

**E**lme tree & bitter barke one ounce with wine oz water.

**R**osen of Larix tree licked with hony.

**R**osen of Turpentine tree licked with hony.

For inward Scruines of the bladder.

**O**ppopannax with meate oz homed water.

For Vlceration or rawnes of the bladder.

**C**ucumer seades drunke with milke oz swæt wine.

**S**ebestenes.

**C**yperus nuts leaues boyled in swæt wine oz meate, drunke.

Hurtfull

## A Receipt to make a Purgation.

¶ Take Seny 2. ounces, Epithimi 3 I. Ginger. I. Racine, Si-  
namom. 3 I. Violets, a quarter of a handfull. Passes de sol  
I. quart. li. damaske Prunes stoned v. or vii. dim. pint of faire  
water: put al in a pot closed, and let it boyle softly in another pot  
oue houre, straine it, and put to it Penidros, & drinke it. G.K.

For going off of the skinne of the Coddess, and the  
rednesse and inflammation of the same.

¶ Take Chimoleā, Vernice, Nitre, Colofony, Rosin & Be-  
tony: beate them that are to be beaten, & mire them with  
oyle, and put to the Rosin, and incorporate them, and wash the  
coddess with warme water, and being well washed, put the re-  
ceipt vpon the red place.

A most approued experiment against the same grieffe.

¶ Take Tapsi Barbasti, smal nettles, violets, mallows, beane  
bran and comyn, cut the herbes, and put leaues of Ebul.  
eldar and wormewood to it, and boyle it in good wine: and af-  
ter plaister it to the grieffe, as hote as may be suffered, and put  
to it roses and the huskes of garlick.

For warts and pustules on the priuic members.

¶ It chanceth, that sometimes Warts and Pustules grow on  
the yard. To take away the Warts, put to it the powder of  
Harmodactilus: which being done away, make a medicine for  
wounds: but first let the place be washed with water, that mal-  
lowes and Brank Vrsine haue bene boyled in.

For inflammation of the yard *ex Coitu.*

¶ Take leaues of Willow tree and boyle them in water,  
(in quibus pistatis) & make thereof a plaister and lay to it.  
¶ If any pustules be, lay to it Vnguentum album, and for  
vineger, water of roses, and for common oyle, oyle of  
violets.

¶ Pro

*Rams little Dodeon.*

Hurtfull to the bladder.

**W**hite Horehound taken in, any waies.

For inward scabs of the bladder.

**B**roklem leaues decoct in wine & drunke with Asperagus,  
Myrtell berries.**L**iquoris roots and iuice taken.

For paine or stopping of the bladder.

**G**reat Bur the iuice.**C**antley iuice with oyle of Roses.**P**hilippendula roots boyled in wine & drunke.**T**oabe flaxe decoct and drunke. — **O**liris.**P**lanten roote boyled in wine and drunke.**H**orzetayle boyled in wine or water, drunke.**S**corid. decoct with wine and drunke.**C**onfound the iuice taken.**W**hite water Lilley roote boyled in wine & drunke.**C**amomill decoct in water, drunke.**S**terados decoct in wine and drunke.**S**axifrage roote decoct in wine and drunke.**P**encedamū roote, the iuice, by it selfe or with Rue or  
bitter Almonds.**A**eon roots boyled in water and drunke.**D**ittain the seed one dram taken. — **T**ragium.**C**uscuta decoct in wine and drunke.**B**etti morrell stamped & applied outwardly.**A**lkekengie fruite eaten.**C**allomus Aromaticus iuice drunke.**G**umme dragagant with honey and wine.**H**allow leaues with salt eaten.**S**myrneum seed decoct and drunke.**S**caudir, or sheperds needell decoct & drunke.**W**ater Cresses in Sallade. **D**ried Raisons eaten.**P**utmegs eaten or drunke.

For to coole the blood.

**P**arcelain in Sallade eaten.**P**arrish whoytes eaten. **R**ed Gooseberies eaten.

For



## Provlco in vesica.

**T**ake French Barley a handfull: Plantine leaues, Vansiole leaues, Strawberry leaues, of eche a handfull: the foure cold seeds two dzams: boyle them in thres pintes of water to a pynthe: put to it of Mel Rosarum two ounces: red Rose water halfe a pynthe, and vse it by inection per virgam: when this inection is not readie, then vse an inection of Milke and Sugar luke-warme.

Abstaine from 

}	Wine.	}	Use Cassia ostrea.
	Strong drinke.		
	Wineger.		
	Mergis.		

## Rams little Dodeon.

For to stoppe all issues of blood.

Medelwæt rootes in powder.

Planten leaues decoct.

Knot grasle iuice.

Great Singrene decoct, oꝛ the iuice.

Sanicle boyled in wine.

Cozlander seed roasted oꝛ parched in powder

Rubarb taken.

Benbane seed y<sup>e</sup> weight of s. d. ob. in powder.

Redde Kattell boyled in wine.

Caroline Whiffell the lesser decoct in wine.

Purcele in iuice.

Harsh mallowes greene oꝛ drie pand.

Lak leeds &amp; myrtle berries like quat. decoct.

Cillus flowers decoct in wine.

Tamariske barke decoct.

Shomacke leaues decoct.

Pomegranate leeds dried in the Sunne.

Wild plummes oꝛ snags the iuice.

Chestnut red barke boyled.

Mithie leaues and barke decoct.

The leaues, barke and cuppes decoct.

May bennet oꝛ barley wrapped in a crimosin skaine oꝛ piece  
of leather bound to the body.

Gallion flowers laid to oꝛ put in the nose.

Wild grape flowers and vnripe fruit eaten.

Pellowe seed and fruit of Roses taken in.

Unripe gorseberries, the iuice pressed out and dried, eaten.

Myrtle berries eaten.

Quince rosse and eaten.

The apples burnt on coales, and quenched with wine oꝛ vine-  
ger, oꝛ with bryne made of salt and vineger, stoppeth all  
issues of blood.

Masticke taken and eaten.

Husbandmen of Kent.	}	Ant ———	plentie of graine.
		White woꝛme ———	murion of beaſts
		Spider ———	peſtilence among men.

Machiolus

oꝛ dunke ſenerally.

For pissing of blood.

¶ Take Ambrose Sanguinaria, and Parcely seeds, of ech an ounce, and drinke the iuyce with Goates milke.

¶ Take Ambrose Saxifrage, and Purclain the iuyce, and drinke it with Cow milke.

For the bloody Fluxe.

¶ Take Parrot & Maybride: Stamp the iuyce with wheat flowze, temper them into dough, and make a cake and bake it in Ashes, and let the sicke eat thereof, as boate as he may suffer it.

F 3 For

Rams little Dodeon.

Mathiolus } Fly ————— warre.  
 super Di- } Spider ————— pestilent sickness.  
 olcorides } Mozme ————— scarcety of victuall.

For to staunch blood of greene woundes.

**H**Erbe Robert brused  
 Moade brused  
 Pelow Lycimachus  
 Sinke foyle  
 Motherwort  
 Pimpernell  
 Pelow Millefoly  
 Paraw

} brused and laid to.

For to stop the blood of all woundes.

**S**age pund  
 Aloes in powder  
 Liuerwort pund  
 Lungwort in powder — Pulmonaria  
 Astragalus rote in powder — Pease earthy nut  
 Couche grasse leaues pund  
 Darnassus gras pong leaues — Hepatica alba  
 Cliver oz Gole grasse  
 Galion  
 Pomegranates leaues and blossoms  
 Coznell tree leaues and tender cropes  
 Oke leaues  
 Ciprus tree leaues

} pund and layd to.

To purge blood of all corrupt humors.

**H**oppes decoct and dzunke.

Juice of Hoppes dzunke.

For Inflammation of blood.

**L**iuerwort decoct and dzunke.

Marsh whozts decoct and dzunke oz eaten.

Pomegranat iuice taken in.

For to cause to pisse blood.

**G**arden Spadder rote decoct and dzunke.

For to staunch blood of greene wounds.

**T**Take one dram of wild Tansey, & bind it hard to y<sup>e</sup> wound, & it will staunch the master vaine cut, of man or beast.

**I**f you see a man in great perill of bleeding, if the wound be about the foot, bind him aboue the knée: if vpon the hand, bind him aboue the wrist: if on the arme, bind him aboue the elbow with a good iii. or iiii. sculd, and it shall stay sone after, sikelie.

**A**pply molle of the Hazell tree, the older and longer kept, the better.

To staunch blood when a master vaine is cut.

**T**ake a peece of salt biese, the leaner the better, & no fat, as much as will goe into the wound, lay it in the hot ashes in the fire, and let it roast till it be thzough hot, and being so hot, thrust it into y<sup>e</sup> wound, & bind it fast, it will sone staunch, and neuer after breake, vpon warrantie.

For pricking with a needle, or thorne in a Sinew.

**T**ake bolted Wheate floure, sepe it with wine, & boyle it till it be thicke, make a plaster thereof, and lay it to as hot as may be suffered, it wil ease the Ache, and heale by the hole.

## Regula.

**T**here be certaine places in man, which being pricked in a sinew, except he haue helpe within seuen daies, he shall die: for there will come a crampe from the hurt place, to the neck, and draw his Jawes together, that he shall not open his mouth, which is called Spasme.

**T**herefore if a man be pricked in the sinew that accozbeth to the same, take good oyle Roset, and chafe the hurt place as hot as may be suffered, and powze thereof into the same hurt, & lay woll vpon it and bind it vp, and vse this till it be whole, and none other, for this is kindly for it aboue all others.

For to stop the Fluxe of the belly.

- Singuefoyle rootes decoct  
 Cozmentill roote in powder, with wine or water of  
 a Smithes forge, wherein yron or steele hath bene  
 often quenched  
 Planten leaues decoct, — Knot gras the iuice,  
 Hoze taile decoct in wine, — Great Singrone decoct,  
 Below flowre-deluce decoct in water  
 Hiacinth roote decoct in wine  
 Fly orchis roote boyled in water  
 Puliall mountaine boyled in wine  
 Trago Organum decoct in wine  
 Amitteds decoct in wine — Diony rootes in powder  
 Ciprus seede — Galingale decoct in water  
 Harts tongue leaues decoct  
 Wayden harte decoct in wine  
 Black popie seede decoct in wine  
 Tares seede decoct — Hares foote decoct in wine  
 Phœnix or Waybenet decoct  
 Garden Parcelane iuyce  
 Marsh Mallo w rootes decoct in wine  
 Gourdes tender toppes bzused with wine  
 Smyrneum leaues decoct, & the rootes in water steeped  
 Chestnut red barke boyled in wine  
 Lentisk tree leaues and barke
- 
- Lacerpitium with hony and vineger  
 Omeale in meate — Dry blanched Beanes  
 Tares seede decoct — Carth nut boyled  
 Smyrneum leaues and rootes  
 Hiponstus taken — Antipe Gooseberries  
 Fruit of White thorne — Hawes  
 Almonds besoze meate  
 Medlers  
 Greene Mulberies dried  
 Wild Plums — Lotus  
 Carobus dried  
 Ciprus tree fruit

} drunke.

} eaten.

For to stop the fluxe of the belly.

**M**ake powder of the bloomes of Walnuts whē they fall, two ozams, with a hard rosted egge and oyle, eaten thre mornings fasting: if that serue not, take thre dzams with an egge.

For a Marmoll.

**F**irst giue the patient this Arrup, that is, take Parcely, Fenel, Bneholme, Sparage, Scabios, Euula campana, Affodill rootes, Dock rootes, round and sharpe Ebulus, Elder, Camedios, Camepitis, Endiue, Sorrell, Hartstongue, Cetrack, Politricon, Capillus Veneris, Adiantus, one dzam. Violets, Scene, Polipody, Electri, of each foure ounces. Flowres of Borage, Paratrum, Lime, Epithimi, Culcanti, Sticados, Liquoris clenfed, of each one ounce: Borage iuyce, Affodill iuyce, Fumytozie iuyce boyled with Siccozy, one pound, Sugar foure pound.

Giue it the patient by nine dayes purged, vt potionatus rediget, and after anoynt the pustules places with iuyce of Affodills halfe a pound, Lapacii acuti & Rotundi, iuyce of Celidoni, of each five ounces, Sulphuris viui, quicke Lime, Litarg. auri, of each two ounces: Padder, Citrine, of each thre ounces: Aloes, Caballine, Tartarum, of each one ounce: Viridis eris, two ounces, Picis natalis, one pouid, Olei communis, two pound, Auximie, Angrull. porci sal. one pouid, Petrocilini, 2. ounces: Omnia incorporentur, in maner of an oymtment, and therewith anoynt the griued parties by eight dayes, and then let him enter into a bath, in which the leaues and rootes of long and round Docks and Scabious wild, and domesticall great Lawzell, and little Lawzell, Lithimall, Rootes of Ebulus, Elder rootes, and leaues of Euula Campana shall be boyled, of each thre dzams: All which must bee stamped and boyled in water, and make a bath, and anoynt the patient dayly by sixe dayes, and let him vse this for a competent season, vntill he be cured.

For

*Rams little Dodeon.*

For windinesse, and blasting of the belly.

**W**yme wood eaten in the morning fasting,  
**H**empe seede in small quantitie,  
**P**ellitorie of Spaine roote, decoct in wine, & drunk,  
**W**ild sea Purcelane kept in bzine eaten in sallet,  
**B**lacke Pepper eaten.

For griping paines in the belly.

**C**inza leaves and flowers decoct in wine or water,  
**C**aruin decoct,  
**S**argerum decoct in white wine.  
**G**arden Mint boyled in water,  
**C**ostmary alone, or with Parcneps seedes decoct,  
**R**ue decoct with Dill,  
**A**nniseedes decoct with wine,  
**C**omin seedes decoct with wine,  
**L**ybanctus seedes decoct in wine,  
**C**esely seedes decoct with wine,  
**D**aucus seedes decoct with wine,  
**S**axifrage seedes and rootes decoct with wine,  
**R**ouage roote and seede, decoct with wine,  
**A**sclepias roote boyled in water,  
**C**entaury maior, the roote two ozams with wine,  
**R**ubarbe infused,  
**W**alwozt leaves and yong tops decoct in wine,  
**P**olipody of the oke in powder decoct,  
**P**annar seedes decoct in wine,  
**P**henix decoct with red wine,  
**E**ringus rootes in powder, or decoct in wine,  
**C**ardus benedictus boyled in wine,  
**S**ea Purcelane decoct in wine, & Radish decoct,  
**P**arcelly roote decoct in wine,  
**P**utmegs decoct, and Juniper berries decoct,  
**L**yne seedes boyled in water and glistered.  
**P**encadamum roote, the say by it selfe, or with bitter Almonds  
 eaten.  
**P**arcelly eaten, and Squilla roasted, prepared, and eaten.  
**P**utmegs eaten.

and  
 drinke



For fret in the belly.

¶ **T**ake Tansey, Rew, and Sothernwood.

For hardnes of the belly.

¶ **D**rinke three spoonesfulls of iuyce of Quie leaues three times in a day.

For griping paine in the belly.

¶ **T**ake Sothernwood, and lay it against the place of the contrarie side where the torment is, and it will drie it out: if it be layd to the nauell, it will drie away the paine.

For ache in the backe.

¶ **T**ake Ache, Egrymony, Hens-eare, Saincle, and Mozmes wood, of each a like much, stampe them smal with butter or barrowes greace and white wine, frie it, and make a playster of it, and lay it to the backe as hot as may be suffered.

For ache in the bones.

¶ **T**ake an old hoare Fore, bind him sure that he stirre not, put him quicke into a brasse pot, and put to him fire or eight gallons of oyle Olive, set them on the fire, and boyle it easily fiftene houres, then let the fire coole, then straine it through a cleane linnen cloth: with that oyle anoynt the ache, which profiteth greatly: you may keep it fortye yeeres or more: when it is boyled, you shal find of the Fore neither haire, skine, nor bones, but onely the clawes, and the oyle consumed to one gallon, or a little more.

For ache a Cerecloth.

¶ **T**ake Rosen half a pound, Berrosen, one quarter of a pound, Deere suit two ounces, Turpentine one ounce, Cloues and Mace of each alike, one ounce, Saffron, one ounce, oyle of Roses, two ounces: boyle al together, and vse it.

For

For to cure the bloudie Fluxe.

Bilfozt Roote, }  
 Periwinkle, }  
 Agrimony sãde, } in wine decoct.  
 Yellow Licymachus, }  
 Shepheards purce, }  
 Cinquesoyle, }  
 Tormentill roote in smiths water,  
 Wild Tansey in wine,  
 Gnaphalion leaues in red wine, }  
 Planten leaues in wine, } decoct  
 Knot-gras iuyce drunke, }  
 Horse-taile in wine,  
 Flebane sãde parched, the powder in wine  
 Scordion dried in powder, two drams in wine  
 Great Singrene in wine decoct,  
 Sophia. Fler wãd sãde in wine or smiths water, decoct,  
 White Polyn roote, in red wine } and drunke.  
 Pimpernell in wine decoct,  
 Millesolly in wine decoct,  
 White water Lillie roote or sãde, decoct in wine  
 Yellow flowze de luce, decoct in water  
 Costmary leaues alone, or wãrceley sãds in wine  
 Sage decoct in wine, & Rubarbe infused (decoct,  
 Polinomum roote decoct in wine  
 Hannar seede decoct in wine  
 Vine greene leaues and claspers decoct in wine  
 Pomegranat blossoms in powder  
 Mulberries greene and vnripe, decoct in wine  
 Chesnut barke boyled in wine  
 Oke leaues, barke, and Apple, decoct in wine  
 Pine Apple, fruit, and scales decoct in wine,  
 Nutmegs drunke,  
 Turpentine leauzs decoct in wine,  
 Lentilles decoct, the first water cast away: and after the second  
 decoction, eate them. Lycium of bor thozne takne.  
 Coznelle Plums, and Rosen of Lary taken.

For to cure the bloody Fluxe.

¶ **M**ake powder of Acornes cuppes, and drinke it with red wine, yolks of hard egges and cynamoni.

For bleeding at the nose or bloody Fluxe.

¶ **T**ake a great Leade, put it in a glasse, and stoppe it fast: then set it in a dunghill, and all the great Leades thereabouts will draw to it: then take them and put them into an earthen pot, and stoppe them fast, and set that pot on a strong fire till they be drie: but come not to it, till they be cold, for the Rinch: then solv them in silke.

If it bee the bloody fluxe, lay it to the right side: If it bee for bleeding at the nose, lay it to the stomacke warme: But if it be great need, heat two Leades thereon, and dry them and lay them to your stomacks warme in silks as aforesaid. &c.

A Caudle for the bloody Fluxe.

¶ **T**ake a pint of red wine, and the yolks of 5. new laid eggs, a good quantitie of Cynamoni, a little sugar, the pill of a Pomegranate dried and made in powder, a good quantitie: boyle all together in a platter on a chafingdish, till it be thicke, and let the patient eate of it rarely and late, and as oft else in the day, as his stomacke will serue him: and it will stoppe it, be the fluxe neuer so great.

A singular approved remedie for the bloody Fluxe.

¶ **T**ake as much fine linnen cloth, as will make a suppositorie, being wadded round together, bottomwise, wet it in the best Aqua vitæ or Aqua composita: and let the patient conuey it into the fundament, and within thre or foure times dressing, by Gods helpe it will doe good.

Another.

¶ **T**ake gads of stele made redde hote in his drinke, oftentimes quenched, and drinke thersof.

Another.

For spitting of bloud or corrupt matter.

- Great Bur seed in powder one dram, pound  
 with kernels of pine Apple in wine  
 Permacle in wine } decoct  
 Shepherdes purse in wine }  
 Tormentill roote in powder with wine  
 Knot grasse iuice  
 Black Polyn with his pleasat flowers decoct  
 in wine  
 Pimpernell in wine oz smitthes water decoct  
 Sanicle decoct in wine oz water  
 Millefolly decoct  
 Ramglyme iuice half an euce with bingeger } drunke.  
 Mint iuice with bingeger }  
 White horehounds decoct in water  
 Betonie decoct in wine oz water  
 Capillus Veneris decoct in wine  
 Solle decoct in water  
 Spelt Beale decoct with red wine  
 Ladies Thistle roote decoct in wine  
 Parcelane decoct in wine  
 Vine Tendzels oz Claspere boyled in wine  
 Burthorne, oz the seed, decoct in wine  
 Withie leaues and barke decoct in wine  
 Oke leaues, barke, and acozne cyps decoct in wine }  
 Rosen of Larix, oz Agarik decoct in wine } drunke  
 Turpentine tree leaues and barke boyled in wine }  
 Mastick oz Letisk tree leaues & bark decoct in wine }  
 Sage iuice taken with honse  
 Wheat meale boyld to pap, and often licked  
 Balba Casta. eaten. Tamarisk fruite eaten.  
 Quinces Quodmak any wayes taken  
 Almonds any wayes taken  
 Chestnuts & meale made in electuarie, oz Ciprus fruite eaten.  
 De Sanicula.  
 Ce lui, qui Sanicle à, de'mire il u'a.  
 Who so hath Sanicle, needeth no Surgeon.

Another.

Take Sinkesoye, boyle it in wine, and let the patient hold his mouth ouer it.

To remoue a botch from one place to another.

Take Wormewood and Bugwort Rodion, Stamp them together, and drinke the iuice in ale: then take a quicke Dyffer, and lay it on the place that thou wouldest bzeake, and thitherward it will drate it.

Take Oculus Christi and Teruin, make a plaister of them, and lay it from the botch two fingers bzeadth, and eke soones put it far, and doe so till thou come to the place where thou wilt bzeake it.

Take Colombind, Stamp it, & with the iuice wash the botch or boyle well, and make a trike with the same iuice to the place where thou wouldest haue it bzeake, & there lay a plaister of the same herbe stamped with iuice, and it will bzeake it.

The iuice of Tansey in a nutshell doth the like to remoue a ffelen.

To ripen a Botch.

See the Omeals in milke, and lay it playster wise as hots as may be suffered.

Take Tormentill, Hony and Salt, tempered with the white of an Egge, and lay it to, and it will bzeake it.

Take Singrene, Belilot, Linseeds, and Wints, boyle the in water, make thereof a plaister, and lay to, to bzeake it.

Roast Toade Hoocles hote, and lay to, to bzeak it.

Lay Galbanum to it, and it will bzeake it.

Take Sozell, the white snayle, and the lesser Bokelyme, a like quantitis, Stamp it, frye it with Shapers suit, and lay it to the grieke.

To breake a Botch when it is ripe within, and the skinne thicke and hard.

Stamp Sperewort with oyle, and lay it on the head of the Botch.

To

For to stoppe pissing of blood.

**A** Grimony.

Shepherds purse.

Planten leaues.

Cozonopes, or Harts-horne.

Knot grasse.

Pimpinell.

Knights yarrowe.

Mosse.

(in powder.

Tribulus terrestris or Saligot nuts

Hirtle berries.

Withie leaues and barke.

Oke leaues, barke and Acorne cups.

Masticke.

decoct in wine and  
dzunke.

Tozmentill roote in powder, decoct in Smithes water.

For to cause pissing of blood.

Garden Wadder iulce of the roote much vled.

For to strengthen the bodie.

Slandergrasse full and sappy rootes eaten—testiculus odoratus, Goates Dichis rootes eaten or boyled in Goates milke, dzunke: Satirion rootes eaten boyled.

For obstructions and stopping of the body.

Garmaunder with his flowers boyled in water and dzunke.

For to dissolve congealed and clotted blood in the bodie.

**C**amepitis decoct.

Wild Cansey boyled in salt &amp; water.

Mortus diabolus root decoct in wine.

dzunke.

Bugle.

Auens.

Tyne.

decoct in wine.

Mustard.

Figges decoct in water and dzunke.

Figges.

Pargerans.

To strengthen the body and stomacke, and  
to procure good digestion,

¶ Take *Palmeley* one pinto, as much *Mint water*, *Sy-*  
*namon*, *Ginger*, of each an ounce, boyle them and put  
them together with halfe a quarter of *Sugar*, let them stand all  
night, and in the morning drinke it.

Mistris Barret.

Margerom, dried and taken with honie, }  
 Rue roote, in powder, with Honie dried, } eaten.  
 Amers, dried with Honie,  
 Lacerpitium rootes, stamper with Oyle,  
 Gentian rootes, the iulce taken.  
 White Bryonie, in Electuarie with Honie.  
 Wild Bryonie, in Electuarie with Honie.  
 Dulcamara, decoct and drunke.  
 Garden Gadder roote, or powder decoct and drunke.  
 Water Pepperwort leaues and Ale, decoct and drunke.

For windinesse of the bodie;

Nygella Romana seeds with wine, }  
 Agrus castus seeds with wine, } drunke.

For to strengthen the Bowels.

VVild Tanke, }  
 Calamint, } decoct in wine and drunke.  
 Parnassus Grasse,  
 Frangula Barke, boyled with Hops, Pontike, Wormwood,  
 Cynatoyie, Cinamon, Fenel, Parcely, and Endiu, with their  
 rootes taken, in quantitie of Rue Surces.

For inflammation of the Bowels.

Flebane seeds, boyled in water or Ciped, }  
 Verbe Bennet roote, — Quens, decoct. } drunke.  
 Criseli by it selfe, or with the flowers boyl- }  
 ed in Trade or Horned water, — } drunke.  
 Purcelane iulce, drunke.

For windinesse of the Bowels.

Agnus castus seeds, }  
 Juniper Berries, } decoct in wine and drunke.

For to mundifie the Braine.

Pente Meil, pund with Vineger, drunke.  
 Margerom byulce,  
 Drigan iulce,  
 Solybread iulce,  
 Wild Cucumer, delays with swete Milke, }  
 put or snuffed in }  
 the Nozills.



1845

Received of the Hon. the Secy of the Navy  
the sum of \$1000

for the purchase of  
the sum of \$1000

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Aule iulce oꝛ fruite,  
 White Beete iulce with Honie, } put oꝛ snuffed in the  
 Colewoꝛte iulce, } nose.  
 Anion iulce.  
 Saxifrage roote oꝛ ſæde chewed.  
 Ppopanax, two Drams taken.  
 Sagapenum, one Dram taken.  
 Amomacum, one Dram taken.  
 Sarcacoll taken.  
 Laurell leaues, chewed and holden in the mouth.  
 White Byronie roote, one Dram taken.

For to comfort the Braine.

**B**azell, decoct and drunke, and often smelled on.  
 Rosemarie flowꝛes, in conserue, eaten.  
 Lauender flowꝛes, eaten alone oꝛ with Sinamum.  
 Nutmegs and Cloues, taken any way and smelled to.  
 Stecados flowꝛes smelled on.  
 Sigella ſædes dyed, pund, and wrapped in a Sarcenet, oꝛ fine  
 linen cloth smelled to.  
 Stauesakre, chewed in the mouth.  
 Zellamine dyeth Rheumes.

For to warme the Braine.

**C**assmarie leaues, in conserue.  
 Pellitoꝛte roote taken with Honie.  
 Rie-meale, put into a bagge, laide to the head.  
 Zellamine, dyeth and warmeth the braine.

For to remooue lymic flegme from  
the Braine.

**W**ilde Pellitoꝛte, chewed and hold in the mouth.  
 White Eleboꝛ, the roote in powder, snuffed into the nose.

For Impostumes of the Braine.

**A** Caricke with Sitrop, Acetes taken.

A com-

A comfortable Pomaunder for the Braine.

**T**Ake Labdanum one Ounce, Beniamine & Storax, of each two Drams, Damaske powder finely searced, one Dram: Cloues and Gace, of each a little. A Nutmeg, and a little Camphire: Muske and Cinet, a little. First heate your Morter and Pestell with coales, then make them verie cleane and put in your Labdanum, beate it till it wax soft, put to it two or three Drops of oyle of Spike, and so labour them a while: then put in all the rest finely in powder, and worke them till all be incorporated, then take it out, anoynting your hands with Cinet, roll it up, and with a Bodkin pierce a hole throow it.

G 3. For

## Rams little Dodcon.

For to cleanse the brest.

- L** Ine seede, mingled with Honie in Electuarie.  
 Scabius, herbe and roote, boyled in Wine & water, taken.  
 Scordion, dried in powder mingled with Honie, drunke.  
 Ethupis, decoct and drunke.  
 Romane nettell seede, tempered with Honie, licked in.  
 Ruens, decoct with Wine,  
 Comphrie rootes decoct in water,  
 Iris rootes, decoct,  
 Tyme with Honie, decoct,  
 Penne Royall with Honie, decoct,  
 White Hozehound, decoct in water,  
 Annis seedes, dried by fire, and taken with Honie.  
 Betonie decoct.  
 Opyopanax, two Drams taken.  
 Lacerpitium rootes, boyled with Pomegranat pills and Vinegar,  
 drunke.  
 Sagapenum, one Dram taken.  
 Gentian rootes, or Crosse wort decoct and drunke?  
 Enula campana rootes, decoct in Electuarie.  
 White Bzonie rootes, decoct, the iuice.  
 Crum meal, or batter with Honie, licked in.  
 Fengreke seede, decoct with Dates and Honie, eaten.  
 Cardus benedictus, boyled and drunke.  
 Redish young, decoct and drunke.  
 Percenep rootes, eaten.  
 Byzhis rootes, boyled in flesh bzoath, eaten.  
 Cresses, the seedes boyled in the bzoath of a Hen or Pullet.  
 Crisemon seede, in Lohok with Honie.  
 Lake iuice, in Lohok with Honie.  
 Liquozice rootes, mixt with other spices.  
 Musa fruite, eaten.  
 Fitticke Putts, eaten.  
 Pine Put kernels, eaten.  
 Liquid Pitch with Honie, eaten.  
 Rozen of Larix with Honie, eaten.  
 Turpentine, in Electuarie with Honie.

For a sore brest of a woman.

¶ Take Rue, Sage, Archangell, white Daylie rootes, Planten, Angelica, Oculus Christi, of each one Scruple, wash them and dye them in a cloth, chred them, and stampe them with halfe a pound of fresh greace or Barrowes Greace: stampe all together, and boyle them with halfe a quarter of a pound of Rosen, and as much new Ware: till the Ware and Rosen be molten with the herbes, then straine it throow a cleane cloth, and it will be a faire oymntment to vse.

To purge the brest.

¶ Take a great quantitie of Fflop, sethe it in a pottell of good Wine, and drinke of it earely and late, at Euening hote, and at Morning cold.

¶ Take a good quantitie of white Horehound, a lesser of Groundswell, and the least of Malwort, boyle them with fresh Barrowes Greace, incorporate it and make a Playster and lay to the Brest: in one night it will cause the Patient to cast out much corruption, and profiteth against the Cough.

To cleare the Pipes.

¶ Take a handfull of dyed Fflop, as much of the roote of Enula campana, and not fully so much of good Liquoris brused, boyle them in running water, from a galon to halfe: straine it, and put to it halfe a pint of clarified Honie, drinke thereof first and last.

Bladders called fire Bladders, or burnings.

¶ Take ground Iuie, alias Alehouse, Shæpes dung, Houslake, Goose dung, Sheepes tallow and fresh Butter: stampe all together, and let it stand two or thre dayes, then frle it, straine it, reserue and vse it daily.

For stopping of the brest.

**S**otherne wood seide boyled in wine or water, & drunke.

Saffron seed the iulce boyled w<sup>th</sup> it<sup>h</sup> yomed w<sup>th</sup> water, or in the brest<sup>h</sup> of a chicken.

Blacke spelin with his pleasant flowres decoct in wine or water, & drunke.

Stop decoct with Rue, Figs, and Venice, & drunke.

Wetius boyled in wine, & drunke. — The of Jerusalem.

Sticados with the flowres, decoct and drunke.

Cumin decoct and drunke.

Anomacum, one dram taken.

Sarcocoll taken.

Naplia, the barke of the roote, one dram.

Fengleke seeds decoct with Dates and hony to stop.

Bullards seed bled in meates.

Liquoris iulce mixed with Ginger and spices, and small Cakes made of it and eaten.

Pine nut kernels eaten.

Liquid Pitch with Hony eaten.

Rosen of Lary with Hony licked.

Turpentine in Electuarie with Hony taken in.

For exulcerations or swellings of womens  
brests or pappes.

**W**heate bran decoct with Rue, laid to.

Spelt meale boyled with wine and Salt-peter laid to.

Erbum meale with Hony applyed.

Dried Raisons the kernels pund small with salt laid to.

Roses pund and laid to.

For to drie vp womens brests.

**A**Sterabacks leaues pund and laid to.

For impostumes of the brest.

**T**Ullilago leaues dried, & a perfume therof made vpon coales,  
taken in at the mouth by a tunnell or pipe.

Scabies boyled by it selfe, or his roote in wine or water, & drunke.

Asclepias leaues pund and laid to.

For a sore brest, where peeces fall out so broad as the bot-  
tome of a sawcer.

**T**ake the slip of Elder tree, scrape off y<sup>e</sup> russet bitter most bark,  
and take the middle graine barke from the white next the  
Rick, stamp it with Night Shade, 4. or 5. leaues of it: but  
if the brest burne soze, take the moze Night Shade to coole it: then  
strayne it thozow a cloth, and put to it the yealke of a new layd  
Egge, take aw ay the scum of it, & put thereto pure honny combs of  
the hieue, faire strayned so some as they are taken out of the hieue:  
then take faire wheat flower, and beat all together. The yong  
Elder buds that spring out of the ioynts of the Elder tree is bet-  
ter then the rinde: temper all these together like a salve: if it bee  
well made, it will looke graine: it must be made as thicke as may  
lye on a linnen cloth plaister wisse, and dresse the brest: then take  
a linnen cloth as big as the soze and somewhat bigger, that it fall  
not in en any side: lay the same vpon the plaister of linnen cloth,  
and so lay it to the soze brest, not comming nere the fire.

If there bee dead flesh in it, see the running water, Allome,  
and Sage, till the strength of the Allome and Sage bee in the  
liquor.

When the brest is to be dressed, wash it first with this water:  
clense the soze, dyle out the water, but take some fine lint scraped,  
and lay it on the soze.

Let it be dressed moyne and euen.

This medicine is to bee regarded, for it will heale any other  
soze, as hath bene often proued.

If the brest bee Riffe, anoynt it with Peates foote oyle.

If the hole of the soze gee in ferre, lay of the salve aboue  
mentioned vpon the one side of the lynth, and cover the soze  
withall.

And if there be dead flesh in it, then must you wash it with the  
said water befoze you lay on the plaister.

You may put in Gallows to the Elder and Night Shades, and  
it will be the better.

Ad idem.

*Rams little Dodeon.*

*Carantia, the Oyle, applied.*

*Crifarum seede with Honie, a Lohocke.*

*Yellow Affodill rootes, boyled in Lees of Wine.*

*Kernels of oyled Raysons and Salt, pund and laid so.*

For old disease of the brest.

**L**ibanius seed, }  
*Rue of the wall,* } decoct in Wine and drunke.

For great paines of the brest.

**H**enbane seede, decoct and applied.

For vnnaturall swellings of womens brests.

**C**hestnuts, the meale in powder with Barley meale and Vi-  
 negar, Playster wise applied.

For hardnesse of womens brests.

**C**hamepitis greene, pund with Honie, and laid so.  
 Mint, mingled with Barley, laid so.

Ad idem



Ad idem.

¶ **B**oyle Gallowes with Shepes Suit, till they be verie tender: then straine it and keep it in bores.

If the brest haue neede to bee soted, take the stalkes of Gallowes that are sodden, and tent therewith: this is approued to be verie good.

For the brest and side.

¶ **T**ake Sage Royall, Alexanders, red Pettels, Wormelwood, red Fenell rootes, all of one yecres growing: then make a great fire on the ground till the ground bee hote a foote thicke, then lay the herbes abroad on the ground, and a linnen cloth ouer them, and then lay the pained place on them so long as the heate durst: and cover him well about.

¶ **T**ake Ambrose, Rue, and Hozehound, of each a like much, stampe them and drinke it with Wine.

¶ **T**ake Pints, and Oyle Oliue, boyle them and applie it to the griele.

¶ **S**crape a Goates hozne that is boyled, and giue that scraiping to the Patient.

For inflammation or swelling of the brest or elsewhere.

¶ **T**ake leaues of Marsh Gallowes, or Holy-hocke, sodde in white wine till they be verie tender, mince them smal, and make them in a Cathaplasma, and lay to the griele whersozuer the swelling is. D. K.

¶ **T**ake seed of Venbane, break it and boyle it in Wine, and lay it hote to the brest.

¶ **T**ake Linseed, and the white of an Egge, or the iulce of Smalage and lay to it: and if she lose her Milke, giue her iulce of Maroon, and it shall restore Milke abundantly.

For rankling Teats of too much Milke.

¶ **M**ake powder of Hempseed, and giue her to eate and drinke in all meates and drinkes.

To make Teats small.

¶ **S**tampe Seede of Hemlocke with Vineger, and anoynt them often.

¶ **P**owder of Anens and Vineger doe the like.

For

## Rams little Dodeon.

For shortnes of breath.

Sothernwood seed decoct in water and drunke.

Cassilags leaues dried, and a perfume taken into the mouth by tunnell.

Farrmander with his flowers decoct in wine or water, drunke.

Rumane Pettle seeds with honie often licked in.

Stock Bilifer flowers decoct in water, drunke.

Fris roots taken with Sugar or Honie.

Time boyled in water and Honie, drunke.

Wargeron mingled with Honie and } taken.

Tragozigan mingled with Honey and }

Bazell decoct in water

Calamine decoct in wine

Rue and Dill decoct in wine } and drunke.

Rigella seede decoct in wine

Scitulus seede decoct in wine

Pencedanum roots, the sap by it selfe, or with bitter Almonds.

Oppopanax two drams

Sagapene one dram } taken in.

Galbanum one dram

Amomacum one dram

Marabacka roots boyled in wine, and drunke.

Dyagunculus roots roasted or boyled, mixed with honie, eaten.

Kubarbe taken in.

Wilde Cucumer Claterium byed, halfe a scruple.

Wiony roote in Electuarie with honie.

Blessed Thistle powder in wine.

Smyrneam leaues decoct in wine.

Mustard taken any wayes.

Crisimon seede with honey often licked.

Squilla prepared with oyle and honey.

Bitter Almonds eaten.

Figs eaten before meat.

Whick nuts eaten alone or with sugar.

Agarick one dram taken in.

Tansey seed taken. — Saffron in sweet wine drunke.

Oke of Jerusalem decoct in sweet wine, drunke.

Honysoze fruite decoct in wine and drunke.

For Tisick and shortnes of breath.

¶ TAKE Onula Campana the roote in mid May, dry it, pare it, cut it small and put it in Vinegar till it be soft: then dry it, and take purified Honie, and cast both into a chaser, and boyle them together, secundum artem, and boy it.

Against the Tisicke.

¶ TAKE Barley of the cleaneſt, wel ground in a Mill, that the hulks & bark be cleane taken away, boulded in a fine cloth: of þ hzan to hereof make a powltis in cleane water, with a spoonfull of butter thrice washed in water, and hereof let the Patient often vse.

¶ Also boyle the ſweeteſt Apples you can get with newe porke: let the Patient eat the Apple, his belly and places annoynted againſt the fire with freſh butter.

Against horſeneſſe.

¶ TAKE Gum Arrabeck, Diagagant, Liqozice, Anudi, Cucumer ſeeds, Gourd ſeeds, Purcelane, Demdion, Hoſehoue, Terreſtris Canabi ſeeds, Acholas roots, Iſop, Gentaktram, Alolets: boyle them together in white wine, and let the Patient drinke thereof mozne and even, &c.

For winde and ſticch in the ſide.

¶ TAKE Camomill and Wormewood, of eache one handfull, greene Bzome two handfulls, Stamp them ſmall together: then make a bag that will goe from the Pauell to the Keyneſ, & put thoſe things into the bag couched abzoade that will lye ouer the wombe: then take a good quantitie of Ballowes, and boyle them in a poſſle of rayne water or cleere running water, till it be thzoughly boyled: then plunge the ſame bag in that water till it be thzoughly hote: then ſqueſe out that water, and all hote lay it ouer the Womb til it commeth to the reines, and when it is cold, heat it againe, and reneuo it often.

*Rams little Dodeon.*

For paine in fetching breath.

**S**affron seed the iutes with homed water, or broth of a chicken,  
 Spyllick nuts with Sugar eaten.

For to amend a stinking breath, and to procure  
a sweete breath.

**L**Acropolitum roots eaten with meate or salt.  
 Pilles of Lemons condited and eaten.  
 Nutmegs eaten.  
 Mastick holden and chewed in the mouth.

For such as are bursten or broken.

**A**Canthus roots taken in Drinke.  
 Rubarbe infused, taken in.

Olmond, the heart or middle roote taken in broth.

Garden Habber roote, \_\_\_\_\_

Houseleare - \_\_\_\_\_ Petisilla rotes or leanes,

Horshaille, or Shave grasse

Morsus Diaboli,

Adders tongue, \_\_\_\_\_

} decoct in wine  
and drinke.

Comphrie roots, pund and applyed to ruptures.

Ellnopodion decoct in wine and drinke.

Carantia oyle anoynted.

Calamus Aromaticus, decoct

Caroline roots decoct in wine, } and drinke.

Crucifata decoct in wine \_\_\_\_\_

Parcenep roots eaten

Yellow Affodill roots decoct in wine one dram.

Ciprus nuts pund and laid to the rupture.

A paste for stinking breath.

¶ Take Wine and Hone a quantitie, boyle them a little, the put to it grated bread and stir it, put to it Annis seeds, Li quoris, and Pepper in powder, and make paste of it: make it in cakes, bake them of any fashon, and eate of it.

¶ Take two handfulls of Comyn in powder, sethe it in good Wine from a pottel to halfe, drinke it at euen hot, and at mozne as hot as you may suffer it: at euen and mozne a pinte, 9. daies.

¶ Take Pulvall Sontan, one handfull, wash it, shred and stampe it, put to it halfe an ounce of Comyn, pun and meddle them well together with white wine one pottle boyled to halfe, and giue the patient to drinke hot as hee may suffer it, halfe a pinte a day, once after meat and not befoze, and once at euen hot, and it shall be well in fittene daies.

For one that is bursten.

¶ Take rootes of Comphyrie with the leaues, Setwall rootes and leaues, Polypody roots, Centozy called Peter wort, make it in powder, and drinke it in Ale.

For

For children bursten.

**F**lebane seeds with Vinegar,  
 Water Crow foot mingled w̄ wheat flower  
 Rosoliatum pund with meale and wine,  
 Pencedanum iuce; ————— } laid to ȳ arlese  
 Rosoliatum mingled with Ware, Oyle or oymntment fit to cure } outwardly.  
 wounds, applicd.

Sanicula decoct in Wine or water, } and drunke.  
 Pilosilla leaues decoct, }

For burning or scalding with water  
 or fire.

**G**reat Buglos root pund with Oyle and Ware,  
 Greene Clofe leaues pund with whites of eggs,  
 S. Johns wort leaues pund,  
 Wilde Bullen pund,  
 Greene Wiroll pund,  
 White Lilly roots rosted, mixed with oyle of Roses,  
 Parcillus medio luteus rote pund with honie,  
 Zule leaues boyled in Wine pund,  
 Tropa the do wne mixt with swines greace,  
 Blanke brsine græne, pund,  
 Galion flowres pund,  
 Beete leaues pund,  
 Lettice græne leaues pund,  
 Marsh Mallow leaues pund,  
 Gourd iuce,  
 Yellow Affodill rotes boyled in oyle,  
 Pulberse leaues boyled with oyle,  
 Ashes of Figtree with oyle of Roses and Ware,  
 Balme tree broken mixt with greace,  
 Pine apple scales with the barke of Pine tree pund  
 with Litarge of siluer and frankincense, —————

applied and  
 layd to.

For to preserve one from bursting.

¶ Take Comphyte, Pep, Royall, & Eggrimony: put them and make a posset with the iuice thereof, and drinke it: and sometime chip and fry them with Egges, and eat it as a Tansey.

¶ Take tender crops of Osmond in May, dry them in the wind and not elsewhere, make it in powder, & saue it in a bladder Winter and Sommer, and drinke thereof: it will make the belly goe as if it were new burst. Let the Patient be well and easely trusted to goe withall in the day, and to lie in the night, till he be whole, which will be in 24. dayes, if he will bee ruled.

He must lye byright as much as he may, and keep his bed euery morning two houres after hee taketh his medicine, and eats no white meates till he be whole, noz krapue him any wayes.

For burning.

¶ Take iuice of the leaues and berries of Iuy, the oyle of Puts, of each 8. ounces, Waxe two ounces: boyle it to an oymntment, and vse it.

For burning or scalding.

¶ Take Nightshade, Parcely, Hop, Tim-bone, Soxrell, Mart, gold, and Setwall, of each two handfals: stamp them and straine the iuice, and put to it a pound of Spike, a quarter of a pound of Dere-suit well clarified, oz fresh Butter, oz Shæpes suit, boyle all together a little while, then put it out and anoint the grieft: it will take out the fire in ten oz twelue houres: then lay ouer it, the soft Long wort leafe, but first wash the grieft with salt byrne, which will speedily take out the fire.

Another for the same.

¶ Take Sallet Oyle and running water, beat them together, and then lay a lawne ouer the grieft, and anoynt it on the lawne without remouing till it be whole.

¶ Take the black water remayning in the making of salue oz oymntment of Tabacco, and anoynt the grieft, & it killeth the malignant heat of any burning oz scalding.

¶

Take

## Rams little Dodeon.

For Cankers.

**S**crophularia leaues,  
 Planten leaues,  
 Nettles leaues,  
 Dragons, the fruite,  
 Rabus boyled, mixt with Honey and Barley meale, applyed.

} stamped and  
} layd to.

For to prouoke carnall copulation.

**S**iberiawood layd vnder the pillow, bed, or bolster.

For to ingender male children.

**B**arrois Mercurio, or Male Phellon, } ozunke or  
 Fly Dychis full rootes, ———— } Seaten.

For to ingender female children.

**G**irles Mercurie or Phellon, ———— } ozunke or eaten by  
 Fly Dychis withered rootes, ———— } women.

For



¶ TAKE running water, a pottle, as much White wine or vinegar, halfe a penyworth of Hony, as much Allom as an Egge, white Coprus a quarter of a pound, Rosemary, Rue, Tyme, Tyme, and red Sage, of each a b;aunch: boyle them to halfe, straine it and reserue it to vse.

To destroy a Canker.

¶ TAKE Chyd sope and quicke Lyme, make a plaister and lay it to the soze, and be well ware that the Canker be there, so: it will certainly slay the Canker: And when it is slayne, lay to the soze a sword of Bacon, and it will heale it.

This is called Veni mecum, so: it will not fayle if it be layd to the quicke flesh.

For Cankers in teates.

¶ TAKE Culuer dung, Hony, Virgin ware, flower of Barly, Beanes and Lynesæds, seth them in Wine or Wine, put thereto Rams tallow, make a plaister and apply it.

For a Canker in the mouth.

¶ TAKE the rote of Flower de luce, wash it and slice it, and a few leaues of Penny royall, seth them in conduit water, and wash the griefs therewith.

## Rams little Dodecon.

For pestilent Carbuncles.

**M**orsus diaboli graine, ————— }  
 Violets with Barly meale, } pund and  
 Pomegranat seed with hony, } layd to.  
 Cypustræ leaves with parched barly meale, —

For cholerick humours.

**C**ommon Wormewood, — }  
 Functozy, }  
 Tozmentill rootes, } pund and layd to.  
 Flebane seede, }  
 Senle cobs & leaues one ozam, }  
 Olive tree leaues, }

For cholerick inflammations.

**F**uerse to graine leaues and flowers, pund and applyed.  
 Perritozy }  
 Saffron } stamped and applyed.  
 Mynts two oz the bzaanches, the saice dzunke with saice of  
 lowze Pomegranats.

For

To purge Choller.

¶ Take Diagredij, one Dram, beat it grosse, put the powder of Aromaticum Rosarum Gabrielis to it, halfe a scruple, Ginger fine sliced, halfe a sponefull, & Sugar as you list: take a fayre Apple, cut off the cap, take out the coze, lay a tyle vpon embers, rost the Apple, and when it is rost, pare the Apple, and put into white wine, and take it early in the morning.

D. K.

H 3

For

For the collicke.

Saffron seede the iuice with homed water

Auens roote dried and wine

Camomil herbe and flowers with wine

Cotula Lutea with wine decoct

Mynts boyled in water thre dayes

Daucus seede boyled in wine or water

Ricinus seeds pund with whay

Lapsia the barke of the roote, one dram

Celloquintida white pulpe decoct in water

Homed water,

Sea hull rootes boyled in wine

Holly berries decoct

and drinke  
or eaten.

Or the ferne roote boyled in Putton broth, or of a Chicken or Capon, or the decoction of Pallowes or Beets, and a little Anis, or the powder thereof with homed water drinke.

For cornes of the feete.

White Lilly rootes boyled in Vineger, applied as a plaffer.  
Lacerpitium with Rue water and Honey, applyed.

For

For the Collicke, and to cause digestion, and for  
gryping paynes of the belly.

¶ Take herbe John, Camomill, Wormewood, of eche one  
handfull, the yolkes of two egges hard rosted, thzed the  
together, not ouermuch, fry them with salt Butter: then take a  
fræne dish and fill it with warme ymbers, and lay the fryed  
herbes vpon the embers, sprinkling the embers with wine vi-  
neger: and lay a linnen cloth over the dish, and knit it fast in  
the bottome, and lay it close vnto the payne.

G. K.

For swelling of the coddles.

¶ Take powder of Cornyn, Barley meale and Honey: fry  
them, and make a plaſter thereof, and bind it to the cods.

For Cornes in any place.

¶ Take crops of a Pettie, broase them and lay them to the  
Cornes.

¶ Cut them till they bleede, and then apply to it ashes of  
Tabacco burnt.

H. 4

For

## Rams little Dodeon.

For a consumption.

Sandergrasse, full and sappy roots boyled in Goates milke,  
eaten, or alone.

Bay berries pund small, mingled with Hony or Syrop,  
often licked.

Pine Nut kernels eaten.

Agarick sodden in sweet wine, drunke.

For the Cough.

Remaunder with his flowers boyled in water,  
Saffron seed iuice with homed water,

Stock-Gillifer flowers decoct in water,

Rue and Dill decoct,

Betony decoct,

Lacerpitium roots boyled to Electuary with hony

Galbanum in like sort,

Enula campana roots decoct in homed water,

Galingale rootes boyled in wine or water,

Hony succle fruite decoct in wine,

Capillus Venerts decoct in wine,

Papie heads decoct in wine,

Benbane seedes decoct in wine,

Harsh Hallow rootes decoct in wine,

Parceley decoct in wine,

Yellow Almodill rootes decoct, one dram,

Wild Cherry tre gumme decoct in wine,

Planten leanes eaten with meates.

Violets Syrop eaten.

Rencedanum iuice with an Egge (reare) eaten.

Spelt meale with good sweet Butter, or new Goates  
milk taken, appeaseth the Cough.

Colewort iuice boyled in syrop, often licked.

Kaysons dyed

Bitter Almonds } eaten.

Figs

Sebastenes

Labdanum layd to the best with ointments and  
plasters to mollifie.

For the perilous Cough.

¶ Take Sage, Rue, Comyn, and Pepper, boyle them in Hony, and eate of it earely and late a sponesfull.

¶ Take Horehound and Hony, and eate of it thre dayes and thre nights.

For Cough of cold.

¶ Wash his foete every euen with hot water: then set his soles against the fire: then stamp Garlick, and a little Horehound, straine them and anoynt the soles of the feet against the fire, at euen when he goeth to bed.

For Cough of flegme.

¶ Take Figs a pound, a quarter of a pound of Liquoris, & a handfull of Flop: stamp them and sethe them in water, from a gallon to a pottell: strayne it, and doe thereto halfe a pound of Annice and clarified hony, and drinke of it, as of a principall remedy.

For a Cough of Rewme in the lungs.

¶ Take Dziganum, Flop, the roote of Erula Campana, of eche a good quantity: boyle them in water, and bzaig them well: strayne it, and put to it halfe a pound of Annice, and sethe it againe till it be thick: then take it from the fire, and put to it a quarter of a pound of Sugar, and halfe a pinte of clarified Hony, one ounce of powder of Feat, and so haue you a singular good remedy.

For

For the olde Cough.

**V**eronica Water distilled with wine,  
 Peritoy,

Munilaria in wine,

Scabious,

White Holyn roote in water,

Secilie seedes with wine,

Daucus seedes with wine,

Young Radish with wine,

Smyznarootes and leanes with wine,

Crisimon seedes,

Lyne seade mingied with Hony,

Scabious flowers conserued,

Germaunder in powder,

Flop decoct with Rue and Figges,

Tyme boyled in water and Hony,

White horehound decoct in wine,

Annis seedes with bitter Almonds and hony,

Oppopanax two dramis,

Sarcacoll one dram,

Dragon roots boyled or roasted with hony,

Bziony roote in electuary,

Læke iuice made in electuary,

Scilla prepared with oyle and hony,

Cakes made with Liquozice, Ginger and  
 other spices,

Seale of Chestnuts and hony in electuary,

Wernels of Pine Nuts,

Agarick one dram.

decoct &amp; dzunke.

taken and eaten.

For the Crampe.

**VV**ild Tyme decoct in wine or water, dzunke.

Sarifrage roote dzied and chewed.

Betony dzied, one dram with homed water.

Wncedanum roots sap, with oyle of Roles & vinegar applyed.

Oppopanax two dramis taken.

Lacerpithum rootes broken with the yolk of an egge, taken.

Sagapenam one dram taken.

Euphorbia prepared, taken.

Astara



For the Cough, rutling of the brest, boyles and sores  
in the side: for the Milt and stomacke.

¶ Take Hozsehelve, Groundswell, Flop, Centozp, Smal-  
lage, Rue, Holewort, and Puliall, of eche a like, and doe  
thereto Pepper and Hony, and eate of it early and late.

For the dry Cough.

¶ Take Anet, Smalledge seedes, a like much: make it into  
powder, temper it with wine, and seethe it till it begins  
to waxe thck: then boy it, and vse it first and last.

For the olde Cough.

¶ Take white Hozehound, a good quantity, Groundswell, a  
lesser quantity, and Wallwort, the least quantity: boyle  
them with water and fresh greace: temper them wel together;  
make a plasser threof and lay it to the brest: in one night it  
profiteth greatly, and expelleth much euill corruption.

A notable Electuary for the same.

¶ Take iuice of Hozehound, Feuerfew, Centozp, Hozse-  
mynt, Fetony, rote and all, and Fenel; boyle them with  
powder of Pepper: loke ye take like ppozition of the iuices,  
and of Hony clarified, as much as all the rest: seethe it till it be  
some what stiffe, stir it fast, and giue it not too great a fire: cole  
it, boye it vp, and eate of it.

For the chine cough.

¶ Take womans milke, and anoynt the childes brest about  
the heartspone: then take powder of Hauoy and Straw  
thereabout, and bind it with a clout: doe this thre or foure  
dayes, at euen and mozne against the fire, and keepe the childes  
from cold and from all colwje meate.

For the Crampe.

¶ Take an hearbe that groweth on the roote of W;ome, one  
handfull, as much Lawrel leanes, a quart of white wine,  
as much oyle Oliue: boyle it till the wine be wasted, cleanse it  
and kepe it well, soz it is full good soz the Crampe, being a-  
noynted therewith.

¶ Take

Arabacka boyled in wine, taken.

Rootes of Dragons, boyled or roasted with hony often licked.

Rootes of Aha Ponticam.

Oyle of Carantia anoynted.

Sea hull rootes decoct with wine and dzunke.

Blank brine taken in dzinke,

Carline roote decoct in wine,

Parcelane rootes decoct in wine,

Barth Hallow rootes decoct in wine,

Yellow Affadill roots decoct in wine, one dzam,

Bay berries with opyntments and oyles for Cramps applyed.

For deafenesse.

Ground Iuy brused and put in the eares.

Cardus benedictus in meate or dzinke.

Colewort suice with vineger put in the eares.

Mustard seede poud with Figs, layd to the eares.

Yellow Affadill roots boyled in oyle, put in the eares.

Bay berries decoct in wine, put in the eares.

Cedria or liquoz of Cedar with vineger dzopped in the eares.

For dissentery or dangerous fluxe.

Ivy flowers made in wine, dzunke twice a day.

For

¶ Take, Kne Stamp and mix it with fresh Greace, and keep it in a vessel & the dates well covered: boyle it, and scowme it, and while it is boile, put powder of Zinck into it. Str it and make it into an oymment, and anoint the grieke with it.

For the Cramp or convulsion of sinewes.

¶ Take Olei Castorei one dram, Olei Imperij halfe a dram, Olei Liliorum, Olei Vulpini, of each five ounces, mingled all together: anoynt at moone and euen, the hinder part of the necke, both the shoulder blades and downe all the spine of the backe even to the hips.

Adidem.

¶ Take Holy oyle, oyle of violets, and Harrowes greace, and anoynt the grieke.

## Rams little Dodecon.

For to cause good digestion.

**C**arrotoay seedes  
 Coriander seeds alone or with Sugar,  
 Saxifrage root dried in powder with sugar,  
 Betony decoct with Hony,  
 Ligusticum seedes  
 Wallerwort the roote decoct in wine  
 Gentian roote decoct in wine or water,  
 Enula Campana conected,  
 Carduilla seedes  
 Parsely with meate  
 Mustard  
 Rocket,  
 Long Pepper,  
 Orange or Lemon pilles,  
 Oyle of Rose anoynted on the stomack.

} taken and eaten.

For biting of a mad dogge.

**C**lete leaues pund with a little salt,  
 Planten  
 Pettle leaues with salt,  
 Spurts with salt,  
 Blache Hozehound,  
 Fenell rootes with hony,  
 Angelica leaues & Rue leaues with hony,  
 Waller wort,  
 Lacerpitium roots with hony and vineger,  
 Asclepias leaues,  
 Capillus Veneris greene,  
 Wheate raw chawed, or  
 Juice of Rue with wine,  
 Asclepias rootes boyled in water,

} pund and laid to.

} drinke

For

To cure good Agelion, and to delivey wind,  
and to comfort the reynes and Blad.

**T**ake Anise, Fenig, Bivalge, Card, Cardamomum, Sili-  
gannu, Caraway, Fennell, Serrimontain, Sage, Camom,  
Calamint, Turp, black Pepper, long Pepper, Pop and Parsley,  
ly, of each halfe a dram: Squarice, Ginger, Pellitory of Spaine,  
Buttrey, of each one dram: Anemacum three drams: Cloves,  
Calingale and Saffron of each halfe a dram: and Sugar, as  
much as all the rest by weight, and use this powder.

Drople

For the drop sic.

**C**ommon Melimewood decoct and dzunke.

Juice of the seed of Saffron with hony pumd, or chickē broth.

Pennywort on the wall, the leanes and rote eaten.

Mercury boyled in water, dzunke.

Water-Planten leanes laid to y<sup>e</sup> Wine & shanks in great abound

Garisons confound boyled in water and dzunke. (dance.

Polipodi in water or wine

Rue boyled in good wine to halfe

Betony decoct

Laser decoct in wine

Sarcabacka boyled in wine

Galingale rotes boyled

White Elebor rote decoct

Palma Christi seede with whay and milke

Tripolium rotes, two dzams with wine

Lawzell leanes decoct

Wild Cucumer iuice dried halfe a scruple,

Elder seades one dzam,

Mallow rotes decoct in wine

Wild Biony rote boyled with sea water

Calamus Arromaticus decoct in wine

White Camellion root with red wine decoct

Smyrneum leanes and rote decoct

Garlick boyled

Bzome leanes or bzanches boyled in wine

Warbery tree, the barke of the rote in wine

Ash tree leanes, bark and tender crops decoct

Rue mixed with Hony and Figs, applied.

Black Elebor rote made a playster with barley meale and wine

Soldonella boyled in the broth of fat meat, eaten.

Solanum Somniferum the berries eaten.

Garlick eaten

Figs mirt with Barly meale, applied.

Frangula.

For to slake the belly of such as haue the drop sic.

**L**eanes of the wild Ash tree boyled in wine and dzunke.

Fer

Dropsy in the wombe.

¶ TAKE Gourds and Parcely seed of Alexandria, Bzome flowers, a like much: boyle them, & wring out the water whē it is sodden: then take Charuel, Lamerick, & the other Parcely, and stamp them all together, & wring out the iuice, and boyle it till it be halfe wastid; put therein Cassia Sticks, and put thereof into the patients dzinke, and keepe him warme.

Drospy and Iaundes.

¶ TAKE a great bundle of Bzome that is greene, and burne it to ashes: then take Gadder, and make Rye with good wine, and let it runne throzow the ashes all warme, and put to Spike, Sugar Candy, and Galingale, and let it stand a night: This dzinke will destroy the Dropsy, vled xij. dayes at moyne and euen.

For Dropsy.

¶ TAKE Turmeric, Quoy, and the shell of Pomegarnet in powder, boyle it in good Ale or wyne: put thereto iuice of Celidony, Hony, and Spike: when it is cold, giue the sick to dzinke thereof in the new Hony, and leaue at the old.

Hotte Drospy in the wombe.

¶ TAKE iuice of Cresses, and swat wort a like much, and the third part of clere Hony, temper them together, & straine it, and giue to dzinke ix. dayes.

Cold Drospy in legs and feet.

¶ TAKE young tendzells of Elder, such as be black, and bruisse them with Eldern leaves, and boyle them well in cleane water; put it in a vessell, and strew the legges, and lay the herbs to them when thou goest to bed, as hotte as may be suffred early and late.

¶ Dzinke thine owne water, and it profiteth.

For

402

## Rams little Dodeon.

For payne in the Eares.

Juice of Veritory

Great Chickweed Juice

Greene Hemp leanes Juice

Great Filofilla Juice

Planten Juice

Knot grasse Juice

Saffron with womans milke

Mynt Juice with homed water

Rue Juice warmed in a Pomgranet shell

Pencevanum Juice with oyle of Roses

Diagonculus Juice

Wildes Cowwamer Juice

Hoppes Juice

Nightshade Juice

Myllilot Juice

Goose grasse Juice

White Beete Juice

Gourd Juice and oyle of Roses

Yellow Affadill root boyled in oyle,

Dried Roses steeped in wine,

Ladanū with homed water, or oyle of roses

White Poplar leaves, the Juice.

Black Beleboz root put in the eare two or three dayes.

Opium layd to with oyle of sweet Almonds, myrrh and Saffron, cureth.

Penbane leaues the Juice drayne and layd in the Sun, mingled with Colleries for the eares.

For Impostumes behind the Eares.

Nettle leaues pound with Salt,

Nightshade pound with Salt,

Shars Sorrell decoct,

Harsh Gallows boyled in wine, and

boyled with homed water,

Crisimon leas mingled with hony and

water,

For wormes in the Eares.

Pilluni decoct in water,

Capers the Juice of the leaues,

Fruits and crops,

Codyla

Dropped in the eares.

For

Dropped in the eares.

Layd to.



For payne in the Eares, and to restore hearing.

¶ Burne young branches of greene Ash; and take the wa-  
ter that dropeth from them an Egge shell full, as much  
juice of Leek blades, and of the dripping of Eeles: boyle  
them together a little: Strayne it through a cloth, and keepe it  
in a glasse: put of it in the whole eare, and lye on the soze eare,  
and in nyne dayes it will be hole: then take wooll under-  
neath a blacke Sheepes belly, wet it in that Juice, and lay it to  
the eare.

For wormes in the Eares.

¶ Take Honey from the Combe, and doe it in the eare, and  
lye downe on the other side, and it will come out.

¶ Juice of mynts mixt with hote wine Does the like  
¶ Juice of Arle-smart with hote wine Sozopped in.

I 2

For

## Rams little Dodeon.

For Impostumes in the eares,

L'welced boyled in water, ——— }  
 Planten leaues pound with salt, } put to and applyed.  
 Soucheus iuice, ——— }  
 Anns seeds with oyle of Roses, pound and put into the eares.  
 Juice of Night-Mare dropped into the eares.  
 Yellow Afforelins the root bziled, and the iuice with Frank-  
 incence, Hony, Myrrh, and wyne layd to.

For running eares.

Seed of Flebant boyled, the water ——— }  
 Jay leaues, the iuice } dropped in.  
 Shumak leaues, the iuice }  
 Turpentyne with Oyle and Hony ——— }  
 Myzell Berrys decoct in Myrrh and flower, layd to.  
 Licium, or Buxthorns boyled and layd to.  
 Dill seed leaues and iuice applyed.

For to cleanse the stopping of eares.

White Horehound iuice, with hony and wine dropped in.  
 Onyon iuice dropped in.

For singing or humming of the eares.

Ground Jay bziled ——— }  
 Hoppes iuice }  
 White Wete iuice }  
 Colewort iuice, and blalger warme, } dropped in.  
 Onyon iuice }  
 Bayberries decoct in wine, }  
 Corda, ——— Liquor of Coder ——— }  
 Seeny pound with figs, layd to playster-wise.  
 Figs and Mustard seed pound hard together, applyed.

For

For aking of eares.

¶ Take iuice of Swines cresses, and put it in the eares.

¶ Take iuice of Reddish and Dyle Olive, and put it in the eares.

¶ Take iuice of red Hynts, and put into the eares.

For water fallen into the Eares.

¶ Take iuice of Cozyander, and put it in the eare.

I 3

A water

Rams little Dodecon.

For inflammation and rednesse of the eyes.

Sothernwood pound with a roasted Quince,  
 After Atticus græne,  
 Great Chickweed,  
 Impernell,  
 Violet bawled with Barly meale,  
 Magdalen wort, and part of wild Wagg,  
 Arabastha leaves,  
 Gentian roote iuce,  
 Palma Christi leaves,  
 Pety Dorothy græne leaves,  
 Porcelane leaves with Barly meale,  
 Pepins Pulpe finely stamped,  
 Gourd pulpe finely stamped,  
 Græne Parsely with white bread oz Barly  
 flower,

pound and  
laid to.

Planten iuce  
 Great Singræne iuce  
 Marygold distilled water  
 Lithum Conuallè distilled water  
 Porcelane leaves pound with Barly meale  
 Heath iuce      Acacia iuce  
 Wilde Olive leaves the iuce

dropped in  
the eyes.

Benbane iuce dyed in the Sunne, mingled with Cillitris, to be applyed in hote cankers.

For dimnesse of the sight and eyes.

W Dyme wood mingled with hony,  
 Bazell pound with wine,  
 Yozinnium seed mingled with hony,  
 Fennell iuce and the gall of a Ven,  
 Libanotus iuce of y herb & root with hony,  
 Great Sentsury iuce with hony,  
 Albes Cicatrine with hony,  
 Wall-flower iuce.

laid to the eye.

Saffrage distilled water alone, oz with vi-  
 niger.  
 Sagapennum,      Sarcacoll,  
 Gramen Pernasse iuce,  
 Saligot leaues the iuce,

put in the eye.

For

A water for sore eyes, that if a man had lost his sight  
ten yeres, if it be possible to be recovered, it  
will helpe in ten dayes.

¶ Take Smalledge, Rue, Fennell, Waruen, Egrimony, Be-  
lony, Auens, Scabicus, Hand-Streng, Estrase, Pimper-  
nell, and Sage, a like much, distill them with a little urine of a  
man child with five graines of Frankincence: Drop a drop  
hereof euery night in the sore eye.

To cleare the sight, and remoue the Web.

¶ Take red Roses, Smallege, Rue, Waruen, Hayden hayre,  
Endiue, Singrone, red Fennell, Hollywozt, Celidony, of  
eche halfe a quarterne: wash them cleane, and infuse them in  
white wine soure and twenty houres; then still them in a Still-  
litory: the first is like Gold, the second like Silver, and the third  
part like Balme: keepe it in a glasse as a precious water or  
Balme for all maladyes of the eyes.

For a stripe in the eye, though the sight bee  
perished.

¶ Take the whitest Salt thou canst get, burne it well in a  
firypan red hote, beate it in fine powder, and as the Patie-  
ent lieth in his bed, make three small balles with clarified Ho-  
ny and that powder, and put them in the eye suce in thre  
dayes.

A Powder to conserue the sight.

¶ Take Betony, Rue, Celidony, Maritrag, Louage, Anns  
seeds, Spananion, Fennell, Dillanum, Petrich, and diler.  
Montanum, of eche a dram: Calligale, one ounce: make pow-  
der of all these, and take it continually with meate.

To persie the sight.

¶ Take Sage, Fennell, Waruen, Betony, Eye-bright, Pim-  
pernell, Cinketoly, and Rue steeped in white wine soure  
and twenty houres: distill it in a glasse Still, which is best.  
This water will restore sight, perished.

For

## Rams little Dodeon.

For bloud-shotten Eyes.

W<sup>d</sup>meadow mingled with honey, laid to.Chelidony iuice mingled with Honey, boyled in copper or  
brasse, dropped into the eyes.

Wall-flower iuice dropped into the eyes.

Rigella seed mingled with zris oyle, put in the nose.

Caris seed layd to the forehead.

Sagapenum dropped in the eye.

Sarcacoll steeped in Asses milke foure or fins dayes, the milke  
scurry day renned, and the Hale milke cast away.

For paynfull bleared Eyes.

W<sup>d</sup>meadow mingled with honey, layd to.

Lyme eaten in the morning fasting, and before supper.

Benbans leanes, the iuice dried in the Sun applyed.

Groundsell, the bowne of the flower with Saffron and water,  
applyed.

Roses the iuice layd to the eyes.

For the Haw in the Eye or Pearle.

I Armaunder iuice with oyle straked on the eyes.

Lacerptinum with Honey applyed.

Dowbzed mingled with honey, layd to.

Annemany root boyled in wine prepared, layd to.

Sweet Trifolt iuice put in the eye.

Wellsot iuice dropped in the eye.

Dizon iuice dropped in the eye.

Cedza dropped in the eye. — Ligoz of Cedar.

For Fittulacs in the corner of the Eyes.

M<sup>d</sup> rare

Camomyl

Alloe Cicatrine

Dates græne leanes

Raspis flowers with honey

Licium made of the braunch, roots &amp; seed of Burthorne, laid to.

Lentils meale, with Wellsot and Quinces, and oyle of Roses,  
layed to.Wellsot boyled in swat wine alone, or with the yolks of rosted  
egges, or the meale of Fenpreeke, or Linseed, or Comin  
applyed.

For

For Eyes that water, runne and itch.

¶ TAKE Lapis Calaminaris, burne it red hote, and quench it often in white wine, till it fall in powder, and put thereof in the eyes.

For swelling bladders in the eyes.

¶ TAKE Sully, and anoynt the sore eyes.

For sore Eyes in man or beast.

¶ TAKE a handfull of Dazy roots, leaues and all, & the white of a new layd Egge, beaten in a dish: let it stand halfe an houre, then scum it: then put the iuice to it woth a little Hony, and the Egge, and anoynt the eye.

For the Webbe in the Eye.

¶ TAKE the gall of an Hare, and Hony clarified, a like much, mixe them well: lay it with a feather on the Web, and it will bzeake it in three dayes, and saue the sight.

For all paynes in the Eyes.

¶ TAKE Fenell, Rue, Estrafe, Maruen, Tozmentill, Wistany, red Roses, Grape leaues, Smalodge, Cgrimony, ground Iuy, and Iuy that groweth on the Oke, a like much, stepe the one day in white wine, the second day in water of a man child or virgin, the third day in woman's milke, the fourth day in clarified hony: then distill all together, and vse the water as pfectious, one drop at a time.

For eyes that swell, coming of cold.

¶ TAKE Cgrimony, the leaues of Maruin, Fenell, Rue, and Roses, and distill them.

And if you will haue it strong, doe thereto leaues of Gale-trium, and of Morfas Galline, which is Chick-wad with the red flower.

For inflammation of the Eyes.

¶ TAKE the iuice of Foxrell or Nightshade three or foure spones full, the whites of Egges beaten, and the foams taken off: mixe them, and strike them on a linnen cloth, and lay it to the temples and forehead.

G. K.

For

For payne of the eyes.

W<sup>y</sup>ne, wherein dyed Roses haue bin boyled, layd to.  
Beath leaves iuice dropped into the eye.

To stop the running eyes.

P<sup>l</sup>ane tre young tender leaves pund and layd to.

For flowing downe of humours to the eyes.

Saffron mingled with womans milke, applyed.

S<sup>o</sup>uzell pund with wyne, applyed.

Right harte iuice dyed in the Sunne, mingled with Cillicles,  
against heats and Rheumes layd to, or taken with P<sup>h</sup>is  
mell, or hemed water, the waight of an halsepenny, layd to.

Amillum or Starch made of Albate, applyed.

Pepons pulpe finely stamped, and bound to the forehead.

Plumtree leanes bread and layd to.

For to quicken and sharpen the sight.

F<sup>u</sup>ntoy iuice

E<sup>ye</sup>-bryght iuice

Libanotis rootes iuice

Sagayennin

Pellow Devils bit iuice

Wilde Lettice iuice

Kampions leaues & stalks iuice

Ouyon iuice

Lycium

Cebza — Ligoz of Cedar —

dropped into the eyes.

For



For rednesse of eyes, and to cleare the sight.

¶ Take fine Aloes, Tutty, a new layd egge Shell, of eche the waight of a French crowne: beat them in powder, and put them in a cleane cloth, and sew it as neere the powder as ye can: hang it in a wyde mouthed glasse, in two ounces of red Rose water, and one ounce of Eye-bright water, and dip the cloth vpon the eyes as oft as ye thinke good.

G. K.

A good water for eyes.

¶ Take Fennell, Maruen, Roses, Celidony, Rue, Phylago, Custrale eods, and Wounds, cutt ill them, and vse it.

Ad idem preciosissima aqua.

¶ Take Smallage, Rue, Fennel, Carimony, Bitany Seabieous, Auens, Hounds young, Custrale, Dimpernel & Sage, fill them with a little brine of a man childe, and five grapes of Fraackincence, drop thereof euery night into the eye.

A precious water to cleere the eyes, and to destroy the Pyn and Webbe.

¶ Take red Roses, Capillus Veneris, Fennell, Rue, Maruen, Custrale, Endiue and Bitany, a like much, so that there be in all vnder sixe handes full: let them rest in white wine, a day and a night: the second day distill them in a Stilltope: The first water will seme in colour like Gold: the second, Siluer: the third, Balnye.

To

For to quicken and sharpen the sight.

**H**erminium seed mingled with Honey.

**S**elubina twice mingled with Honey in copper or brasse.

**W**hite Hozehound iulce mingled with Honey and Wine,  
applied.

**R**ue eaten raw, or condited with Salt, or mingled with Barley  
meale, layd to.

**V**ermola stamped with Wine, Honey, Saffron, Fennell iulce,  
and the gall of a Hen, layd to.

**D**ypopanax

**L**acerpitium

**S**agapenum

**A**momacum

**S**owbzed roots with Honey,

**V**ernas grass the iulce in Cillie,

**M**ustard seed iulce dzyed in the Saune, al  
layd with honey, afterwaros

**Y**ellow Aspidill roots iulce boyled in good  
olde Wine, Myrrh, and Saffron

layd to.

For enchauntments and bewitchings.

**A**llison hangd in the house, at the gate, or in the entry.  
Mullen.

Polye.

**R**hamnus branches and boughs hangd at doores and  
windowes.

For the falling Euill.

**C**amoock, or Wely Whyn boyled in honey and bliniger.

**C**herries distild, the water powred in the mouth.

**M**iddell of the Whe hangd about the necke.

**A**garick with Cirop Acetess taken.

**A**nnis leedes eaten by infants and children.

For

To purge the blood, and cleare the sight.

¶ Take foure ounces of Rais well picked, one pound of  
Tine, Rosemary halfe a pound, red Wynter iij. ounces,  
Comyn iij. ounces, Runt seeds one ounce, Cloves one ounce,  
bray them to powder, & steep them all together twelue houres  
in three pints of pure white Wine, distill it, and kepe the  
water in a layre glasse, and let it so rectifie in the Sunne, and  
drynke thereof euery morning fasting a spanefull.

A good water for eyes.

¶ Take Fennell, Maruen, Roses, Celidony, Rue, Philago,  
Corydale Coas, and Woodbyne, distill them together,  
and vse it.

Falling Euill.

¶ Knead cakes of Wheate meale, with the Dewe on the  
summer day morning: bake it and este it.

¶ Gather Maruen whilst the Sun is in Aries, and dryne  
it in white wine, and powder of Penny seeds.

For

For bruises by falling or beating.

Woad Sage boyled in wine or water, —  
 Wallerwort the root decoct,  
 Oppopanis with mead or honyed water,  
 Gentian iuice decoct,  
 Dulcamara decoct in wine,  
 Carden madder rote decoct in wine,  
 Ciprus rote barke decoct in wine,  
 Juniper berryes decoct in wine or honyed  
 water,  
 Agarick decoct in wine or honyed water,  
 Rubarbe infused,  
 Diamond hart or middis rote boyled, —  
 White Popler buds made in oylment, and used.

For one fallen in a swoone.

Bazell boyled with Viniger holden to the nose.

For to prouoke carnall copulation.

Gladolus vpper rote in wine, —  
 Saffron boyled in wine,  
 Standergrasse sappy rote decoct in  
 Goates milke,  
 Satirion rote boyled in wine,  
 Horntiam lode with wine,  
 Ash keyes decoct with put megs,  
 Turpentine tre fruit in wine, —  
 Artychokes young tender shelles steyed in wine,  
 Carot rootes  
 Rocket —————  
 Clary any wayes taken.

For proud flesh.

Oke Apples or galles steeped in Viniger, layd so.

For

For a Salsipien face,

**L**et the Patient be competently purged, and then let his legges and thighes bee washed with the decoction of mallowes, oz Lapaciacuti, oz Lexinij Sarmeni, oz white wine; boyle them, and make this oymntment:

Take **P**astick, **C**eruse, **L**itarge, **E**nula **C**ampana decoct in water, iulce of **R**eddish, **O**yle and **W**iniger, incorporate them, and vse it.

For

## Rams little Dodeon.

For the Fistula.

Cynquefoyle leaues pund and layd to, and mingled with Salt  
and hony applyed, closeth by the Fistula.

Planten leaues ————— } pund and layd to.  
Yellow Gilloisly. }

Testiculus Odoratus rose ——— }  
Arifarum made in Cilicite and plaister.

Small Centoꝝy in powder, mingled in plaisters, oynments,  
powders, and applyed.

White Eleborus cut in gobbins, and put in Fistulas.

Dates greene leaues pund and layd to, with the meale of the  
seed of pooze Dates applyed.

Pitch liquid pund small with Frankincence applyed.

For to prouoke flowers, and to bring them downe.

Chamepitis leaues ————— }  
Sothernwood seeds greene oz dry, boyled in wine,

Crinza leaues and flowers decoct in wine,

S. Johns Wort with y flower e seed decoct in wine,

Wozetayle decoct in wine oz water,

Scordion with wine,

Wall-flowers dyed, decoct in water,

Stock Gille flowers decoct,

Marigold flowers decoct,

Camomil, herbe, root and flower decoct in wine, } drunke.

Tyme boyled in water and hony,

Minter Sauery boyled in water and hony,

Poly boyled in water and hony,

Clinopodion decoct in wine oz water,

Botrus boyled in wine oz water,

Calamus decoct in wine oz water,

White Wozehound decoct in wine,

Rue leaues decoct in water,

Harmula decoct in water oz wine,

Lauender boyled in wine, ————— }

Pettle seeds pund with Oꝝch, bled by pessary.

Iris roots receyued into the body by pessary, oz bath.

White Lilly roots rosted and pund with oyle of Roses, applyed.

Clary any wayes taken. — Drctanium verum boyled in wine,  
ozunk, oz by pessary, Nigella

For the greene Sicknesse.

¶ Take thirty greene leaues of *Amarabacca* in *Wine* all night: then strayne it and put it in a close pot, with a piece of fat porke: boyle it, eate the porke, drinke the wine. It also helpeth the Jaundes, the Fever, the beginning of Dropsy, Tympany, Quolidian, Wormes, and swelling of the stomacke: for all which there is no better remedye.

¶ Powder of *Ashe* heyes with *Brandy*, red *Sage*, *Pinks*, & *Margerom*, boyled in running water from a pottle to a quart, a good draught with *Sugar* taken early and late, is good.

¶ Eate the Blessed Thistle, or drinke the decoction thereof.

¶ Eate Onyons.

¶ Stamp Rue one handfull, red *Sage* two handfulls, straine the twice, and put to it a pynt of hote hony, well clarified, and a great spoonfull of grosse *Pepper*, mixe them well together, and glue thereof one spoonfull and halfe, blood warme, at euen and mozne, and let her eate some of these times eury day sixe or seuen Raynes of the Sunne at a time.

This will cure it, though it appeare not at the first: and if she amend not at the end of ten weekes, give her the same receypt agayne.

¶ Take foure dramms of the powder of *Zuozz*, sixe or seuen dramms of *Turpentine*, foure penny wayght of *Saffrow*, and drinke thereof with Ale ale at mozne and euen.

¶ Wople cloues of *Garlick* in milk till it be thick, and let her eate it, and walke after it boldly.

Is. For

Nigella Romana decoct in wine, ———  
 Libanotus roots, Cecily seeds,  
 Cordillon seeds, Daucus seedes, } drunke.  
 Saxifrage roots, Betony dried;  
 Pannay seeds with Wormwood & wine,

For to prouoke flowers, and to bring them downe.

L Acerpitium with myrrh and pepper, ———  
 Sagapennum with homed water,  
 Astrolochia longa, with myrrh and pepper,  
 Asarabacca with homed water,  
 Great Centory with wyne,  
 Solbyed dried in powder with wyne,  
 Enula Campana decoct in wine,  
 Wyony rote dried with Hydromell,  
 Betwall roots decoct in wyne,  
 Straglum seed one dram decoct,  
 Galingale roots decoct with wyne,  
 Trifoly leaues, flowers & seeds decoct in water,  
 Cardus Benedictus decoct in wine,  
 Crithmus leaues, flowers & roots decoct in wine, } drunke.  
 Bulbacaltanum seed decoct in wine,  
 Meddith decoct,  
 Wild Carret seed decoct in wine,  
 Mountayne Pareely seeds with homed water,  
 Smyrneum seeds decoct in wyne,  
 Sany seeds with homed water,  
 Cresser seeds decoct in wyne,  
 Barlick decoct with Drygan,  
 Pelloto Affodill roots boyled,  
 Knesholus decoct in wyne,  
 Laurus Alexandria decoct in wine,  
 Elypus roots decoct in wine,  
 Lotus Gaalinga decoct in wyne or water,  
 Sacin leaues decoct in wyne, ———  
 Dyppepanar, ———  
 White Cleboz the root, } by pessary.  
 Blache Cleboz root,  
 Wild Cowcumer sodden with hony, put in ———



## For a Felon;

¶ Take Rue, the yolk of an Egge, and a little Bay salt, as much Soap and oyle of Snayles, a little wheat flower, a sponfull of honey, two sponfulls of Aqua Composita, bzuise the herbs small, temper all together, & make plasters of white leather, and lay to the grieke, which will heale the Felon, and preserve the ioynt.

To draw out the Core and corruption.

A white salve.

¶ Take oyle of Roses, boyle it ouer a soft fire: with the grieke first thre or foure times with white wyne: then put in a little Woodbine water, and boyle it to a perfect oymment: then take a handfull of Wall-Gillossers, and a handfull of Sout-sauce, and make iuice of all together, and boyle it to a good salve so; that vse.

To heale and close vp the wound, after the other salve hath drawne.

A greene salve.

¶ Take Waxe halfe a pound, Bay Butter a pound, set them on the fire and try them: then take Plantain one handfull, Ribwoxt halfe a handfull, Valerian two handfulls, Byoklem halfe a handfull, Smallege half a handfull, Dypin, Soutsaue, Bisolium, Ground Ioy, Elder flowers, of each a handfull, cut them small, and boyle all together, with Waxe and Butter, and make it up to vse so; that purpose.



There are foure maner of Fluxes;

1 **C**olides, Sicknesse of the stomake, coming of cholericke humours: it maketh a man haue a great Fluxe, & great casting: It stayeth within three dayes, except it be prevented.

2 **L**Yenteria, which is, when the meat departeth undigested.

3 **D**Yaria is a Fluxe, but mixed with blood.

4 **D**yscintula, is where there floweth blood and the Spanning of the Guts together.

Is

Te

Shumak leaues, \_\_\_\_\_ } decoct in Wyne  
 Wild Olive leaues the iulce, } and drunke.  
 Witby leaues and barke,  
 Turpentine tree leaues and bark,

Caroline the lesser, \_\_\_\_\_ }  
 Barbery leaues, } eaten.  
 White Thorne fruit,  
 Nutmegs and Pace,  
 Quinces decoct, \_\_\_\_\_ }

The Apples decoct in water, and sit and bathe in it.

Raylin kernels broth, bath with it.

Sheeps Dorell puns with vinegar, applyed so.

For white flowers.

White Tansey \_\_\_\_\_ } decoct in wine  
 Yellow water Lilly root in red wine } and drunke.  
 Trifoly leaues  
 Yellow seeds of Roses \_\_\_\_\_ }

Shumak leaues eaten as sauce with meats.

For to ripen flowers.

Melilot boyled in wine and drunke.

Reddish broth decoct and drunke.

Seneriell in powder with hony two drams )

Cods and seeds of Sany one dram

Polypody of the Dike, the rote dyed,

Pepper in meat,

Wytthorne berries to young lassy persons, } eaten.

Figges

Pyne puts

Turpentine with hony in Electuary,

Zaniper gumme with hony, \_\_\_\_\_ )

For cold flewmes of the stomacke.

Elme vnder-barke one ounce decoct in wine, } drunke.  
 Aller yellow barke scraped in wine or beere, }

Zaniper gumme infused in wine, \_\_\_\_\_ }

Cardus Benedictus powder eaten.

Capers eaten in sauce.

## To stop Whites,

¶ Take Beregood, and Rosemary dzyed, beat it in powder, mixe them and lay them to the Panell.

## To purge Flegme.

¶ Take pure white Turbith gumme cleane scraped, thin sliced, and fine minst as may be, one dram, pure Ginger in like sozt dzed, two drams, Sugar three drams, make all in fine powder, and put it into an Apple that the coze is taken out, the cap taken off, and set a sayze tye on hote ymbers, and thereupon rost the Apple, and turne it often: when it is rosted, pare away the rynde, and put that apple in white wyne, and bzeake it in pieces, and adde to it a little Ginger early in the morning: and if ye take it at night, ye must sopearly.

D. K.

## To auoyd flegme.

¶ Take Rose-water eyght sponfuls, Conduitt or spring water foure sponfuls, white viniger two sponfuls, Hop water two sponfuls, of fine white Sugar two sponfuls: boyle them on a soft sweet fire, tyme it cleane, and vse it.

D. K.

For Frenzy.

**S**Camong iulce dyled, the wayght of fire wheat cojned,  
Djunkte.

For out-going of the Fundament.

**A**Loes Cicatrine boyled in Wine and Hony, applyed.

For to settle the Fundament displaced.

**A**ster Atticus carryed about a man.  
Pomegranat pilles and flowers in playster applyed.  
Lentilke leames and barke decoct.

For swelling of the Fundament.

**A**ster Atticus carryed about a man.  
Alas Cicatrine in powder strowed, oz playster-wise.

For

## For Frenzy.

¶ Take of Wormewood, Sage, and Marygold, of eche halfe a pynt, white wine one pynt and a halfe, brew them together, and give the sicke to drinke nine sponefulls warme in the morning fasting, fiftene dayes together.

D. K.

¶ Take the herbe called Shepherds yard, Stamp it, and lay it to the head shaned.

¶ Madnesse  
or Frenzy of

Choller, maketh a man harmfull & debatous.  
Bloud, maketh him playing, singing, and not harmefull.  
Melancholly, maketh him sad, sullen, and dreadfull of all things.

## Fundament going out.

¶ Take Apostolicon, and touch it hote, and it shall goe in: doe so once or twice, as need is, and after bathe it with water that Derritory hath bin boyled in; and the Fundament shall go to his place agayne.

¶ Wash the Fundament that goeth out, with thine owne water.

## For bleeding at the Fundament.

¶ Take Aloes and Myrrh, and make them into powder, and with oyle of Almonds annoynt the soze, and cast on the powder, and put by the Fundament with a Scarlet cloth, and it will helpe.

¶ Make Morts of Maybzed and Sanicle, and ease them.

For

For chops, rifts and fistulaes about the  
fundament.

**T**axell rootes pound and boyled in wine, to the thiknesse of a  
playster or oyntment, applyed.

**A**gnus Castus seedes mixed with oyle and oyntments, made to  
heat and mollify, applyed.

**L**ycium made of the braunches, rootes or seedes of Borthozne,  
applyed.

**C**leare liquid Rozen of Pyre tree, with Nutmegs and Sugar,  
the quantity of a Nut, cureth the excoziation of the lectes  
parts, by the flaxe of them.

For to open the stopping of the gall.

**D**oder boyled in wyne or water, drunke.

For blasting or swelling of Genitors.

**R**ue leaues and Bay berries pound and layd to.

**G**ourd rynd burnt to ashes, strowed on.

**C**ypus nuts pound with figs, applyed.

For spreading or fretting sores of Genitors,  
or Priuites.

**F**lowers of vnrype fruit of the wilde Vine, mingled  
with the oyle of Noles and vintger, applyed.



## For swelling of the Genitors.

¶ Take Beane meale and viniger, temper them, and apply it all about, and let it not come neere the fire: and if you haue greene leaves, stampe them, and temper them with hony.

¶ Juice of Wallwort and Cissell, a like much, and Fenuel, boyle them to thicke nesse, and apply it warme.

¶ Powder of Comyn, Barley meale and hony fryed, applyed warme.

¶ Take Mozme wood, stampe it, and Beane meale, powder of Comyn, fry them, and warme lay it to the B. This is good for all weakenes of the B. and when ye take away the playster, wash the B. with warme viniger at eche time. This is well approued.

¶ Take Scabious, Wasselon, and Auens as much as both, grind them small, and make thereof pellets: dry them in an Ouen when your bread is drawne: then make powder thereof, and drinke thereof early and late: and if thou mayst haue the Juice of these herbes, it is the better.

For

For to expell Gnats and flies.

Comza strowed or burned in any place.

For swelling of the Gowe.

Wald Cowcumer made soft, or soaked in bluisger, applyed.

For to asswage payne of the Gowe.

H	Enbane seede pund with wyne,	}	
	Lentils boyled with barley meale,		
	Colewort saice, and meale of Fenugreek,		
	Turneps boyled in milke,		(applyed, or
	Brome flowers pund with swines greace,		slayd to.
	Callia,		
	Black Popplet leaves, and yong buds.		
	Plunge the patient suddenly into a heape of whole Wheat, or to the buess.		

## For the Gowt.

¶ Take Worme flowers, Penny Royall, Bellitoy on the wall a like much, Stamp them with May Butter, put the in an earthen pot, let it twenty dayes in hote hozle-dung close stopped: then fry it with a part of Chepes tallow, Straine it, and vie it.

## For the Gangrene.

¶ Stamp leaues of Coleworts, and apply it, or the vyne of him that vseth to eate Coleworts.

¶ Stamp blacke Eleoz with viniger, and apply it.

¶ Stamp Nettles with salt, and apply it.

¶ The water and iuice of Knot grasse applyed.

¶ Decoa Lupines in water and wash with it.

¶ The iuice and roots of Bellitoy applyed.

¶ Reddish with viniger applyed.

¶ Make Stones of Rayns, Stamp them, and apply them.

A playster

For Gowt in hands or feet.

**P**erritozy iuce mingled with Deers suet,  
Turnesse leaues,

Singraene,

Penny royall,

Libanotus seed mingled with Turay meale  
and vintger,

Wild Imperatozia,

Eber graene leaues,

Sea-mosse,

Acanthus graene,

Drach graene, with Saltpeeter, honey and  
vintger,

Succozy and Endsue graene,

Lilly Conualle flowers distilled with good wyne, one sponesfull  
drunke.

Wyme with wyme, to be in time and out of time of grieke with  
Orimell.

Libanotus seed mingled with Turay meale & vintger, applied.

Oppopanax applied.

Racerpitium roote in powder, with oyle of Iries and wax made  
into playster, layd to.

Ammomacum one dram taken.

Solubjed root decoct and layd to.

White Cleboz roote taken in small quantity.

Lapsia, the barke of the roote, one dram taken.

Oppium with vintger applied.

Figs milky iuce with meale of Fennigrack & vintger applied.

Plunge the patient suddenly into a heape of Wheat by to the  
knees.

} pund and  
} layd to.

A playster wherewith the L. R. was cured, when all Chirurrgions thought him incurable.

¶ Take brimstone halfe a pound, Rosen halfe a pound, Dibanum one ounce, fine L:arge of gold a quarter of a pound, white lead thre quarters of a pound beaten to powder, and finely searced, a pint of oyle of Beates feet, set it on a fire in a small vessell with the Ware and Rosen: and when it is molten, put thereto the other powders, and stirre it fast with a sticke, and then put a little thereof in a saluer, and if it be hard soltyed, take it from the fire, and anoynt a saye beoed with some Beates foot oyle; and as you may handle it for heat, work it as it were Cozdwayners warr, and make it in rolles, and make playsters of it with a chaffingdish of coales, spread it thin on linnen or leather, and lay the playster warme whereas the payne is, and so renewe it at moone and evening, untill you bee whole, or till the ache be givien to some other toynt, & so followe with the playster as the payne remoueth, and beware of cold, and hote wyndes.

A playster to cure the red Gowt, or  
Gutta Rosatia.

¶ Take old Lard, and put to it strong bliniger by two dayes: then kemp it, and put to it the barke Lappacij acutirotes boyled in water, Dutch siluer sublimed, and Dutch salpher well lincopozated together, and make thereof an oyntment, wherewith anoynt the face when thou goest to slepe, and in the morning wash the face, and rub the face with the liquor.

A most excellent remedy for a cold Gowt, that is Oculum  
Benedictum, to heale Guttam Rosatiam.

¶ Take a fat Gander, a fat Churle or male Cat, new Ware thre quarters of a pound, Saffurcinum one handfull, Barrowes Greace, beat them together, and put it into the Gander: boyle it and cole it, and with that oyntment anoynt the greife,

For

For to annoyd Grauell, and the Stone:

**F**enckels without his flowers,

Perrikoz,

Corompos,

Saffron rote,

Wild Time,

Coche grasle,

Cardus Benedictus,

Saligot, the Ruts dyed with wyne,

Carret roots in powder with homed water,

Gingidium

Asperagus alone, or with Chicke pease,

Winter Cresses seeds,

The rough spongeous ball of y wild Kels,

Byome Rape,

Woly Wbyn, tender springe,

thace Holme,

Rhamnus seeds tertium genus,

Peobler Stones in powder,

Camomil decoct in water, applied outwardly in the  
Region of the bladder.

Mallow leaves raw, eaten with salt.

Stone Parsely seed taken.

White Thorne fruit eaten.

Bitter Almonds with sweet wine taken.

Figgs before meat eaten.

Walm tree gumme

Dissolued in wine,

Wild Cherry tree gumme

Sojunkte.

Peunegs taken any way.

Callis taken.

fruit of Wyns tree taken.

Wiquid Rozen of Rive tree taken.

Rozen of Lary tree taken, and lished in.

put in wine,  
Sjunkte.

For to strengthen the Gummie.

**P**enny Royal burnt to ashes, and rub the gummie.  
Pomegranate.

For

*[Faint, illegible text, possibly bleed-through from the reverse side of the page]*

Rams little Dodcon.

For swelling of gummes.

Dried Roses in wyne, annoynted or put to.

Wamble new springs boyled and held in the mouth.

Lycium or Borthone decoct and held in the mouth.

Plantain leaues decoct in water, applyed.

Olyue tree leaues pund with Honey, applyed.

Mastick or Lentisk leaues pund and holden in the mouth.

For fleshy moysture of gummes.

Oyle of vnripe Olives applyed.

One Apples mixt with oyle oymments, applyed.

For Gouts fallen into the Cods.

Cypus Rute pund and layd to outwardly.

For heauinesse of the heart.

Garden Buglos eaten in Salade.

Garden Bugols flowers steeped in wyne, or conserued,  
taken.

Pimpernell leaues, — Burnet steeped in wyne, drunk.

For



For the cold Gowt.

¶ Take the iuice of Nettles, the white of an Egg, Wheate  
bran, make a playster and apply it.

For a Canker in the gummies.

¶ First wash the soze with vinegar and Sugar this dayes:  
but first rub it, and then wash it with this liquor.

Take quick Lime and Sage quenched at the fire in an earthen  
then vessel, and put to it Rosen and melt it: then cole it, and re-  
serue it to vse.

¶ The Canker oftentimes chanceth in the pallet, which  
ought to be burnt with a hote Iron, or with Gold.

Sometimes it chanceth in the nostrils, the roze or pallet of the  
mouth, the lips, and the gummies.

The place where it is, is eaten and corrupted, and is red, and  
sometime it turneth in the skin, and the skinn is not eaten, but  
the flesh within.

Sirobis.

This disease cometh of a melancholy humour, comming  
like to a Canker, which in the beginning is called Sirobis.

Noli me tangere.

In the face it is called Noli me tangere.

Singulum.

In the mid body, A Circle.

Lupus.

In the face, thighs, &c. A Wolfe, which is incurable, be-  
cause the fat are the more parts.

Regula.

In facie, Noli, in medijs partibus, Herpes,

Si sit inferius, dicitur esse Lupus.

¶ And it is proper, vt omnis proprietates in solidiori substan-  
tia fortius imprimat effectum suum, & si vnus: and therefore  
is rather curable.

For swelling of the guts.

¶ Beat Wheat with vinegar, and iuice of Pimpernell, and  
make a playster and lay it to.

For to drive veanome from the heart.

**T**omentill leaues and roote boyled in wyne, dzunke.

For to comfort the heart.

<b>C</b> loue Gillafers conserued with Sugar,	} taken, oz dzunke.
Lilly conuallly distilled water,	
<b>B</b> azell	} decoct in wyne, _____
<b>S</b> age	
<b>B</b> alme	

For stiches or gripings at the heart.

**O**xiganum boyled in wine, dzunke.

For trembling and shaking of the heart.

<b>S</b> uccozy and Endiue leaues pund,	} and layd fo outwardly.
<b>B</b> ramble tendzels and leaues stamped,	
<b>M</b> aces decoct and eaten.	
<b>J</b> uice of Roses deigot oz infused, dzunke.	

For

For fatnesse about the heart.

¶ Take iuice of Fennel and hony, and boyle them till they be hard, and eate it at mozne and euening.

For swelling and stitch at the heart.

¶ Take Sept two handfuls, Waruen, græne Wormwood, of eche alike, stamp them and temper them with stale Ale, and dzinke it at meales.

For a Stitch.

¶ Take the bottoine of a Rye loafe, an inch thick, soft it, and then take a pynt of good viniger, and spzinkle it, till it bee well dzunk in: then spzinkle a little Palmsey on it, and lay it so hot as may be, to the stich, and follow it from place to place, warming the toke from time to time.

For a stich about the heart. A Cawdell.

¶ Take Comyn seedes, Alisander seedes, Cloues and Race, Graines, Licoris, of eche one dzam in fine powder, a pint of stale Ale, seeth it, and scum it clean: then put in your powder, and make a Cawdle with an Egge potched as nere as may be. Dzinke this fasting in the mozning, and last at night with Sugar.

D. K.

Trembling and shaking of the heart.

Marbolanes in grosse powder taken, from two dzams to five dzams, comfozteth the trembling of the heart.

¶ Hyztell leaues taken, profiteth.

¶ Putmegs eaten, comfozt the same.

¶ Dzinges, the iuice and inner part of substance where the iuice is taken, profit much.

¶ This disease commeth to women, by reason of the coldnes of the matrix, and is thus cured:

Scrape a Coats hozne that is boyled, and giue that scraping to the patient to dzinke.

For scurvy heate or itch of hands.  
Small Chickweed boyled in water and salt, often washed.

For chaps or rifts, in hands, feete, or  
fundament.

Mustep gumme, with oyle of Roses, applyed.  
Pitch liquie mixt with Sulphur, applyed.

For head-ache.

Flabane seed mingled with oyle of Roses, vinegar, or water,  
applyed.

Singreene iulce mingled with Barly meale, and oyle  
of Roses. } laid to.

Maruen leaues pund with oyle of Roses, & vinegar, } laid to.

Violets alone, or with oyle of Roses, pund.

White water-Lilly flowers conserved and eaten.

Tris roots mingled with oyle of Roses, applyed.

Sage boyled in wine, drunke.

Rue leaues pund with oyle of Roses.

Stecados with the flowers, decoct and drunke.

Annis seeds burnt, and the same taken at the necke.

Pigella roots mixt with roots of Ireos, layd to the forehead.

Wetony decoct in wyne and drunke.

Pencedanum iulce with oyle of Roses and vinegar, layd to the  
forehead.

Sagapenum, one dram ————— } taken.  
Amomacum, one dram  
Cuphozbian prepared by discretion, —

For

For extreme head-ache,

¶ Stamp Violets alone, or with oyle, and apply it,

℞ ʒ

For

For head-ache.

**A** Loes mixt with oyle of Roses and vinegar, applyed.  
 Many leaues one dram taken.

Maydenhaire, a garland woꝛne about the head.

Solanum Hortensis pound and layd to.

Helliot iuice mixt with oyle of Roses and vinegar, powꝛed on  
 the head.

Cresses seed and hony layd to the head.

Wine tendꝛels oꝛ claspers pound with parched Barly meale  
 applyed.

Wilde Tyne tendꝛels, with oyle of Roses, pound and applyed.

Double tongue, a garland woꝛne about the head.

Bar malad, oꝛ Mustinack of Quince eaten after meat.

Bitter Almonds applyed to the forehead.

For giddynesse of the head.

**F**uerfew dyed to powder, two drams taken.

Prunell bzuisd with oyle of Roses and vinegar, applyed.

Running Time pound with oyle of Roses and vinegar, applyed.

Lauender flowers alone oꝛ with Putnegg, applyed.

Synanon and Cloues applyed.

Pellitory root with hony eaten.

Collocinthida boyled oꝛ soaked in homeb water oꝛ other liquor.

Wylony roots one dram taken dally one yere.

Blessed Thistle vsed in meat and drinke.

Agarick with Cirop Acetess, taken.

For scurfe of the head.

**W**hite water-Lilly roote with Tarre layd to.

Capillus Veneris steeped oꝛ boyled in Lye, to wash y head.

Foole rade ashes mingled with vinegar, layd to.

For to purge the head.

Wall Teldonꝛ decoct in wine, gargarized.

Spimpernell iuice snuffed in at the nose.

Cole woꝛts iuice snuffed in at the nose.

Waruꝛ perfume taken in at the nose.

For

For head-ache,

¶ Make Wheat bran with Pigeons dung, and apply it with the wyhte of an Egge, to the contrary side of the griefe.

For head pushes.

¶ Stamp Violet leaues with hony, and apply it.

For a scald head.

¶ Stamp Primrose rootes, fry them with fresh Butter and Tarre, and lay to the griefe.

Stamp For  
of primrose rootes

Incidentia.

Stamp

For Impostumes and humours of the head.  
**C**hrysanthemum flowers pund with oyle and wax, applyed.  
 Sleeps Sozrel greene leaues pund with oyle of Roses and  
 Saffron, applyed.

For dry humours of the head.  
**I**ellamyn pund and layd to.  
 Wernix perfume taken in.

For to heale wounds in the head.  
**C**leare liquid Rozen, applyed.

For old payne of the head.  
**W**hite Eleboz roote taken in.  
 Jup iuice with oyle of Roses layd to the head.  
 Rye meale put in a little bag, layd to.  
 Garlick bzyled betwene the hands.

For kybed heeles.  
**P**enny Wort on the wall, layd to.  
 Bathe the hoies in wine, and anoynt the greif with  
 gumme of Lacerptium boyled in oyle.  
 Sowbzled roote boyled and applyed.  
 Brets boyled and wash therewith.  
 Turneps rosted with oyle of Roses, applyed.  
 Squilla inner part boyled in oyle of Turpentine,  
 layd to.  
 Yellow Affodill root sodden in oyle, layd to.

For the Hydroply.  
**P**oly boyled in wine or water, dzunk.  
 Origan eaten with Figges.

Bazell eaten.  
 Soldanella boyled with broth of fat meate, corrected  
 with Anise seeds, Synamon, sugar and Ginger.

For



For qualifying of any hote matter, practised  
by D. Achelo.

¶ Distill	}	Milke	} into a water, and vse it.	D. K.
		Mallowes		
		Planten		
		Whites of Egges		

Kybed heeles.

¶ Boyle Bengewyn, or Lacerpitium in Oyle, and annoyne  
the kybed heeles, being first long bathed in white wine.

¶ Make a playster with Waxe and burnt Figges, and ap-  
ply thereto,

*[Faint, illegible handwritten text]* For

*[Faint, illegible handwritten text]*

For the Emerods inward and outward.

**D**Ogs tounge roasted in imbers, applyed hote.

Small Celidony pund in vyne oz wyne, the root layd to.

Galeopsis the roote eaten.

Capzarta bruised with oyle of Roses, layd to.

Wild Imperatoria pund and layd to.

Lacerpitium roots boyled with Pomegranat pylls, and vinger, layd to.

Holy wort mingled with Popplion, applyed.

Aloes boyled with wyne and hony, applyed.

Balsamum oyle applyed on cotton.

Purcelayne iulce drunke.

Oyons eaten in meate.

Bzamble tendzels and leaues stamped, layd to.

Shumak, oz Rhus, pund with Oke coles, applyed.

Figs milky iulce layd to.

For the Yex or Hicket.

**A**Llison drunke, oz held to the nose.

Pynts, two oz thre branches with iulce of Lozys  
Pomegranats, drunke.

Dill seed chafed, and often smelled to.

Astrolochia rotunda giuen in drinke.

Rubarbe taken.

Ceterach leaues decoct and drunke.

Sherit roots, the iulce with wyne oz Coats milke,  
drunke.

Putmegs eaten oz drunke.

For to dissolue cold humours.

**S**lithorn wood infused in oyle, anoynt the member taken with  
cold.

Marula decoct with wyne and drunke.

Stechados decoct with his flowers, oz alone drunke.

Wild Parcoly roote holden in the mouth.

For noyse and sound in the eares, and to  
moue hearing.

**F**lozes and Mustard seed, pund and layd to.

For the Emerods.

¶ Take flaxe seed, boyle it in Bay butter, till it be soft and thicke, and lay it to hote. Duglas.

Ad idem.

¶ Take blacke sope one ounce, Swines greace one ounce and a halfe, a little bay salt in fine powder, temper it and lay it to the grieve.

¶ Take beards of Laks vnset, boyle them and stamp them with Saffron, strayne it, and lay that oymment hote with a cloth to the grieve.

For the Yex or Hicket.

When the Yex or Hicket cometh, let the patient speake as if it should be to the Hicket, and say this word, Enough.

Duglas.

Ad idem.

¶ Take oyle of Lillyes, and anoynt the body of the sick with it oftentimes.

For Emerods.

¶ Take leaues of Penipher, called Canell leaues, wash them cleane, put them in a paper, roast them in ymbers, and apply them hote as may be suffered: make powder of them, and cast it into the soze.

For the same.

¶ Take red Wortz, boyle them in a pot, and sit ouer the fume in a close chayze, till it be cold, & anoynt the grieve.

For the same.

¶ Take a plate of Lead, and rub thereon Barroes greace for a man, and Swines greace for a woman, wash it out with white wine, and anoynt the grieve.

For

## Rams little Dodeon.

For to waste waterish humours.

Wild Cowcumer, the iulce of the barke of h̄ rae with wyne,  
 Wall-wort roots boyld in wine, drunke. (drunke.

Wild Basony root boyled in wine oz water, temperd with sea  
 Soldanella boyled with fat meat broth. (water, drunke.

Wild Lettice iulce with Orimell, drunke.

Bzome leaues oz bzanches boyld in wine, drunke.

Spanish Bzome seed taken.

For the launders.

<p>Tormentill leaues,          Cotula,          Chylsanthemum,          Boiy,          Kolemery,          Dover,          Succozy iulce,          Bay roote,</p>	<p>Planten roote,          Buphthalmus,          Chylsanthemum seed,          Bazell,          Dulcamara,          Cetrach,          Sourhus,          Frangula,</p>	<p>} decoct in wine          and drunke.</p>
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Maruen leaues drunke in old wine, one dram & halfe, xl. dayes.

Dyganum boyled, and the patient bathed.

Lihanotus seeds decoct with Pepper, taken.

Lacerpitium taken with dzyed figges.

Alcabengi fruit eaten.

Garden madder roote decoct in Orimell, drunke.

Carret rootes in powder with homed water, drunke.

Crisimon seeds mingled with homed water, drunke.

Squilla roasted and prepared, taken.

Red Kosc iulce drunke. Frangula decoct and drunke.

For the launders and yellow sought.

<p>Common Wormewood infused,          Chamepitie leaues infused,          Celidony boyled in wine with Annis seeds,          Saffron flowers with homed water,          Comza leaues and flowers decoct,          Euphrase boyled in wine,          Hempseed stamped in wyne,          Rode flaxe decoct,          Consolida boyled in water,          Calamynt and homed water,</p>	<p>} drunke.</p>
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## For the Pyles.

¶ **R**edd inset Leeks in a Dock lease, or a paper, stamp them, & put to them May butter, and mix them well, and it will be a salve, and when the Pyles wax angry, lay that warme to it: you must take the Leeks greens and white, the barbes cut: and when this medicine hath drawne it well, wash the griefe with womans milke.

## To stay the bleeding of Pyles.

¶ **D**rinke saice of Myllesolly, which is approued good.

¶ Apply powder of burnt Garlick, & the Pyles will dye.

¶ Take oyle of Roses, Franckincence, & hony, make therof an oyntment, & put it into the Fundament with thy finger, and put therein myrrh, and let the fume thereof go vp into the Fundament.

¶ Wynd blacke wooll and blacke soape to the griefe.

## For the blacke laundis.

¶ **T**ake wheat straw, and strawe it abroad on the flooze in a close house, and put in Cæse, and watch them when they dung: take it vp whole, and with a kniffe scrape off the white that is about the dung, till you haue a good quantity: then dry it in an ouen, make it into powder, and drinke thereof in Ale at mozne and euen.

¶ Take the gall of a Rauen, dry it, and make it in powder, take a quantity thereof in a sponne, temper it with Ware or Ale together, and drinke it fasting.

## For yellow laundis.

¶ **T**ake a big Apple, cut off the top as a couer, take out the coze, and put into it some swæt Butter, and a good deale of Turmericke, and a pety quantity of English Saffron, roste it very tenderly, and let the sick eat of it thre or foure moznings or oftner together.

## For the Yex or Hicket.

¶ **T**ake bark of a Pomegranat tree, Senny, Planten, Warts young, Parcely, Beane meale, 3. suncea, Saffron, make it in powder, and giue it the patient to drinke dayly fasting.

¶ Take drin of a mayd child, Cole dung, and Cole grasse, temper them together, and let the patient drinke thereof nyne dayes together.

For

For the Jaunders and yellow sought.

Small Centory decoct, ————— }  
 Solozed iome decoct, } dzunke.  
 Black Elebor boyled in water with Rue,  
 and Carmony, or bastard Eupatory,  
 Scamony iuce dyed, five wheat coznes wayght with Dzache  
 seeds and homed water, taken.  
 Shays Sozrell decoct and dzunke.  
 Kneeholme decoct and dzunke.  
 Cassia dzalone and eaten.

For swelling and corruption of the Iawes.

Sallgot leaues — }  
 Figges — } decoct and gargarized.  
 Plumtree leaues — }  
 Wallich, the teath and Iawes rubbed.

For Impoſtumes.

Woad of the Garden, }  
 Lynced with Figs, } pund and  
 Planten leaues, } layd to.  
 Cosula lutea, }  
 Wild Cowcumer root, with parched Barly, }  
 Sea-molle, }  
 Chich Pease with Barly meale and hony, }  
 Lupines flower, with parched Barly meale } layd to.  
 and homed water, }  
 Juice of Endius with Ceruce, —white lead, }  
 Vnguentum popilion, ————— }

For

## For the yellow Jaundes.

¶ Take Floy, Bitony, Scabios, Egrimony, holy Thistle, of  
 eche a bzaunch as big as both your thumbs: Bozage,  
 Boglos, Succory, Endiue, Sorrel, Junitory, Planten, Thistle  
 leaves, of eche a quarter of a handfull, & pere mynts five croys,  
 Mercury leuis. water-Cresses, Celidony, of eche halfe a hand-  
 full, Raisins of the Sunne Stoned, halfe a handfull, Damaske  
 Ruysses French leuen Iponifuls, of Barley cornes knocked &  
 cleane washed, 3. Iponifuls, of Licoris scraped & thin sliced two  
 Iponifuls, of water thre pintes: boyle all to the thurd part wa-  
 red: Straine it, and put to it Pempinos halfe an ounce, Synga-  
 mom the wayght of eight pence bruised & then lethe it a litle,  
 and Strayne it againe, and giue the sick to drinke of it first and  
 last, a draught blood warme.

D. K.

## Adidem.

¶ Take Turmericke, and the inner barke of Piperich tre. of  
 eche an ounce, make it in powder, & eat it in potage every  
 morning and supper: and take Celidony water, a good draught  
 thre houres after supper.

## For blacke Jaundes.

¶ Take Aloes, Epattke, Azarum, Annis seeds, Synamom,  
 Comyn seeds, Hemp seeds, Licoris, Caula campana root,  
 Bzome seed, of eche one ounce, make it in powder, and eate it  
 in potage.

## For iaw-fallen, mould-fallen, or roose-fallen.

¶ ROLL a handfull of Chickweed in ymbers, and apply it to  
 the bone of the necke, and apply sawe leafe of wheate  
 bread to the mould of the head ix. houres, to raise it.

¶

For

For Impostumes about the priuy members or genitalors  
of men or women.

- S**herewort greene stamped, layd to.
- W**hite Lilly roots mingled with binger, or the leaues of  
Benbane, or Barly meale, layd to.
- W**ill seed burned or parched, layd to the part, cureth the swell-  
ling lumps and rifts of the same, and of the fundament.
- W**ill hearbe made into ashes, strowed on the shars or priuy  
parts, cureth moyst vlcers.
- A**strolochia rotunda mixt with Treos, and bathe the genitalors.
- C**allingale in powder, strowed on.
- A**loes in powder strowed on, cureth the vlcers of the priuy  
members and fundament.
- W**all-wort leaues and new buds, pound and layd to.
- B**eane meale layd to.
- E**ndiue or Succory greene leaues pound,
- L**ettice greene leaues pound,
- D**euchus iuice,
- C**rist iron seeds mingled with hony and water,
- P**ellow Aspidil roots, boyled in wine lees,
- A**gnus castus leaues with Butter,
- P**lane tree young leaues decoct,
- M**istleto leaues and fruit, with Tarre & Waxe,
- P**luntree leaues pound,
- F**ennell boyled in wine,

} layd to.

For to soften Impostumes about the fundament.

- V**iolets stamped with Barly meale,
- R**oots of Iris mingled with hony,
- W**lacke Horehound pound,
- W**ill seed burned or parched,
- L**ibanotus leaues pound,
- M**elilot, a Quince, and oyle of Roses,
- M**elilot by it selfe decoct in sweet wine,
- L**iquid Rozen with Nutmegs and Sugar,

} applyed, or  
layd to.



For the Ape gall.

¶ Berne a cleane linnen cloth to ashes, and bicddle it with oyle of egges, and apply it virgæ.

¶ Burne Clay to ashes, and lay to the grefe, and lay a linnen cloth virgæ.

For swelling of the P.

¶ Take iuice of Mozell, Lynsæd and Barrowes greace, fry them, and lay to hote.

¶ Oz take foure figges and Dafomele muddled with oyle Olive, and lay to.

¶ Oz take Lynsæd in powder, thicke boyled in womans milke, and lay it all about the Part.

For scalding of the P.

¶ Take herbe Robert, herbe Walter, Englos, Ruens, Cgri-mony, Sanicle, Petymozell, Sengræne, Pimpernel, Hē-bane, red Nettles, of eche a handfull, Maybird, Mayo thayne, Hemp, Dypin, Ribwort, Water tops, of eche a quartor of a handfull, wash and stampe them well, and do thereto a quart of good May butter clarified, stampe all together: then put them into an earthen pan, and crush them well with thy hands, that it be not hollow: then couer it well, and let it stand ix. dayes and ix. nights: then worke it, fry it well, and stampe it to an oyment, and anoynt the grefe. It will heale the scalding, oz any wound that is cureable, on warrantise.

For scalding of a womans priuity.

¶ Take herbe Robert, Rue, of eche a handfull, stampe them in a moxter, put thereto hony, and fry them, make a playster, and apply it as hote as may be to the fundament.

For Scirrhis, or rising of the Yerd.

¶ Eatse seeds of Agnus Castor, oz boyle it in wine, and plat. Ser it to the reynes and secret parts.

¶ Boyle Comyn with wine oz water, and ozinke it, oz apply it to the grefe.

¶ Stamp water-Lilly, and apply it.

To breake hard Impostunes, or swelling Vicers.

**N**arcissus roots mingled with Nettle seeds & Ginger, layd so.

White Bony rote pund with oyle,

Barley meale boyled in homed water, with  
Figges,

Murray meale with Pigeons dung and oyle of  
Lynseed boyled and applyed to,

Fenigreek meale boyled in homed water,

Five Figs with wheate meale, with Lynseed

Fennigreek and rootes of Lillyes,

For inward inflammations.

Panaces flowers with the herbe and plant boyled,

Woods Sage boyled in wine or water,

For hote inflammations.

**H**ounds toung boyled in water or wine

Tussilago greene leaues pund with hony

Hennywort on the wall, pund

Sanet-grasse greene leaues, pund

Singrene alone, or with barley meale, pund

Warden greene leaues, pund

Adders toung incorporate with Swines greace

Wimpernell greene leaues pund

Willifolli leaues pund

Comfr, with the leaues of Groundsell, pund

Wolets brusled with Barly meale

Trifoly leaues sod in oyle

Cane reed greene tender leaues stamped

Cardus Benedictus, pund

Drache greene brusled

White Beete leaues brusled and boyled,

Colewort iuice alone, or with parched barly meale

Endiue and Silccozy greene leaues, pund

Acatia iuice, Chamuns iuice,

Date tree leaues and banches, pund

Red Cowberries chawd and holden in the mouth.

For

To cleanse the lungs and brest.

¶ Flowers of Heartsease, or Pannces, boyled with the herbe or plant, and drunk, cleanseth the lungs and brest, and is good against Feuers and inflammations.

Vnguentum Album Camphoratum.

¶ Take oyle of Roses halfe a pound, sweet beale suet fryed, thre ounces, white Wax one pound, set it on a soft fire and melt it: then take it off, and put in a quarter of lead, and the white of two new layd egges, beaten with Rose water, labour these in a mortar, and then put in the Camphire, fine brought powder, one dram, the space of two houres: then put it in a gally pot.

This mitigateth payne, and quencherh all hote cause.

For ache of ioynts that haue bene broken.

The great Burre rote, one dram pund with Wyne apple kerē  
nells, layd to.

Flahane seede mingled with oyle of Roses and bliniger, or  
water, playster-wise layd to.

Dead Nettles pund and layd to.

For parts being out of ioyne,

Sobyled rote boyled in broth, and eaten.

Cane rode, or Spere rote, pund and layd to.

For itch of scruineffe.

Halfon decoct, and bathe the itch.

Staueagresed mingled with oyle, and anoynted.

Sony leaves decoct with a Chicken broth, or with Perry,  
made with Peares, or some other good liquoz, drunk.

Wyony fruite anoynted.

Sheeps Sorrell broth boyled in bliniger, applyed.

Lampsaun bynised and layd to.

For hollow kybes.

Pole rode cotton applyed.

## For the scurvy itch.

¶ Boyle Rosemary and Selvadine, of eche one handfull in halfe a pynte of vinegar, strayne it, and put to it a quantity of white Copers, whilest it is hote, & wash often with it.

¶ Use salt with oyle and vinegar.

Boyle small Chickweede with salt in water, and wash often the scurvy itch.

## Wormes in hands and feete,

¶ Boyle the iuice of Wormewood in May Butter, and red Docks, and make it to a salve, and anoynt the grieffe.

¶ Wash the hands with iuice of 

}	Rue, ———	}	Rue was tor and salt,
	Pettymozrell,		
	or Pynts, ———		

## For the Kings Euill.

R The leaues mingled with wine and Pepper, Allome and Ho-  
ny, oz pund with swynes greace, and applyed.

Coriander greene with Beane meale, pund }

Lacertine roots pund with oyle

Beupleros pund with salt and oyle.

Saligot leaues pund

Aperine leaues pund with Swynes greace } and layd to.

Groundsell with salt, pund

Indian Pepper with honey, pund

Pepper pund with pitch

Figtree leaues pund

Squilla leaues layd to foure dayes.

Shops Dozell roots hanged about the necke.

## For Vicers of Kidneyes.

S Antle decoct in wine oz water, drinke.

To: dillon iuice, one dram boyled with wine, drinke.

Mallowes raw leaues eaten in Gallade, oz with salt.

Rozen of Fyzre tre, halfe an ounce taken in.

To dissolve scriphules or kernels.

¶ Take Mustard seed, Nettle seed, Spumam Maris, Astrologie, Armoniacum, olve Oyle and Wax, make a playster and apply it.

For

For stopping and payne of the kidneyes.

**V**eronica decoct

Impatiens decoct in wine

Code Stays decoct

Plantain rootes and séde decoct in wine

Hozetayle decoct in wine

Devils Bit decoct

Fennell herbe, roote and seeds decoct

Betony decoct

Cuscuta decoct in wine

Hops decoct

Melilot boyled in wine

Sea-hall boyled in wine

Garden madder boyled in homed water

Tragacant dayed in wine

Carrot roots in powder with homed water

Barcoly roots decoct

Water Cresses decoct

Shepshenes decoct

Cassia in decoction of Licoris, Barcoly rootes,  
oz Chiches

Fruit of Juniper decoct in homed water oz wine

Went-danū root by it self, oz with bitter Almonds,

Sheepes Chiches

Purcolone in Salade

Bulba Castanea

Petrocilinum Macedonicum seed

Smyrneum seed

Wasse tree fruite

Bitter Almonds

Figges befoze meate

Nutmegs dayed in oyle of Sweet Almonds.

Agarick one dram

Rozen of Turpentine tree

For to drive away Gnats.

**Y**ellow Lysimachus, dayed and perfumed.

For lamenesse.

Take Euphorbium, and twelve times so much oyle, and a lit-  
tle wax, a lay it to arthe of ioynts, palleys, lamenesse, cramps,  
shanking of sinewes, and against all aches, and paynes of  
the same.

For

and drank.

taken and  
eaten.



For swelling and ache in the knees.

¶ Take Wormwood, Egrimony, and Marven, Louege, herb  
Bennit, Petty morell, and Rue, of eche a like much,  
Stamp them and fry them with two parts of fresh Butter, and  
one part of white wine, make a playster, and as hote as may be  
suffred, apply it to the payne.

Payne in the knees.

¶ Take Rue and Louege, Stamp them, and meddle them  
with hony, fry them, and lay to the knees as hote as may  
be suffred two or thzee times.

For

## Rams little Dodeon.

For to stop the Laske.

Bysort roote in wine,  
 Peruincle in wine,  
 Grimony seede in wine,  
 Hypericen with his flowers and seeds in wine,  
 Shepherds purse,  
 Tozmentill roote in powder in wine,  
 Strawberry plants in wine,  
 Wilde Tansey,                      Hoysetayle,  
 Flebane seede, parched and bylled,  
 Flax weed oz lophia, in wine oz Smiths water,  
 Parrow,                      Flower gentle,  
 White water-Lilly roote oz seede,  
 Hiacyntus Orientalis,  
 Fly Orchts rootes,                      Wild Bazell,  
 Garden Rue leaves,                      Annis seede,  
 Cozlander seed parched,                      Dancus roote,  
 Harts tongue,                      Bettle,  
 Blaque Poppy seeds,                      Mannik seeds,  
 Lentils y<sup>e</sup> second decoction, the first cast away,  
 Pease earth put,                      Hares foote,  
 Common Rush seed parched,  
 Dock seed and Soyrell,  
 Great Condzilla tuize,  
 Roses yello w seeds,  
 Callus flowers,  
 Lotus wood shavings,  
 Oke leaves, barke, and Acorne cups,  
 Pyne apple scales,

Decoct in wine  
 and drunke.

Swines Crestles roasted in ymbers, eaten.

Annis seeds taken any wayes.

Rubarbe taken by discretion.

Endiue and Succory boyled and eaten with viniger.

Purcelayne seeds taken in,

Parth Mallowes, greene seed oz dzyed, yund and drunke.

Skerit roots iuice drunke with Goats milke.

Mayson kernels broth drunke.

Unripe grapes flower, & unripe fruit of the wild grape, taken.

For

For costiueneſſe.

¶ Make a Subpoſitory with hony.

¶ Take Hony, Sops, and the flouze of wheate, & the lats of the root of Wallwort, ſetbe them together, make a playſter, and lay it on the wombe, and it wil procure a ſpeedy ſiege.

¶ Take Gallwes and Mercury, and boyle them with a piſce of porke, make pottage thereof, and eat well thereof, and dzinke white wyne to it.

¶ Take a piſce of porke enterlarded, and boyle it well in water: then take the bzoth vp in a diſh, & cole it, till it be milke warme: then take Mercury, Violet leaues, Borage, & Quens, a like much, make wozts with that porke and bzoth, and eate thereof a quantity; and in the middole of your eating, take a quantity of itale Ale, and meddle it with the ſayd bzoth, and dzinke it in the middole of the pottage, &c. and ble this.

An eaſy Laſke for digeſtion.

¶ Take two penny waight Electuarj Roſarum, and eate it or dzinke it with Ale or Wyne, and it ſhall procure eaſy Laſke. It is tolerable for a woman with child.

To ſcop

For to stop the Laske.

**G**reat Romainisk the fruite taken,  
 Barberies the fruite  
 Acatta the iuice  
 White Thorns the fruite  
 Licium taken in,  
 Pomegranat seeds dzyed in the Sun,  
 Quinces  
 Almonds befoze meat,  
 Sowze rough choke Peares  
 Wild Plummes iuice  
 Black sowze Charries  
 Coznell fruite  
 Sowze Apples gathered befoze they bee  
 ripe, dzyed in the Sun,  
 Oke apples oz galles taken any wayes.  
 Ciprus fruit, oz decoction thereof taken.

eaten.

To stop the Lask, coming of chol-  
 lerick humours.

**R**ed Coseberries eaten.

For to heale legges or armes broken.

**E**lme leaues, the brytb, oz the bark oz raste, to bathe  
 the legs oz armes broken.

For sores that runne in the legges.

**P**ond weed, oz water Spike, pund with water and  
 vintget, applyed.

For

To stop the Laske.

¶ Take an Egge, and Aqua composita, boyle it with the Egge till it be drye, then eate it with Symiamom and Sugar.

¶ Boyle Starch in milke and Sugar to pap, and give it the patient.

For a sore Thynne.

¶ Take Diamond, Bugle, Plantain and Betony, Waime it well, and meddle it with Beane meale, hony and oyle, boyle it well, and vie it till it be whole.

For

## For the Litargy or sleeping sicknesse.

**R**ose iuice with viniger giuen to smell vnto.  
 Pencedanum roote giuen to smell vnto.  
 Euphorbium mingled with oyle, Craked and layd to  
 the Temples.  
 Henny made in plaister with Figs, layd to the head.

## For the Lazer and Lepry.

**C**alamint boyled in wine and drunke, and the same eaten,  
 and to drinke whay of sweet milke after it.  
 Lithemall root boyled in viniger, applyed.  
 Bziony fruit applyed.  
 Vitis albe, or Clematis leaues layd vpon.  
 Turay meale with sulphor and viniger, applyed.  
 Henny mingled with viniger, applyed.  
 Garlick pound with oyle and salt, layd to.  
 Figges milky iuice with Barly meale parched, applyed.  
 Glyce tre leaues pound with viniger, layd to.

For

## For Lazer and Lepry.

- 1 A Catia being grūod with viniger, abateth pusses of h lepry.
- 2 Ashes of the bark of Ash mixed with water, and anoynt the Lepry.
- 3 Playsters made with Barley meale applyed, profiteth the scurse and Lepry.
- 4 Waxony fruit good against itch, lepry, and naughty scab.
- 5 To preserve thee from lepry, chew Calamint fasting, and hold it in thy mouth, and it profiteth.
- 6 Let Lazers and Lepers eate of Calamint, and drinke it in whey of sweet milke.
- 7 Stamp Helondine with viniger, and apply it.
- 8 Mixe thre parts of the iuce with two parts of viniger, and anoynt the scurse.
- 9 Darnell with Waxstone and viniger applyed, cureth.
- 10 Black Elleboze stamped with viniger, applyed.
- 11 White Elleboze boyled in wine, with Louage & Fennell, and wash the grieke.
- 12 Boyls Cloer leanes in strong wine, and bathe.
- 13 Elme greene leanes stamped with viniger, anoynted, helpeth greatly.
- 14 Figs milky iuce anoynted, cureth, and the same applyed with the yolke of an Egge, helpeth.
- 15 Veronica, or fluellen stamped and applyed, profiteth.
- 16 Mixe ashes of Garlick with hony and May butter, and anoynt: or anoynt with the iuce therof, or stamp it with oyle and salt, and apply it.

## Lippe salue.

¶ Take Rosemary flowers, Gallet oyle, Rose water, wintzought waxe, brusse the buds, and boyle them all together, but very little, for feare of burning black, and vse it.

For lice and nits in the body and apparrell.

**G**olden Stechas boyled in lye, and the hayze washed.  
Gumme of Iuy killeth them.

Waxes bristh, wash the head with it.

Wille Passerag boyled in lye, and wash the head.

Garlick decoct with Dyrigan and wine drunke, killeth them.

Stecas, alias Philago, boyled in wyne and washed.

To driue them from the head and body.

**O**krigan decoct in wine, drunke.

Stanslagre mingled with oyle, and anoynted.

Tamarisk with the buds and tendzels decoct, and wash them.

Ceder decoct, the liquoz anoynted.

To strengthen the Liver.

A Grimony decoct in wine,	}	}
White Horehound iuice,		
Pentaphilon iuice,	}	} drunke.
Seahull made in powder,		
Woodzoue put in wine,	}	
Dzack fruite put in wine,		
Roses iuice, oz decoction,	}	
Phisick Puts eaten.		



For lice and nits in the body and apparrell,

¶ Take thy Shirt ouer Dutch siluer burnt byon coales.

¶ Strew Poslemynts in your chamber.

¶ Take iuice of Rue, and anoynt your body with it.

¶ Take Cozlk, boyle it in water, and spzinkle the house with it.

To drine away lice.

¶ Take Dutch siluer, j. ounce, Barifrage, txx ounces, Barrowes greace six ounces, meddle them together, & anoynt therewith the armeholes, and the Pauell, the bredth of a penny, and they shall goe away: or anoynt thee with iuice of Rue,

For scabs and lice.

¶ Take Dutch siluer, and lay it with fasting spittle, i. ounce, meddle them with the white of an Eggs, and do it on a woollen clout, and gird it about thy naked middle, shaped like a girble, and then couer it with a linnen cloth, and gird it as aforesaid, and weare it ix. dayes, and it shall fly all.

For the consumption of the Liuer.

¶ Take a pottle of Wort, not strong, Maydenhaire one handfull, Liuer wort one handfull, Harts tong ix. leaues, parcelly roots one handfull, fennell roots halfe a handfull, the pith of both roots taken out: bywise the roots a little, wash them & boyle them to halfe, or thre pynts: immediately after the first boyling put to it Saunders one ounce, and when it is almost sod, put in a quantity of Canell bruised: then strayne it through an Apras bag softly, and let the patient drinke thereof euery morning five or six spoonesfulls, one houre before repast, and as much at night before rest.

## For inflammation of the Liuer.

Romaine Wormewood,

Bastard Carimony

Hepatica

Scordium,

Small Daylies

Violets

Liuerwort

} decoct in white and yunke.

Pelymozell green leanes pund &amp; layd so out wardly,

Whorts black kelwed, — Whortell berries,

Weseberries greene with meats,

Licoris roote,

Pomegranat iuice,

} eaten.

## For stopping of the Liuer.

Camepitis steeped in wyne.

Chelubny roote decoct with Annis seeds in white wyne.

Flowers of Saffron with homed water.

Pimpernell decoct in wyne,

Carimony decoct,

Hempseed stamped in wyne,

Miris, — Tode Flaxe decoct,

Cozmentill leanes and roots decoct,

Planten root &amp; seed decoct in white wyne,

Bugle, } decoct in wyne,

Quens,

Sarsilens consound decoct in water,

Dage decoct in water,

White Horehound decoct in water,

Stecadosa flowers decoct,

Fennell, herbe, seed and roote decoct,

Betony decoct,

Centauri maius the roote decoct,

Kubarbe infused by discretion,

Stony roote dyed,

Clebozyne decoct in wyne,

Howbyed roe dyed, taken with wyne and Pelymozell.

} yunke.

A playster to coole the Liuer.

¶ Take a piece of scarlet, cut it like a liuer, the false of May-  
rell, as much vinegar, and a little Rosewater, the powder  
of Saunders: boyle all together, and lay it hots to the place of  
the liuer.

For to restore the Liuer.

¶ Take a quantity of wild Tansy, stampe it, and drinke it  
with wyne or ale, ix, dayes or more.

¶ 3

For

Rams little Dodecon

For stopping of the Liuer.

Sceny leanes prepared, decoct, —————  
 Dulcamara decoct,

Poppes,

Capillus Veneris,

Linerwort,

Horned Wapp rote decoct in water to halfe,

Lapines with Rus and Pepper in wine,

Succory iulce,

Carot rootes in powder with horned water,

Parcely decoct,

Whopherus Peasle decoct in wine,

Asperagus by it selfe, or with chiche peasle,  
 decoct,

Jules of red Holes,

Bzanne leanes, crops and bzanches decoct,

Agnus Castus seedes,

Peach tree leanes decoct,

Spulbery tree rote barke decoct,

Wilde Ash leanes decoct,

Fruit of Juniper decoct in Wyne or Hy,  
 or omell, —————

Cetrach taken with vinegar forty dayes, —

Chiches Beetes

Sampere in Salade

Parcely Dried Maynus

Cayres in Salade

Bitter Almonds

Putmegs

Wyne tree fruite

Agarick

Rozen of Turpentine tree —————

For payne of the loynes.

B Aglos rote boyled in wyne, drunke.

To increase loue.

Wilde Carot roots taken any wayes.

drunke.

eateth.

For

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For to increase loue.

**E**ate the roots of Carets.

℞ 4

A water

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## Rams little Dozeon.

For inflammation of the Lungs.

Ethiops roote decoct or confect, &amp; often licked in wltch hony,

Syrop of Violets eaten.

Pulmonaria made in powder, and drunke, — Des-molle.

Bitter Almonds eaten.

For to cleanse the Lungs.

Pauces herbe and flowers decoct, drunke.

Wortus, — Oke of Jerusalem boyled in wine, drunke.

Ris roses new gathered, with Sugar or Hony,

Penny royall with hony

Dilgan with hony licked in,

Sarcacoll one dram taken,

Licoris roote

} eaten.

For roughnesse of the Lungs.

Figges eaten.

Zutubes in Electuary or Syrop, eaten.

Gumme of the wild Cherry tree in wine, drunke.

For drynesse and harme of the Lungs.

Veronica water with wine distild, and often drawn, untill  
it be red of colour, drunke,

Munularia

Sinkfoyle tender roote iulce,

Tozmentill roote

Scabies herbe or roote,

Black Holyn with his pleasant flowers,

Sanicle leaues &amp; root decoct in water &amp; hony,

Camphyr rootes,

Rue

Stecados

Ethiops roote confect with hony, often licked,

Garden Parcenep rootes

Raspins dyed,

Licoris rootes

Beche kernels

Bitter Almonds

Figges

Sebestenes

Fistick Puffs

Wync Nut kernels

Turpentine in Electuary with hony, taken.

} decoct in wine  
and drunke.

} eaten.

For

A water to cleanse the lungs and stomake.

¶ Take new Ale out of the fat, one gallon, a good quantity of Licoris cleane scraped and shaved, as much Annis seeds, as much Fennell seeds, as much Coriander seeds dried, Cento-ry one handfull: lay them in to steape xxliij. hours in the Ale, Still it and drinke of it, foure spoonfulls every morning fasting.

A marueylous and precious water.

¶ Take Galingale, Cloues, Quibites, Ginger, Helilot, Cardamomum, Pace. Nutmegs, of eche one dram, the iuice of Celidony halfe a pynt: mixe all these made in powder with the iuice, and a pynt of good Aqua vitæ, & thre pynts of good white wyne: put all together in a Stillitory of glasse, and let it stand all night, and in the morning Still it with an easy fire as can be.

It is of a secret vertue.

It dissolueth the swelling of the lungs, without greiuanace.

If the lungs be wounded or perished, it mightily comforteth them, and sufficeth not the blood to putrefy. He that useth this water shall not need to be let blood.

It suffreth not the heart to be burnt, nor melancholy, nor flegme to be lifted up, or to haue dominion above nature.

It expelleth the Rheume, profiteth the stomake, and conserueth a good colour, and youth in his estate: it also conserueth the visage and memozy.

It destroyeth the Palsey of the young and yemmes.

If one spoonfull be giuen to one labouring at the poynnt of death, it reuiueth.

Of all waters artificiall, it is the best.

In the Summer use one spoonfull once a weeke fasting, and in the Winter two spoonfulls.

For

For to take away marks, comming by stripes or  
beating.

**I** Hop decoct and washed.

**M**argerom dyled, mingled with hony,

**O**ziganum mingled with hony and oyle,

**C**alamynt boyled in wyne cken washed,

**R**oe roote in powder mingled with hony,

**F**ennell roots pund with hony,

**A**meos pund with hony,

**L**acerpillum roote pund with hony,

**A**loes Cicatrine with hony,

**L**upia, the barke of the roote with **F**rankinc

cence and ware,

**W**hite **B**lony roote with wine pund,

**V**itis **S**iluestris frutt,

**D**ulcamara decoct,

**C**olewort leaues with parched **W**arlp pund,

**C**enuy mingled with hony and new greace,

**R**ochel seed pund with hony,

**G**arlick pund,

**W**ater **P**epper leaues and seed pund,

**O**yle of **B**ay anoynted.

**O**yle of **P**uts anoynted.

For to take away marks with hote irons.

**L** Inerwort pund and layd to.

For to take away marks of small

Poxe.

**S** Wbzed roote stamped and layd to.

For to mundify the Matrix.

**L** Acerpitiem leaues boyled in wyne,

**A**krelochia longa with **P**epper and **S**yrb,

**P**iony rootes dyled, as much as a **B**eane, with

homed water,

**L**awzell of **A**lexandria decoct in wine,

hyanke.



For the Marmoll, or Malum mortuum.

**¶** It is an infirmity about the shynnes and armes, which is called Malum mortuum: they be old wan sores, little matter growing therein.

Other while it cometh of melancholy, mixed with Salceplen: if it come of melancholy, it is sene by black pustels without itching. If salceplen be mixed therewith, the place waxeth wan with itchy and biting.

If it be cleane melancholy, let the matter bee digested with Ormel, Squilliticum, and Sirupus de Fumitorij, of eche a like.

If salceplen be mixed therewith, let the matter bee digested with 2. parts of Ormell, & the 3. part of Crisaccary, and the 4. part of Syrop of Fumitory: & let it be purged with 2. parts of Iera ligridion, and the 3. part of Iera Ruffini, and the 4. part of Catarticum Imperiale, and let it be tempered with Warly water, and giue it in the morning.

The next day after be there made a Stuphe, of Calament, Origanum, Rue, Minte, Hozehonno, Bay leaves, and all kind of March Cresses, Scabias, Fumitory, Specula foetida.

And going out of the Stuphe, giue the patient Triacle, with iuice of Fumitory hose to drinke it, if it be cleane melancholy.

And if it bee of flegme meddled, put thereto a good part of Rubea Troiscata.

If it be an vnuersall Malum mortuum, let him blow of the bayne Hepatike.

And if it be about the shynnes, thighs, or armes, let him blow on the beyne Sephone, within and without a little, and other whiles bee there put to Mentates, vpon the raynes. And if he be too colde, and that hee be, purge him befoze inunction with Carricum Imperiale, or with a Glyster is moze conuenient.

Remember, that at what time the cure is to be done, the patient must bee kept from colde, as a woman lying in child-bed, Winter and Summer, with fire in the chamber.

For to close vp the Matrix.

**S**age eaten.

Lentisk leaues and barke, boyled and dzunke.

For windynesse of the Matrix.

**C**ornie receyued at the place conuentent, by glyster, pessary, or playster.

Agnus Castus seeds dzunke.

For blasting and windynesse of the matrix,  
or mother.

**G**eramum Tuberosum, the roote taken in wine,

Pulegium decoct, and sit ouer the same of it.

Peplos, the herbe and soode kept in byrne and eaten.

For the payne of the matrix or mother.

**A**phillis mingled with milke and oyle of Roses, layd to the belly outwardly.

Fenugreek boyled, and to sit ouer the same and bathe it.

Peruinkle with oyle of Roses and milke, a pessary.

Comza decoct, and sit ouer the same on a close stole.

Lynseed boyled and glystered.

Warten leaues pund with Swines greace, or oyle of Roses, layd to.

Betony leaues dryed, and dzunke with home water.

Rubarb taken by discretion.

Bizon yrote decoct, and sit ouer and bathe it.

Oyle of Balsamum applyed.

Henbane greene iuice with Colliries conuentent, applyed.

Dryed Roses boyled in wine, anoynted and layd to.

Nutmegs taken in wyne.

For wind passing by the Matrix.

¶ Take Rue, Pennyroyall, Camomill, of eche a handfull, chop them as great as worts, bruisse Fennel seeds, Annis seeds, Comyn seeds, & mixe them: then fry them with vinegar, and make bags, and put the same in them, and lay to her side, as hote as may be suffred; when one is cold, lay to another.

Or take flowers of Camomill, Millet, Mugwort, Flop, Sage, Fenicell, Baywads, Bay leaves, & Horehound, of eche halfe a handfull, Annis seeds, Fennel, and Caraway seeds, Bay berries, & Comyn seeds, of eche an ounce: bruisse the herbe and put all together, boyle them all in a sufficient quantity of running water, and halfe as much white wyne: Strayne the herbs, and put them in a bagge, and apply them to the payned place: or else wet a sponge in the liquor, and warme lay it to the grieffe.

For a woman laboring with child, and that wanteth her throwes at her deliuerance.

¶ Take Sinnamon, Saffron, & the barks of Cassia fistula, of eche a like much, make it in powder, and giue her foure penny wayght thereof to drinke in white wyne or Ralmeley, blood warme b. or vi. spoonefuls.

De

For to resettle the matrix in the naturall place,  
being moued.

Cenios seede with wyne, —  
Pannax seede with wine, — } ozunke.  
Double young leaues decoct, —  
Acacia with red wyne,  
Quinss decoct and bathe there with.  
Oke apples decoct, and sit ouer it.  
Hartick taken in.

For suffocation and strangling of the matrix.

Butter Bur in powder with wine, —  
Pannax seeds with Royme wood, — } ozunke.  
Piony seeds rb. oz rbi. in wine oz meade —  
Black Bizony decoct in wine, —  
Cotula foetida boyled, and wash her seete.  
Dill decoct, and sit ouer the fume thereof.  
Pencedanum iulce — Assafetida — } smelt to.  
Gumme Sagapenum —  
Caleanum perfume taken in place convenient.  
Mustard seede smuffed into the nose.  
Wild Carot seeds in wine, ozunke.

For stopping, or hardness of the matrix.

Fenerfew boyled in wine, layd to the pauerell.  
White Lilly roots rosted oz pūd with oyle of Roses, applied.  
White Hozehound decoct in wine, — } ozunke.  
Astrolochia longa with Pepper & Syrb, —  
Small Centoie, —  
Cypus rootes boyled and bathed warme.  
Wall-wozt leaues, buds and roots decoct, & the perfume taken.  
Zuy leaues boyled in vinegar, applied.  
Fennigreek decoct in bath, sit ouer it.  
Tozmentill leaues and flowers, decoct in wine, ozunke.  
Poly rote by pessary applied.  
Leekes decoct, and bathe with it.  
Labanum by pessary applied.  
Agnus Cactus decoct, and sit ouer in bath.  
Leks decoct in sea water, and bathe with it.

De virga virili swollen.

¶ Take Gallowes and Violets, boyle them in condall water, and wash the grieſe.

For ſcalding virge.

¶ Boyle Gallowes in water, beat them in a mortar, ſry them with oyle or May butter: then take a red Cole leafe, and lay it thereon, and wrap the ſoye therein, and make a hole of the leafe ad iungendum, & ſanabitur gratia Dei.

For the yard blorized.

¶ Dry Barch leaues on a tyle, and make powder thereof, which powder will heale the Blaynes, and conſumeth the Quiter: but the powder ſhould not bee ſrowed fo, the Quiter.

For

For hote hard Impostumes of the Matrix,  
or Mother.

Wallflowers dyed and decoct in water, drunk: and the grief  
stoued, bathed in it.

Asclepias leaues pound and layd to.

Oyle of Balsamum conueyed in by Instrument.

Pelliot boyled in sweet wyne, or with the yecik of an Egge ro-  
sted, or meale of Fennigrahe, or of Rysade, or with fine  
flower of meale, or with Cicory layd to.

Porcelane twice put in by discretion.

Wallw leaues decoct and bathe it.

Barly Malloves pound with Swines greace, or gose greace,  
or Turpentine applyed by pessary.

Agnus Castus boyled and fumigated by sitting ouer it.

Pitch liquisd layd to with Barly meale.

For rising of the Matrix.

Sinking Motherwort to smell of it, or to lay of it to the  
Pauell.

For to helpe Melancholy.

Drage leaues and flowers put in wine, ————— }  
Time in powder 3. dzams with hened water, } drunk.  
Balme in wyne, ————— }  
Lozmentill roste and leaues in powder, knodden with the  
white of an Egge, eaten.  
Wazell taken in wine, and often smelled to.

For member taken dead or benum'd.

Agnus Castus mingled with oyle and cyntments, made to  
heate, molify and heale.

For a woman whose child is fallen too lowe,  
to rayse it,

¶ Dkyns a red Cow till she dung, then take that dung, and  
hony, and boyle them together, and lay it very hote to the  
upper side of her Pauell, till she be well.

Against melancholy, an electuary.

¶ TAKE Bozage flowers, and Buglos flowers alike by dis-  
cretion, not exceeding halfe a pound; Steepe them in as  
much Claret wine as will moyse them: then beate them in a  
marble mortar very small, put to it like waight of Sugar  
finely beaten, incorporate all together: put it in a gally pot, and  
reserve it to use, the quantity of a Chestnut at any time when  
the melancholy passeth troubleth you. It is good against drought,  
heavynesse of the heart, body or minde, taken in like quantity.

G. K.

To purge melancholy.

¶ TAKE Senny cleane picked, one dram, Epithimy, Stras-  
bolinde, Hermodacili albi, of eche halfe a dram: make all  
into fine powder, and adde to it powder of Ginger and Sanna-  
mom, of eche halfe a dram, make all into powder: then take a  
fayre apple, cut off the cap, take out the core, then put it all into  
the apple: then set a tyle upon hote ymbers, and roll the apple,  
turning it that it may be thoroughly rosted: when it is rosted,  
pare off the rinde, and put the apple in white wine, and breake  
it in pieces, and take it early in the morning.

D. K.

Q

For

For to mollify stiffe and hard members.

**A** Gaus Castus with oyle and oymntes made to heale,  
mollify and heale.

Oyle of ripe Olives compound with good herbes.

For shrinking of any member.

**G**reat Centoꝝ rote, two vjams with wyne, dzunke.

For to warme all partes of cold members.

**A** Gaus Castus with oyle and oymnts, made to heale, mola-  
lisy, and heale.

For swolne members.

**P**lanten leanes pund and layd to.

For dislocation of members out of ioynt.

**T**rienelele leanes pund,

Iris roots

Pariciles rotes

Acanthus græne,

Ashes of the Wyne dissolved in oyle of Roses  
and blisger,

} layd to.

**S**calla leanes and crops brood, and bathe with it.

For to strengthen and comfort memory.

**E**ye-bright dyed in powder, thre parts, and one part of Pa-  
ces, a spoonfull dzunke at moꝝning with wyne.

**R**illy Conually distilled water, dzunke.

**R**osemary flowers conserued with Sugar, eaten daily fasting.

**S**tecades leanes and flowers often smelled vnto.

**C**ardus benedictus in meat or dzunke.



2

For to make a man to be merry.

**B**orage leaues and flowers put in wyne, dzunke.  
 Maruon Raped in water, spynked about the house, where  
 banqueting and company is.  
 Mynts scelled vnto, and crowed about the house.

For Meazels.

**V**eronica decoct and dzunke.  
 Saffron mingled with womans milke, layd to the eyes,  
 Figges eaten.

To cause plenty of milke in womens brests.

**B**uglos in wyne decoct and dzunke.  
 Milk-wort, or sea-Trifoly taken in meat or dzunk.  
 Fennell leaues eaten, or the seeds dzunke.  
 Dill crops decoct & dzunk, and the seed decoct & dzunke.  
 Piggella seede decoct in wyne.  
 Ciches eaten.  
 Sonchus iuice dzunke.  
 Lettice eaten in Salade.  
 Purcelane roote eaten, ———— Valerians,  
 Malloiw seede dzunke in wyne.  
 Reddith eaten.

To dry milke in womens brests.

**H**empseede applyed.  
 Rue eaten.

For cloddered milke in brests.

**L**entils boyled in salt sea-water, applyed.

To cause Kyne to yeeld plenty of milke.

**F**odder them with Sparry, — Spargula, or Poligula.

*[Faint, illegible text within a rectangular border]*

For to open the Mylt or Splene.  
 White Hozebound decoct in water and drunke.

For swelling and inflammation of the Mylt.  
 PEnsedannus sap of h̄ root eaten alone, or with bitter Almonds.  
 Delymozell pund and applyed to the grieſe outwardly.  
 Garden Spadder ſeeds with Oximell taken.  
 Wine aſhes diſſolued in vinegar and oyle, layd to.

For ſtopping of the Mylt or Splene.

It is rootes decoct and eaten.

Lonchitis drunke, or layd vpon with vinegar.  
 Lupines with Rue and Pepper boyled, drunke.  
 Worme leanes, braunches, and crops, decoct in wine or water,  
 drunke.

Tamarisk boyled in wyne, drunke.

Capres rote barke with Oximell, or applyed outwardly with  
 oyles and oymments conuenient.

Bay rote barke decoct in wine, drunke.

To diminifh the Mylt,

Cheſes ſeeds eaten or drunke.

For hardneſſe of the Mylt.

<p>           T Omentill with vinegar,            Scario, — Eode flare,            Scordion in ale or wyne,            Leucron decoct in wyne,            White water-Lilly root decoct in white wine,            Stecadas alone, or with the flower decoct,            Guyleaves boyled in wyne,            Doder decoct in wine or water,            Mile ſearne rote decoct in wyne,            Oke ferne decoct, the roots,            Harts foung decoct,            Lonchitis, — Splenewort decoct,            Cetrach leanes, — Aſplenum decoct,            Capillus Veneris decoct in wine,         </p>	} drunke.
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For stopping of the Myle and Splene.

¶ Give the Patient powder of Cowle, with iuice of Worm  
wood.

¶ The wyne that the seeds of Cockle is sodden in, and ease  
the powder with all meats.

¶ Drink the wine that seeds of Hony suckles of the hedge is  
sodden in: It maketh good digestion: It waith winder: It  
openeth the stopping of the Splene, the Reynes and bladder.

¶ 4

For

For hardnesse of the Mylea

**G**arden Spadder roote decoct in wyne, ——— }  
 Caret roots in powder with homed water, } ozunks.  
 Camerisk decoct in wyne, }  
 Culbery roote barke decoct, }  
 Ash tree leaves and barke decoct, }  
 Maple rotes with wyne pund, ——— }  
 Pettle leaves mingled with oyle and wax, layd so.  
 Stinking Gladum halfe a dram taken in.  
 Penny royall mingled with vinegar and hony.

Opopanax ——— }  
 Sagapenum                      Galbanum }  
 Amomacum in small quantity } eaten, oz taken in.  
 Nutmegs                      Pine nut kernels }  
 Rozen of Lark with vinegar, }  
 Rozen of Turpentine, ——— }  
 Shyres Sozrell pund with vinegar, — } layd so.  
 Radish roote pund with vinegar, }  
 Cresses seeds pund with vinegar, — }

For old griefs and vlcers of the mouth.

**H**ands teng boyled with y root in water oz wine, }  
 Bistort leaves decoct,                      Herbe Robert decoct, }  
 Sinkesoyl decoct in water to the third part, }  
 Tormentill roots and leaves decoct, }  
 Strawberry plants,                      Wild Tansey, }  
 Planten leaves,                      Faces, }  
 Maruen leaves and rots, }  
 Euple leaves, — Prunell, } wash the }  
 Ganicle with hony, } griefe.  
 Wall flowers with hony, }  
 Well flower in water,                      Camomill decoct, }  
 Testiculus odoratus with hony, }  
 Helop with Fluges, }  
 Great Valerian leaves and rots, }  
 Aloes and wine applyed, ——— }  
 Sozrell de Boys decoct, ——— } bathe.  
 Saligot leanes decoct, }  
 Spalage lute, ——— }

For

For a sore mouth.

¶ Take white wyne a quart, Licoris a quarter of a pound, Annis seeds a quarter of a pound, Pace, a quarter of an ounce: beat all together, and put it to the wyne, and two spoonfuls of English hony, two ounces of white Stone Sugar, one ounce of Roche Allome, a quantite of Honyluckles, as much Endive, as much Parrot, as much Bugles, as much Buccory: distill them, and use that water.

Ad idem, an excellent remedy.

¶ Take Honyluckles, red Sage, red Rose Campions leaves, Filberd leaves, Rosemary leaves, of eche a handfull, two spoonfuls of English hony, a good quantity of Roche Allome, boyle it in running water, and wash the soze mouth.

For

For olde vlcers or griefes of the mouth.

Bramble young tendzels decoct and wash, — }  
 Scasia decoct, }  
 Prinet leaues decoct, } and bathe.  
 Figges decoct, }  
 Walnut shelles, or greene barke decoct, }  
 Olive tree leaues decoct, }  
 The apples decoct, }

For stinking of the mouth.

Herbe Robert decoct, }  
 Strawberry plants } decoct, and wash or bathe.  
 Confeand }  
 Bauer grasse — }

For vlcers in childrens mouthes.

Leaues of Lycium tree decoct in water, and bathe.

To increase nature.

M<sup>D</sup> tree fruits eaten.  
 Ash tree keges eaten.

For going out of the Nauell.

Perfoliatam yuno with crease and wyne, }  
 Flebane lorde yuno with viniger, } applied.  
 Penecebanam iulce or pulpe, — }

For young childrens Nauels.

Galega fryed in oyle of Lynceede, layd to,



For olde vlcers of the mouth.

¶ Take a quart of white wine, fill it with a quarter of Licorice, a quarter of Anniseeds, halfe a quarter of an ounce of great Mace: beat all together, and put it in the wyne, with two spoonfulls of English hony, two ounces of white Stone Sugar, one ounce of Rochs Allow, a quantity of Hony suckles, as much Cinib, as much Parrot, as much Buglos, as much Succozy, distill all together, and use the water.

To increase Nature.

¶ Make powder of Anniseeds, Fenel, Galingale, Spike-nard, Camarisk, Nutmegs, Cardamom, mixe it with wheate flower, water, and red wyne: make cakes thereof, and ease them daily for wasting of nature, nature lost, and Gomera palsy.

For the Nauell going out.

- 1 Wash it with wyne boyled with blessed Thistle.
- 2 Use powder of burnt faire linnen, and of bitter Lupines, and lay it to the nauell.
- 3 Flowert with viniger applyed.
- 4 Stampaine Johnes wort, and lay it to.
- 5 The whole way stamped with meale and wyne helpeth, and the whole herbe, leaues and seeds applyed, profiteth. The powder thereof helpeth the Hermeries.
- 6 Boyle Spike Celike in oyle of Almonds, and a little Turpentine: dip wooll in it, and apply it to the Nauell, swollen after the cutting of it.

To.

For ange nayles.

White Bryony pund with wyne, applyed.

For corrupt nayles.

Small Cellibony pund,  
 Lynsade with Cresses and hony pund,  
 Sinketoyle roote boyled in vinegar,  
 Iris rotes decoct with hony,  
 Crow lute leaues and rotes pund,  
 Dry Myrtle leaues with convenient cyntments of  
 saltes,

} applyed.

For the Kings Euill.

Lynsade decoct in water, applyed.  
 Bell flower decoct in water.  
 White Horspound leaues tempered with hony.  
 Barly meale mingled with Rai, waxe, oyle, and the  
 urin of a child, applyed.  
 Benpleses with wine and salt pund, applyed.

To procure sneezing,

Bell with vinegar brulled, put in the nose.

For to cause the nose to bleede.

Nettle leaues pund and put into the nose.  
 Zalmyn oyle put in the nose.

For to stauch nose-bleeding.

Peruinele brulled,  
 Peilow Limachus  
 Knotgrasse brulled,  
 Gholle decoct in water,  
 Gallcon flowers pund,  
 Lake brades brulled,

} put in the  
nose.

3. leaues pund with salt layd to the nose and forehead.  
 2. leaues pund, and layd to the nose outwardly.

For

To pronoke neezing.

¶ Take Nigella Romana, Labdanum, Storax, Putinegs, of  
eche sixpenny waight in fine powder, the roote of neezing  
powder, the waight of all the rest: mixe all together, and take  
as much thereof as a plumes head at a time.

G. K.

For

For to take away stench or smell of the nose.  
**H**er grass, and the roote boyled in water to the third part  
 consumed, and after boyled agayne with hony till it bee  
 thick, especially with a little Aloes put in the nose.

To heale superfluous flesh in the nose, called  
 Polipus.  
**P**olyppy powder often put in the nose.  
 Cyprus truite put in the nose.

To open the conduits of the nose;  
**J**uice of Pimpernell snuffed into the nose.

For members taken with Palsey.  
**L**avender flowers alone, or with Syriamom, Anis-  
 meys and Cloves taken.  
 Lavender water distilled, and wash the member.

For the Palsey.  
**P**ensedanum sap with oyle of Roses and vniuger,  
 taken.  
 Oppopanax two drams.  
 Sagapenum one dram.  
 Euphorbium prepared.  
 Cyprus roote deced and drunke.

For

## For the Palsey.

¶ Take a good quantity of Sage, put it in a coffin of paste, bake it in an oven: and when it is well baked, take the Sage forth, put it in a pot of Ale, and stop it close, and let the Ale drinke thereof, and of none other drinke.

## Another for the Palsey.

¶ Take Pepper one ounce, Ginger halfe an ounce, Cardamomum, long Pepper, Sinnamon, and Betwall, of each s. dram: Spikenard, Mace, & Saffron, of each half a dram, make it in powder, and drinke it with good Ioceras, or Malmsley: and when you go to bed, wash your hands with warme water.

## Ad idem, when the speech is lost.

¶ Take Quens, one handfull, leaves and roots, wash them, and boyle them in a quart of white wine to a pynt: Strain it, and drinke it three mornings.

If it be too bitter, put Sugar to it, and it will restore speech.

*Rams little Dodecor.*

For to stay perbraking and vomiting

**B**zfozt boyled in water oz wine, oz powder of it, dzunkt.  
**F**omentill rote in powder knead with the white of an  
 egge, eaten.

**R**unning **T**yme iulce, halfe an ounce with viniger, }  
**F**ennell herbe oz seede with water, } dzunkt  
**B**ernassus grasse decoct, }

**N**utmegs, —————

**B**etery with clarified hony after supper, —————

**L**upines long soaked in water, —————

**W**hacks **R**hoshels, —————

**R**ohob made of Rhytes and Sugar, —————

**D**ry Dates, —————

**C**ypus frutte boyled in oyle, —————

**P**assick taken in, —————

For perbraking and wambling of the stomake  
 of women with child,

**V**ine young tendzels iulce taken.

For to asswage all paynes.

**B**alsamum leues decoct in wyne, dzunkt.

**H**enbane seede put in playsters, layd to.

**H**enbane leues alone, oz with **W**arly meale pund, layd to,  
 mingled with other playsters.

For to dissolue pestilent Carbuncles.

**I**eparatozin, rote by it selfe, oz with the leues, pund and  
 applyed.

**A**ppopauar layd to.

**L**acerytum with **R**ue water, and hony, applyed.

**L**upines, the meale with viniger, oz boyled in viniger, applyed.

**C**ardus benedictus greene herbe, pund and layd to.

For Flegmes and hote Carbuncles.

**V**iolets pund with **W**arly meale, applyed.

For the Tisick, or consumption.

**B**etony decoct and dzunkt.

For

*Incidentia*

¶

For

Rams little Dodeon.

For to cause one to pisse well.

Saxifrage roote in wine decoct and drunke.

Bitter Almonds taken with Muscadell oz Bassard;

For the hote pisse.

A Rhills halfe a dram, Comya leaues decoct, } drunke.

Annis seedes decoct in wine,

Cecelios seedes decoct in wyne,

Tetrach leaues taken with viniger, eaten.

Sebellenes taken in meate.

For such as cannot pisse, but by drops.

Tansoy seedes with wyne,

Ohris, — Rode flaxe decoct,

Saffron roote in wyne decoct,

Margerom in white wine decoct,

Garden Rue leaues in water decoct,

Wineholme in wine decoct,

Putmegs parched,

} drunke.

A Preseruatiue for the Plague or Pestilence.

Angelica roote holden in the mouth.

Pyrrhis boyled in wyne, drunke.

Dzenges saice eaten oz drunke.

Juniper berries burned and perfumed.

Against the Plague and pestilent Feuers.

Bitter Bur in powder with wine,

Cozmentill roote and leaues in wine,

Wentils bit in wyne,

Saxifrage roote dried, with wyne oz viniger,

Angelica holden in the mouth in the morning.

Cloue Gyllofers conserued,

Marpgolds conserued,

Monophilon halfe a dram

Rue leaues alone, oz with Wallnuts and Figges,

Wallerwort with wine,

Crossewort Gentian in wine decoct,

Setwall roote in wine decoct,

Angelica roote holden in the mouth at morning.

Caroline roote in wine decoct, drunke.

Dzenges taken any wayes.

} drunke.

} eaten.

} drunke.

For



For him that pisseth bloud.

¶ Take Ambrose and Sanguinary of eche a handfull, and as much Parcely seeds: stamp them, and meddle them with Goats milke and drinke.

¶ Take Ambrose, Sarfrage, and Purcelane: stamp them, and drinke the iuice with Cow milke.

For him that cannot well pisse.

¶ Take Rue, Cromel and Parcely, stamp them, and meddle the iuice with white wine, and drinke it warme.

For him that cannot hold his water.

¶ Take the claws of a Goat, and burne them to powder, and let the pattsat vse of it in pottage, a spoonfull at once, and he shall be cured. The claws must be burnt in a new earthen pot.

A perfume to auoyd the infection of the Plague,  
Poxe, or Meazels.

¶ Take saint Johns Wort dyed, the Hauing of Juniper wood, Myrtle leaues, of eche a like much, Olibanum, Turpentine of Venice, a like much in waight. bruisse pour Olibanū, incorporate all into balles as big as a Chestnut, and at night lay one vpon hote coales in a chalingdish, and let it smooke: if the fire go out, renew it.

¶ Water of the vpper husks of Walnuts distilled in September, being drunke, is a rare remedy against the Plague.

Against Poyson, and the Pestilence.

¶ Take two dry Walnuts, two dry Figs, twenty leaues of Rue, and a graine of salt: eate thereof fasting, & nothing venemous shall hurt thee that day.

For the Pestilence.

¶ Wash a Lilly root cleane, and boyle it in white wine, till it be halfe wasted, and giue it the sick to drinke. Hee shall break out full of bladders, as if he were burnt or scalded, which will dry, & sanaberis.

For the French Poxe.

Bitter Burre in powder with wine taken.

Fumitory iuce.

Caleopses leaues pind and layd to.

Planten stamped and layd to.

Linerwort pind with yowr, applied.

For weaknes comming of the French Poxe.

Elyphozblum prepared, and taken by discretion.

For the small Poxe.

Veronica decet and drinke.

Saffron with womans milke mingled, and layd to  
the eyes.

Figges eaten.

Figges milky iuce layd to.

For

For them that haue the small Poxe.

**K**eepe them warme in all parts but the necke and head, and there let them haue ayre enough. and when they begin to come forth, get of Doctor Ludfords water, and keepe it continually dropping in their eyes: which water will keepe them out of their eyes: then take Beefe, and powder it with dry Salt, two dayes and two nights: then boyle a peece of that Beefe well scummed; take the fat of that broth, and a quantity of running water, and beat both together, till it come to an oyle, and so soone as the Poxe come forth, anoynt the face therewith continually with a feather, day and night: and when the Poxe are thoroughly ripe, let them out with a gold needle: when they begin to dry, let them not hang too long, but put them off softly, else the scabs will make prints, which shall be seene.

## Rams little Dodecon.

For poyson of Serpents or Vipers.

Small Bogles in meat or drinke, or to be carried about a man  
or woman.

Bingusfoyle roote iulce in wyne decoct, —  
Tozmentill root and leaues in wyne decoct, } drinke.  
Betony dyled leaues in wyne decoct,  
Paunces seed and flower with oyle applyed.

For to cure poyson.

Small Rone crop iulce with biniger taken.

Monophilon roots halfe a dram in wine or biniger, or both  
together taken. Poly in wyne or water.

Bargerom compounded with smelling oymments, applyed.  
Rue leaues eaten alone, or with Walnuts and Figs.

Ditant iulce with wyne.

Daucus roote decoct in wine,

Saxifrage roote and seede in wine & biniger decoct,

Betony dyled leaues in wyne,

Angelica rootes in wyne decoct,

Acrolochia roots in wyne,

Asarabacka in wyne decoct,

Solwyed rootes in wyne decoct,

Gentian root in powder, i. dram with wine, Pepper  
and Rue, } drinke.

Crossewort Gentian in powder,

Hetwall decoct,

Heleboznie decoct,

Calaga iulce,

Camellion roots in wyne decoct,

Cardus benedictus iulce,

Wild Pannar seede decoct,

Garden Parsely roote decoct,

Garlick decoct in wyne,

Asiodill in wyne,

Bayberries in wyne,

Plane tree fruit with wyne taken,

Betony leaues applyed outwardly.

Racerpittium roots taken.

Sharp wynd-ward leaues and fruit taken.

One berry, herbe and fruit taken in, — herba Paris.

Lisellam leaues or roots with Triacle and Mythredalū taken.

For poyson of Serpents or Vipers.

¶ **D**rinke Dragons, Rue, and Betony.

¶ **D**rinke iulce of Singuetoye. ¶ **E**ate Garlicke.

¶ **B**oyle Rue, Betony and Fennell in butter, and drinke it.

To withstand poysoning.

¶ **E**ate a Walnut with a Fig and Rue fasting.

Against Poyson and Plague.

¶ **W**ater of greene Walnuts distilled about Midsummer 2.  
or 3. ounces drin, cooleth & resisteth poison & the plague.

¶ **W**are alway the uttermost of the bark of the Walnut, and  
make powder of the rest, & steep it all night in water, strayne it,  
and drinke it fasting, to cast out poyson.

For the small Poxe, a soueraigne medicine.

¶ **F**irst giue the patient sodden milke, mixed with Saffron, or  
with Bithyepatum, & when they be perfectly come forth and  
begin to break, in no case let them come into the ayre: then distil  
of good apples sliced, vinegar and milk with a little Camphire,  
and anoynt the face therewith. G. K.

For to make the Poxe come forth.

¶ **G**ive the patient Barly water to drinke made sweet with  
Sugar. G. K.

To know if the sick of the Pox shall liue or die.

¶ **W**ho that falleth sick of that disease, and the Pox appeare  
not till the sixt day, and do come forth the fourth day af-  
ter, then the patient is like to dye. G. K.

To make the Poxe come forth.

¶ **T**Ake xij. fat Figs, gum Dragagant, ij. drams, Fennel seed  
brysed halfe a quarter of an ounce, brysed Saffron halfe a  
dram, boyle all in a quart of water, till the third part be consu-  
med: then strain it, and drinke it warme early and late. G. K.

To take away the pits of the Poxe.

¶ **T**Ake milke and vinegar of eche a peny, of apples pared and  
sliced thin 3. handfuls, incorporate the with a little Cam-  
phire: then stir it and wash the face 3. times a day, & let it dry.

¶ **T**he creame of womans milke anoynted, is good also.

¶ **P**owdered Beale broth, not too fresh, nor too salt, is good  
also. G. K.

Wilde Thistle roote with vinegar layd so.

Hallowes herbe and roote decoct and taken in, and vomited by  
agayne incontinently.

Turney, or Rapes seeds taken in Triacle.

Garden Marceley roots applyed, decoct.

Cristmon seed steeped in water, and dreyed by the fire, or lapped  
in paffe and baked, taken with honny.

Garlik eaten. Dynges seeds eaten.

Figges with salt, Rue and Walnuts eaten.

For vlcers of the Pulme and Lungs.

Veronica water distilled with wyne, drunke.

For clammy Flegme and humours, to purge them.

Taylla the barke of the roote, one dram taken.

Colloquintida the white pith, one scruple taken.

Callia iuice or pulpe taken.

To purge by vrin.

Hony suckle fruit in wyne forty dayes,

Deer boyled in wyne or water,

Wilde Thistle roote decoct in wyne,

}

drunke.

For to purge women of deliuerance.

Rue iuice drunke with wyne.

To purge raw and grosse flegme.

Sarcocoll one dram taken.

Botwyed roote one dram taken.

To purge hote and cholerick humours.

Wilde Campions seeds, two drams taken.

Tragoziganum decoct,

Aligulicū root decoct with wine,

Euphorbiū prepared

Small Centooy decoct in wine or water,

Rubarb one dram by discretion,

Cyula iuice, seed & root,

Peplos iuice and seed,

Wilde Colicumer iuice dreyed, halfe a scruple,

Eloer leaues and tender croys in booth or passage.

Clematis altera seide with water or mead, taken.

Stramonny iuice dreyed, the weight of fire wheat cornea,

Doter, or Calcuta decoct in wyne or water, drunke.

Juice of red roses infused, drunke. Frangula decoct, drunke.

Buckthorne berries in small quantity.

*[Faint, illegible handwritten text, likely bleed-through from the reverse side of the page.]*

For to purge hote melancholy humours.

**P**enny royall taken with hony and Aloes.

Planta Leonis, or Chyffes wast taken.

Senny coos and leaues, one dram taken.

Cloer greene and middle barke in wyne or beere.

To purge choler vpward and downeward.

**T**halpy seeds eaten.

To purge by siege downeward.

**S**affron the iuice of the seeds taken.

**G**reat Ernelole a handfull boyled and taken.

**M**ercury pand with Butter, and layd to the fundament.

**V**iolets decoct and drunke.

**I**ris rootes, the iuice taken in small quantity.

**W**hite Lilly rootes decoct in homed water.

**Y**ellow Parcellus rootes two drams decoct in wine or water.

**Z**lop with Syzop Acetell taken.

**L**ome in powder thre drams with homed water, viniger and salt, taken. **D**ypspanax two drams or lesse, taken.

**S**agapenum one dram.

**E**uphorbium prepared.

**W**lacke Heleboz taken.

**C**lematis altera fruit decoct & drunke with white wine xl dayes.

**S**quilla prepared, first covered about with doire or paste, baked in an ouen, or rosted vnder coales, till it bee soft and tender, and then a spone full or two thereof taken with the ryght part of salt.

For rage or madnes by biting of a mad dogge.

**A**llison taken with meats.

To make a man rane and madde.

**S**olanum formiferum more then twelve berries eaten.

**H**enbane rootes, leaues, or iuice taken.

Against raving and Frenzy.

**E**uphorbium mingled with oyle, straked on the forehead.

To kill Rats and Mice.

**H**eleboz rootes pured with meales and hony, layd for them.

For



## To purge melancholy.

¶ Take Senny cleane picked, one dram, Epithimi mirabolan, Hermodacili albi, of eche halfe a dram, Sugar one dram: make all into fine powder, & adde to it powder of Cyngger and Synnamom, of eche halfe a dram: make this in powder, and put it into an apple, the top cut off, and the coze taken out: roll it, and eat it.

## To purge cholera.

¶ Take Diagredij halfe a dram, beat it grosse: then put to it the powder of the roze Attomaticum Rosarum Gabrielis, halfe a scruple, and Sugar as you list: roll it in an apple, as before, and use it.

For raw vnskinne'd places,

**G**raene Fennelgröche pund with bintger, applyed.

For payne of the Reynes or Kidneyes.

<b>B</b> egios roote boyled in wyne,	} ounces.
<b>A</b> nthelis with wyne, halfe an ounce,	
<b>C</b> ordillon lulce in wyne, one dram,	
<b>H</b> orned Popy root boyled to halfe in water,	
<b>C</b> alamus Arrromaticus decoct in wyne,	
<b>B</b> ulba castanon. seeds decoct in wine,	} eaten.
<b>A</b> lcorns lulce	
<b>B</b> itter Almonds	
<b>C</b> assia dzawne,	

For to refresh a man,

**B**Arberry bush greene leanes, made in græne sawce, eaten.

For subcill Rhexemes and Cataries,

**P**opy heads boyled into a Syrop, eaten.

**T**he little **C**aroline **T**histle, called Spurric Arrabica,  
taken any wayes.

For all ruptures,

**P**ilosilla leages and rootes decoct and drinke.

For

For running of the reynes, and Gomora passio.

¶ Drink seeds of Lettice with ale or water.

¶ Use powder of Mastick, Olibanum, Storax, and Cardamomum.

¶ Dry Herbs in an oven, and drink the powder.

¶ Anoynt the yard & clothes with iuce of Hazel & Comphire.

¶ Carry about the seed of Sorrell, gathered by a chaste boy.

For him that hath lost his kinde.

¶ Take a red Onyon and a Hen seed in a pot, eate it and drink it three dayes.

¶ Or take seede of Fennell, Parcely, Caraway, Cardamomum, Lignum, Cloves, Galingale, Canel, of ech a peny waight, Rubarb two Drams, & of Allome as much, Mastick one Dram: Stamp them in a brazen mortar, and take a faire scoured balon, and put a good portion therein, & melt it: then take the foresayd things, and put thereto, let it boyle till it be thicke, as thou maist hold it in the hand: then bore it by, and use it first and last. This will restore thee againe, though thou wert neuer so cold.

¶ Or suck a woman every day till thou be restored.

Running of the Reynes.

¶ Take Liverwort, Longwort, Hartstoung, of eche halfe a handfull, a little Buglos, as much Succory, as much Endive, Violets, Sorrell, & Finesinger, of eche a little, boyle all in a quart of running water to halfe, blanched Almonds two penyworth, Stamp them with the pith of a Bullock: then put it to the liquor with the herbs, and boyle them, and take out the iuce: then strayne it, heat it, and seizon it with long Pepper, a penyworth, Nutmegs & Graines, halfe a penyworth, some large Pease and Sugar, to make it pleasant, and drinke it often warme.

¶ Take Saunders white and yello, two ounces, Sinnamon one ounce, Mastick one ounce, Sang. Draconis, halfe an ounce, one Nutmeg, conserve of Roses two ounces, mix all together with Turpentine, and take it in often.

For

For ruaning and spreading scabs and sores,

**P**arritoꝝ pund and layd vpon.

Calligale roots dyed, and the powder layd on.

**W**hite **B**lony rote pund, —————

**L**iuerwoꝝt pund with hony,

**S**pelt meale boyled with wine and **S**altpeſer,

**J**uray meale with ſulphur and **V**iniger,

**C**hiches boyled with **D**robus,

**C**amelion rote with **C**operole and **S**wines greace,

**R**ed **V**ete leaues pund,

**S**hops **S**ozrell rote and leaues decoct and bathe,

**R**emalage iuce, **C**reſſes pund with hony,

**S**quilla roſted in ymbars,

**B**ramble leaues pund,

**S**pyllis greene leaues pund with oyle of **R**oſes,

**L**icum of **B**erthorne,

**A**lmonds pund with hony,

**F**igges milky iuce,

**L**inde barke pund with **V**iniger,

**J**uniper barke oz rynde burnt, and with **W**ater,

**S**ain leaues pund with hony,

**S**cales of **W**yne apples, & the barke with **S**itarge of

**S**uer & **F**ranchincence, and a little **C**operole, —

For ſcabs and ſcuruiſſe.

**V**Croneſca decoct and drunke, —————

**S**crabious miſt with oymtments conuenient,

**O**rgan decoct in water, and bathe the grieſe, oz  
waſh the body,

**R**ye leaues miſt with **W**ine, **P**epper, **S**iter, hony  
and **A**llome,

**C**uphoꝝbitum with oyle of **W**ay, **B**eaues greace, oz  
**W**olues greace, oz ſuch like,

**D**ragon rote dyed, mixed with hony,

**E**leboꝝer rote pund with **F**ranchincence, rozen & oyle,

**W**ild **C**ucumber rote in powder with hony,

**V**itis alba leaues, — **C**lematis altera,

**S**eamony iuce with oyle, —————

**H**ops decoct and drunke.

applied  
& layd to,

layd to.

For

For a scall.

¶ Take Pimperose roots, stamp them, & fry them with fresh Butter and Tar, and plaster-wile lay it to the griefe.

For a child's head hauing a white scall,

¶ Take Arle-smart a good quantity, stamp it small, & put to it the like quantity of Dogs Lard, stamp them & incorporate them together: set it on a soft sweet fire, alwayes stirring it, with a little water in it for burning to, and let it boyle till the leaues begin to parch: then straine it, & of that liqour take two ounces, and adde thereto of Stoyar liqour one ounce, mix them together, and therewith anoynt the griefe euery euening or euery morning, which you will, and lay a cloth on it. D. K.

For the Purples.

¶ Take Purplewort if ye can: it is a clouē grasse, which hath a blew hart in the midst of it: and if you cannot get that, then take Angelica, Betony, Scablos, of eche a branch as big as both your thumbs: stamp them, & sethe them in posset ale: straine them, & put to it Sugar, Saffron, and a little Triacle, drinke it fasting at morning and euening without Triacle.

For angry scabs, night plowks, and watry wheales.

¶ Take Rapsins, the stones taken out, and Rue stamped together, and apply it to.

¶ Stamp Daisie leaues, fry them with fresh Butter, and anoynt the hands.

¶ Stamp wild Tansey, and Daisie flowers with cold running water, and wash therewith.

¶ Stamp sharp leaved Docks and Fumitory a like much, make it to oylment with May butter, or Barrowes greace, and Roche Alome, and anoynt it.

¶ Boyle a handful of Nettles with Cinnamom & Cloues, of eche two dzams, and bathe thy hands with the fumes thereof.

For wormes in hands and feete.

¶ Boyle iuce of Wormewood in May butter, and red docks, and stirre it to a salue, and anoynt.

¶ Boyle Leulin in good ale dregs, and apply it to scabs.

¶ Boyle wheat bran with Rue in driniger, and lay it to.

For

## Rams little Dodder.

For Sciatica.

Sothernwood seed graine, or powder decoct in wine or water,  
drinke.

Great Burre seed in powder decoct in wine or water.

Camepites leaues decoct in wine sozty dayes,

Ethiopsis rootes decoct,

Tyme boyled in wyne or water,

Penny royall pund and layd to,

Rue boyled with Dill,

Assarabacha boyled in wyne,

Asperagus decoct,      Symyneum seeds decoct,

Spanish Bzome tender bzanches steeped in wa-  
ter, and the iuice pressed out, drinke, a little Scrat  
or glasse full,

drinke.

Capres rootes, the barke decoct,

White Popler bark boyled in wyne,

Penny royall pund,

Wencedanum roote sap,

Lacerpissum roote with oyle and waie,

Amomacum one dzam with oyle of Ciprus & Piter

Enula Campana leaues boyled in wyne,

Black Clebz rootes decoct, and taken in small  
quantity.

applied  
or laid to.

Juray meale boyled in homed water,

Lupines flower or meale boyled in viniger,

Benay with figges made in plaster,

Cresses pund with hony and blalger,

Crisimon seed taken with hony,

Rhetis roote mist with Symynes greace,

Rimus seeds boyled with meate and eaten.

Whispy seed glistered at the fundament.

To driue away Serpents.

Yellow Aylmachion

Wencedanum

Sagapenum

Wallwort

Pasturcius

Agnus Castus

perfumed.

For

[Faint, mostly illegible text, possibly bleed-through from the reverse side of the page. The text appears to be organized into several paragraphs or sections, with some lines starting with capital letters. A small circular mark is visible in the lower middle section.]

For

## For stinging of Serpents.

Came Ciperessus decoct,  
 Great Turnesole a handfull decoct,  
 Lichenus seed & flower, — Rose camphir with wine,  
 Wild Camplens seed and flower decoct,  
 Garden Larke Spurre seed,  
 Iris roots with viniger or water,  
 Origan boyled in wyne,  
 Rue iuice eaten, Fennell herbe and seede,  
 Lettice seede decoct in wyne,  
 Rocket seede decoct, — Barberies in wine, —  
 Scorpion grasse pund,  
 Sargerom with salt and viniger pund,  
 Lacerpitium outwardly, Polymony pund,  
 Galingale roots pund, — Accontum pund,  
 Spelt meale with red wyne pund,  
 Thistle tender crops and leaues,  
 Seeds of Docks and Sorzell decoct,  
 Milke Thistle roots and leaues pund,  
 Rue iuice eaten.

} junkie.

} layd to.

## For byting of Serpents.

Echron roote boyled in wyne,  
 Great Burre roots iuice,  
 Came Ciperessus with wyne,  
 Scabios roote decoct in wyne,  
 Camomill & his flowers decoct in wine, one dram,  
 Clinopodion, — Plial. montanum decoct in wyne,  
 Ocurastrum seede in wyne,  
 White Hozhound decoct in wyne, Rue iuice,  
 Libanotus roots decoct in wyne,  
 Betony dry leaues in wyne,  
 Paunces seeds, roote and flower decoct in wyne,  
 Ligusticum roote decoct in wyne,  
 Harts tongue decoct, — Ladyes Thistle seede,  
 Coleworts iuice in wyne,  
 Ash leaues iuice, tender herbe, crops and bark decoct,

} junkie.

For



For stinging of an Adder.

- ¶ **G**rynd Centoꝝ with Butter, and giue the sick to drinke:  
It will heale man and beast.  
¶ Stamp Garlick, and lay to.

For byting with a Dogge.

- ¶ Incorporate honny and Garlick, and eate it.

For byting of a Spider.

¶ Rub the place well with Flies.

For biting or stinging of any venemous worme.

- ¶ Take Dzagaunce one handfull, Centoꝝ halfe a handfull,  
halfe so much Rue, two cloves of Garlick: Stamp them,  
and wring out the iuice, and anoynt the grieke.  
If thou distill all these, and drinke the water, it doth destroy  
all venome within thee.

B 2

For

For biting of Serpents.

The great Burre leaues pound with salt, —————  
 White Lilly roots roasted, and oyle of Roses,  
 Masturwort pound, the rose,  
 Gentian iuice with viniger,  
 Juice of the Aglets of the greene Aine dissolved in  
 oyle of Roses and viniger; ————— } layd to.  
 Erica leaues and flowers pound, —————  
 Agnus Castus pound, layd to.  
 Agnus Castus } fumed.  
 Wallwort }

For white naughty scurfe.

S Cabtos pound.

White Lilly roots mingled with viniger, or the leaues of  
 Henbane or Barly meale layd to.

For naughty white scuruenesse of the head.

L Acerpitium applyed.

Solbried decoct and bathe, ————— }  
 Myrtle berries decoct and bathe, } or wash the  
 Lye made of ashes of the Ash tree, & bathe, } grieke.  
 Aller yello w bark decoct and bathe, ————— }  
 Tithymall iuice with hony, ————— }  
 White Colocumer rote in powder and hony,  
 Turay meale with sulphur and hony,  
 Cices boyled in Olybus the pulpe,  
 Wete leaues pound and layd to, and the grieke  
 to be rubbed with Saltpeter,  
 Senay mingled with hony & newe greace, } applyed as  
 Garlicke burnt myngled with hony, } layd to.  
 Squilla inner barke boyled in oyle or Tur-  
 pentine,  
 Yello w Affodill roots burnt to ashes,  
 Ladanum with Myrrh, and oyle of Myrrh,  
 Hazle Nuts burnt with Hogs greace,  
 Wynden barke pound with viniger, ————— }  
 Seny leaues one dram taken.

For

## For shingles.

¶ If it gird a man, haply he shall never be whole. Take  
Culver dung and Barly meale, stampe them together,  
and temper them with Cyzel, and doe it to the grieffe till it bee  
whole. This euill will spring like willo fire, but this is greater  
and redder, and it euer springeth arow.

¶ Apply to them the Patients owne blond, and he shall be  
cured.

For foule scurvy tetters and scabs.

**C**rowfoot leanes pund and layd to a little, & then rekinced:  
**W**heat bread newly baked, soaked in byrne oz pickle, layd to.  
**B**lack Camelion root with a little Coperose & Swines greace,  
 layd to.

**W**hite Thistle roote with viniger, \_\_\_\_\_  
**S**curvy with viniger, \_\_\_\_\_  
**S**pyzie of grene leanes with oyle of Roses, \_\_\_\_\_  
**F**igs milky iuice, \_\_\_\_\_ **D**id oyle **M**allants pund, \_\_\_\_\_  
**E**lme leanes with viniger, \_\_\_\_\_  
**W**ater found in the hollow **B**ech tree, \_\_\_\_\_

} applied.

For dry scurfe and mangynesse.

**L**ibanotus mingled with Turay meale & viniger,  
**L**acerplium with Coperose and Clardegreace,  
**C**upposbiam mingled with Barrows greace, Bay  
 berries, oz **M**olues greace,  
**I**themaill iuice, \_\_\_\_\_ **B**ziony fruit pund,  
**R**ha Pontike roote with viniger pund,  
**W**hite Cowcumber iuice with hony, \_\_\_\_\_  
**C**arkin roote pund with viniger, \_\_\_\_\_  
**R**ed Beet raw leanes pund,  
**S**hyops **D**orel rois decoct in viniger, oz byused raw  
**R**adish rots with hony,  
**C**arlick with oyle and salt pund, \_\_\_\_\_ (lyne,  
**S**quilla inner part boyled in oyle, viniger oz **T**urpe  
**J**uniper rynd oz bark burnt, mingled with oyle oz  
 viniger, and **T**urpentyne, \_\_\_\_\_

} layd to.

To driue away the Secondine or after-birth.

**M**arigold flowers and herbe in powder, \_\_\_\_\_  
**C**arlick decoct, and sit over the same, oz persu-  
 med on scales, \_\_\_\_\_

} perfumed  
in place  
conuenient.

**E**lme boyled in water and hony, \_\_\_\_\_  
**R**enny royall in wine, \_\_\_\_\_  
**C**larypouion boyled in wyne, \_\_\_\_\_ **C**lary decoct, \_\_\_\_\_  
**W**hite Hozehead decoct in wyne, \_\_\_\_\_  
**R**us iuice in wyne, \_\_\_\_\_  
**C**lary any wayes taken in drinke oz meate.

} drinke.

For

For foule scurvy tetter and scabs.

¶ Wheat bread soaked in brine or pickle, layd to, the bread being new.

For bleche or swelling.

¶ Take Walnut leaves and Sotherne wood, of eche a handfull, Succory, Rabbine leaues, white Archangell, toylee Canley, Wormwood, Galling wood, red Archangell, of eche a handfull, chop them all together, and boyle them in May butter, till there be a greene oymint, straine it, and keepe it to vse.

To kill a Ring-worme or tetter.

¶ Take Mercury and Dassy roots, of eche a handfull, ʒi. Spoonfuls of creame, Stampe and straine them, and put thereto five spoonfuls of water made of Mercury sublimacum, and wash the tetter or ring-worme therewith.

A water to heale in five dayes all scabs, as well inward as outward.

¶ Take Planten water a pynt, Rosewater halfe a pynt, water of flowers of Cythons, or Dycenges, or of the saice of the fruite of them, a quarter of a pynt: put all into a Chyll of glasse, and put to it of quicksilver beaten to powder one ounce: let them boyle softly at the fire a quarter of an houre: then coole it, and put it in a glasse.

Wash the scabby place with it at night, and let it alone to the next day without moze washing: the thirde day wash it agayne, but not the fourth day.

At the first and second time you wash them, it will make all the scabs in your body to bzeake out.

At the thirde tyme they shall soze by, that you shall find all neat and cleane, both within and without.

There is no remedy in the world moze excellent then this, nor easter to be made.

This water maketh a mans flesh white, and doeth out all the ill humours of the body.

For to driue away the secondine or after-birth.

L Quender decoct in wyne, \_\_\_\_\_  
 Dittayne decoct in wyne, \_\_\_\_\_  
 Daucus seede decoct in wyne,  
 Sarcifrage rote decoct in wyne,  
 Lacerpitium leaues boyled in wyne,  
 Astrolochia longa with Pepper and Myrd,  
 Scababacka with hony and wyne,  
 Smyzueum seede decoct with wyne,  
 Myrd his rootes decoct in wyne,  
 Cresses seede decoct in wine,  
 Garlicks decoct,  
 Anagaris leaues, one dram decoct in wyne,  
 Sauen leaues decoct in wyne, \_\_\_\_\_  
 Peneobanum roots takes the sap alone, or with bitter Almonds  
 and Rue.

Drinke.

Oppopanax taken with hony.

White Wyony rote,  
 Garden Madder rote, } a pessary.  
 Onyon iulce,

For the falling Sicknesse.

A Rhilis with Orimell, \_\_\_\_\_  
 Comza with bliniger,  
 Lacerpitium with hony and bliniger, a Syrap,  
 Sagapenum, one dram,  
 Amomacum, one dram,  
 Pellytozy rote with hony,  
 Whyte Clebor prepared;  
 Senny leaues by discretion,  
 Wyony rote, one dram dayly a yere, \_\_\_\_\_  
 Pentaphilon rubrum decoct in wyne or homeo water and  
 Pepper thirty dayes.

Take.

Tyme smelld vpon.

Calbanum perfumed.

Male Wyony rote hanged about the necke.

For falling sicknesse in children.

A Anis seedes eaten.

For

For the falling sicknesse,

¶ **D**rinke powder of Harts hozne with wyne.

¶ The first tyme he falleth, when thou seest it, put off thine owne shoe, and pisse in it, rince it well, and glue him to drinke of it, and he shall no moze fall, noz have that euill.

¶ Also at his first falling slay a Hound, and take out his hart and gall, and being hote, grynd it, and giue it him to drinke, and he shall no moze haue it.

¶ Cocks Stones greene, drunk, helpeth; but abstayne from wyne ix. dayes.

¶ Hoxes Stones eaten, or drunk with wyne, profiteth.

¶ Take a foxes bzayne, and giue it oft to childzen, and they shall neuer be sick of that euill.

For

For excoriation, or going off of the skin of the privities or secret parts.

Cypres fruite or leanes boyled in oyle, —  
Liquid Rosen with a Plumeg and Sugar } applied.  
the quantity of a nut, —————

To make holes in the skin, or blisters.

ROs Solis with salt brulled, layd to.  
Crowfoote leanes and roots, layd to.

To take away hard skin of hands and feete,  
procured by labour.

Ashes of Willow barke with vinegar applyed.

For roughnesse of the skin.

Eleborus inner roots pund with Frankincence, oyle and Rosen, applyed.

Eleborus pund with oyle, and layd to.

Sithimall iuice applyed.

Scamony iuice with oyle and honny, layd to.

Figges milky iuice, layd to.

Ash tree barke burned to ashes, and lye made ther of, and washy.

To procure ouermuch sleepe.

Leekes eaten rawe.

For



J. O. Stephens's book

License

For to procure quiet sleepe.

Violets pind with oyle and layd to the head.

Whyte water-Lillyes conserued.

Antis leeds kept at the nose to smell to.

Poppy heabs and leaues decoct in water, drunke.

Black Poppy seedes decoct in wyne, drunke.

Handrake roote made a subpositoꝝ.

Penbane decoct in water, & wash the feet, or vse it as a glyster.

Garden Lettice in meate eaten.

For them that are very sleepey.

Euphorbium myngled with oyle, and straked on the temples.

To restore smelling lost.

Nigella seede dyed, pind, and put in Sarcenet, and often smelled to.

To prouoke neezing.

Seny snuffed into the nose.

Onyon iuice snuffed into the nose.

For to dry sores and Impostumes.

Myrneum Creticum leaues layd to.

To prouoke sleepe.

¶ Take Lettice seeds, and Smallage seeds: stamp them, and temper them with the white of an Egge, and lay it to the forehead.

¶ Take powder of Smallage, Henbane and Opuns, tempered with oyle or greace, and anoynt the temples, &c.

¶ Stamp Lake seeds, and temper them with womans milk, and the white of an egge bound to the temples.

For

For olde sores.

**G**reat Buglos roote with oyle and wax, ——— }  
 Singrene alone, or with parched barley meale, } layd to  
 White Horehound leaues with hony pund, }  
 Aloes in powder, ——— }  
 Cinoglosson in wyne and bathe.  
 Great Burre greene leaues pund with whites of Egges.  
 Lynsæde boyled in wyne, and bathe.  
 Allgod greene stamped, applyed. The iuice of the roote of it  
 taketh away scabs, and makes the skin smoothe, especially if  
 you mingle it with viniger,

For filchy fretting sores.

Veronica dect and drunke.  
 Galeopsis leaues with salt pund, ——— }  
 Petitoxy iuice and Serues made to oynment, }  
 Pimpernell pund, }  
 Wild Cloab pund, }  
 Singrene alone, or with parched Barly pund, }  
 Marue n greene leaues pund, } layd to and  
 Testiculus odoratus roote greene, } applyed.  
 Pannay flowers roote greene, pund, }  
 Astrolochia rotunda with Ireos and hony wixt, }  
 Dragon's fruite pund, }  
 Gentian roote pund, ——— }  
 Withymall iuice applyed or layd to.  
 Horned Popy leaues and flowers pund, ——— }  
 Turay meale with viniger, }  
 Colewort leaues pund, }  
 Radish roote with hony pund, }  
 Wild Coleworts with hony pund, } layd to.  
 Carets greene leaues with hony pund, }  
 Pellow Affayll rootes boyled in wyne lees, }  
 Pzuel leaues in powder, }  
 Scoznes very small pund, ——— }

For

For a scald head.

¶ Take hony a sponfull, wax and sheeps suit, of ech a quarter, & as much of the after-bryth of a woman as an egge, Rosen, Witch, & Sparma coei, of eche halfe a quarter, boyle them till they be molten, & wel incorporated: then strike them on a cloth, and make a plaster & apply: then take Rosen, pitch, & the afterburden of a woman, & mingle them together over the fire, and make a plaster; and this to be layd to vij. or viij. dayes: and then take of the next plaster before, Bismstone, black Sope, and the burden, & anoynt the head without it, and put it in a cloth, & anoynt the head with it after y<sup>e</sup> it is shaved, when the skin riseth, & it will be whole: and if it be hard like the byawne of y<sup>e</sup> thumb, it is not whole: and if it be very ill & thicke of scall, you shall let it lye vij. dayes: but if it bee meane, then but v. dayes: a little scall iij. or iiij. dayes: and lay it on a moneth or five weeks, tyll the skin rise wrynkled: and if it be ful in the skin, like the byawne of the thumb, let it lye till.

A principall playster to doe away kernels.

¶ Take roots of Ferns, roots of Affodil, & boyle them in the best wine, put to it a little quick bismston, make a plaster and lay it to speedily, which will consume the griefe.

For Glandils or kernels.

¶ Take roots of nettles, & roots of Ebulus, boyle them in vini-ger, put to it vnslaked lyme, and Auri Pigmentum, make a plaster and apply it to the Kings Cull or Kernels.

¶ Take the graine of brass, iuice of Docks, Peristoy, and iuice of Leks, incorporate them, and in that liquor wet a tent, and put it into the griefe, vnder a plaster, putting forth the corrupt matter.

A new kernell or scruphill is cured as followeth,  
without cutting or rupture.

¶ Take Sinnamon, Cloues, Dutchsilver, quick Bismston, pitch, Virgin wax, y<sup>e</sup> root of Boula campana, Solwes greace for a woman, & Bazes greace for a man: boyle the root of Enu-ia campana in water: then with the Dutchsilver extind, Sage, hogs greace, pitch & wax resolved, set it over the fire: then adde to the powder of the spices & bismstone, and stamping them all together, let them be well incorporated, and reserved to vse.

For

For dulnesse or heauinesse of spirit.

**V**iolets pund and layd to the head.  
Charuell boyled in wyne and dzunke.

For the Squinnancy.

**L**Acerpittum roots pund with hony, ————— }  
Spanish Brome steeped in water, & the liqoz } dzunke.  
pressed out, a little cup oz glasse full, ————— }  
Holly woxt chewed and holden in the mouth.  
Clatertum with olde oyle oz hony, oz the gall of an Oxe oz  
Ball, applyed.  
Radish roots boyled in homed viniger, gargoled.  
Pepper layd to with hony.

For

For to stop spitting of blood.

- ¶ Stamp clove Bur rote one bzam, with the kernels of Pines apples, and drinke it.
- ¶ Decoct Veruicke with wyne, drunke.
- ¶ Drinke iuice of Bursa pastoris.
- ¶ Drinke powder of Cozmentill roots with wyne.
- ¶ Drinke iuice of Knot grasse, or the leaues boyled in wyne,
- ¶ Ample or Starch being drunke, profiteth. (drunke.  
For a sore throat by sicknesse.
- ¶ Drinke iuice of Woodzous with good ale.

For the Squinnancy.

- ¶ Take Goats milke, and in the beginning make a plaster of wheat bzam, the iuice of Smalage in meale of Fenigrak with newe Barrowes greace, and the iuice of Planten, and powder of Roses, and apply it.

Take roots of Pallowes, meale of Fenigrake, Flaxe seeds, Dates, great Raisins, the stones taken out, with wheat bzam: boyle them in water, stamp them, and make it with newe Barrowes greace and a little heny into a plaster, which is marueylous riping, and lay it to the Squinnancy.

Take hony, hogs blood, iard, meale of Flaxe seeds, Fenygrak, and the dung of Swallowes: incorporate them, & make a plaster excellent to rype the Squinnancy.

And note, that the dung of all maner of Swallowes, healeth the Squinnancy.

Let the Impostume be opened with yron, or a razer,  
or this breaking plaster following.

- ¶ Take Bizan, salt and oyle, stamp them & incorporate them, and make thereof a plaster, and apply it. This is bled to cleanse and dry the same.

## For the Stone.

**F**enerfew herbe without flowers, decoct  
 in water,  
**H**erbe Robert in wyne, **W**eritoye,  
**S.** Johns wort, herbe, flower and seed,  
**W**ild Tansey, **C**oronopus,  
**C**orula lutea, **H**eranthemum,  
**S**affron roots, **W**inter Sauery, } decoct in wyne  
**F**ennell crops, **D**aucus seed, } and drunke.  
**A**uricula Leporis,  
**S**ea holy,  
**S**tarre Whistle in powder,  
**S**heeps Doyrell roots, **M**alloyes,  
**B**ramble roots, **K**ampions seeds,  
**W**hite Thorne fruite, \_\_\_\_\_  
**C**etrack leaues with vintger, drunke.  
**A**lkakengy fruite eaten.  
**S**allgot greens puts broken and drunke.

## To breake the Stone.

**P**enny wort on the wall, leaues  
 and rote, \_\_\_\_\_ }  
**G**arden Parrelly, }  
**W**ater Cresses in Salade, } eaten.  
**C**assa drawne, \_\_\_\_\_ }  
**P**hillipendula rote, \_\_\_\_\_ }  
**V**irga Aurea,  
**T**he water of Virga Aurea distilled,  
**P**enny Royall, **S**age,  
**S**ayfrage seeds and rote,  
**L**acarpitium roots, **T**ragium seeds, } decoct in wyne  
**C**apillus Veneris, } and drunke.  
**P**ernassus grasse, **S**ea holy,  
**S**heeps Doyrell roots,  
**T**ender sweet milk Whistle iuice,  
**T**urnep crops and young springs, \_\_\_\_\_ }

For



To procure urine, and to breake the Stone.

¶ Take water Crokes a handfull, Parcelly halfe a handfull, red Fennel tops, Mercury leanes, roots of Ciprus bzit sed, of eche a quarter of a handfull, Rayns of the Sonne, the Stones taken out, halfe a handfull: chop them smal, & make potage with mutton oz veale, and thicke it with great Date meale beaten small: sealon it with Peppre grosse: adde to it Cromel seeds ij lb. waight, beaten fine, a little Saffron: eate a meale thereof at morning, noone and night, a wake together.

D. K.

¶ Boyle Virga Aurca in wyne, and dzink it, and dzink one spoonfull of the powder thereof foure houres befoze meat with a raw egge.

For the Collicke and the Stone.

¶ Take Stone crop, Parcelly leaues & roots, & another Lime, of eche a handfull, boyle them in good stale Ale halfe an houre: strayne it, and put to it a good quantity of Craynes in powder, and dzinke it warme.

For the Stone. A powder.

¶ Take Barberies a handfull, dzyp them, Peach stones, Ash keyes, dyed Parcelly saw, Seabull, Barisfrage, of eche a like much, dzyp them, beat them, & learce them: then lay a black Flint Stone in the fire till it be red hote, & quench it in a pinte of Salmetey, and put in it a quantity of that powder, about one spoonfull to as much Salmetey as your stomake will beare, and kepe the residue of the powder to vse at need.

When the griete is on the patient, let him dzinke no other dzinke, but pollet ale, oz some other warme dzink, with part of that powder, untill it breake.

To breake the stone in the bladder.

¶ Take Olean simplex Scorpionis: and for an old man, mixe oyle of Violets with it, and noyn the sides, by ouer, vnder and about the pzyuy members, from ano vpywards,

℞ 2

Foz

## Rams little Dodeon.

For to breake the stone.

Redd, Parcely, Stone Parcely,

Great Parcely rois,

Winter Cresses seeds,

Lanke seeds with other herbs convenient,

Broomse seeds,

Rost Harrow barke and roote,

Ingholme, Bayes, wate and barke,

Peoler stones broken in powder,

Plumtre gum dissolved in wyne, ———

Cleare Rozen of the fyre tre taken.

Things hurtfull to the stomake.

Sotherwood, White Eleboz vnprepared,

Colloquintida, Eliterium,

Elder, Drach often eaten,

Turneps excessiuelly taken,

Radish excessiuelly eaten,

Cresses alone, and not in Salade,

Gulberyes greene and butyre,

New figges in great quantity,

Noyers oz small Cheryes in great quantity,

Dry Putts in abundance,

Greene Carobus, ———

To strengthen the stomake.

Garlofilata roote,

Saffron, } decoct in wyne,

Calamyt, } and drunke.

Secely seide, ———

Betony taken with homed water,

Coziander prepared oz corrected,

Enula Campana roote conserued,

Young Artichokes boyled, ———

Aloes Cicatrine taken.

Imperatozia roote taken with wyne.

Saxifrage roote in Sugar, in powder, taken.

Conozilla seeds drunke.

decoct in wyne  
and drunke.not correct-  
ted, ec.

eaten.

## For the Stone.

¶ Take the Stone in an Dre gail, as much as a Beane, Cor-  
merick, y penworth, Bayes j. ounce, Cloves, Race, &  
long Pepper, of eche j. penworth, y Acornes, Swale Hier  
stones, Cromell seeds, clove Bar seeds, of eche a sponful, Hawe  
stones halfe a sponfull: put all together into fine powder, and  
mix them wel together, & put thereof into a reasonable draught  
of good ale in a glasse or cup, so much as ye can take with your  
thumb & y. fingers, or more (the more the better) and drinke it  
off. If you feele it very bitter, drinke two or thre sponfuls of  
ale or other drinke after it, which will lay the bitternesse.

After you have taken this receipt, if it do not thoroughly helps  
after xij. dayes or iij. weekes, take a good handful of wild Time,  
boyle it in a quart of white wine, and in the time of boyling,  
throw in. or ij. pibble stones in the ure, & burne them to coales,  
& cast them red hote into the wine being bruised to pieces: then  
Straine and drinke it, fasting in the morning two houres after.

To clenie the stomake.

¶ Take Hop, Rosemary & Time, of eche two crops, put them  
in a pint of ale with Sugar: let them boyle, and drinke  
thereof two houres before meat.

To auoyd flegme out of the stomake, to be taken one  
spoonfull or two at any time.

¶ Take eight spoonfulls of Rose-water, foure spoonfulls of  
Conduit water, & two spoonfulls of white vinegar, halfe a  
quarter of a pound of fine Sugar, boyle them in a pozinger, on  
a chafingdish with coles, skum it cleane, & drinke it luke-warme.

For such as cast vp their meat by weaknesse of  
the stomake.

¶ Take the nether crust of a brestone loafe, toast it dry and  
leisurely, then steep it in strong vinegar a little while:  
then take it out, and spread on it powder of Cloves, & warme it  
agayne, and tye it about the mouth of the stomake, and it shall  
stay vomiting.

For to strengthen the stomake.

Porcelane,

Sea Porcelane preserued in vinegar for salde,  
 Earth Che Anis, Wargis of vntripe grapes,  
 Dinges the iulce and fruite,  
 Pomegranets the iulce,  
 Rusdimack, or Parmalade of Quinces,  
 Patinegs, Fillick Ruts,  
 Olives greene vntripe,  
 Oyle in which fruite of Ciprus is boyled,  
 Agarick dry without liqor, Gasticke,

eaten.

For payne in the stomake.

Common Wormwood, Decoct in wyne  
 Scordium dry, Sand drunke,  
 Penny royall taken with water and vinegar.  
 Digan in water drunke.  
 Cardon Hynt taken in drinke and meat.  
 Rubarbe taken by discretion.  
 Setwall roots decoct and drunke.  
 Aloes Citriline taken. Souring iulce drunk.  
 Groundsel leanes and stalks decoct in water, drunk.  
 Parcelyseds decoct and drunke.  
 Juniper yong fruit or berres boyled in homed water.  
 Gasticke eaten.  
 Spelt meale boyled with Saltpeter, applyed.  
 Melilot raw, pund or sod in wyne, layd to.

For wambling or boyling of the stomake.

Common Wormwood with Anis seeds,

Fennell or the feste,  
 Our Ladies Thistle rote decoct,  
 Sheeps Soytell seeds, and So;rell seeds,  
 Lettice in sallade eaten.

} decoct in wyne  
and drunke,

Wild Vine Claspers and fruit brought into a Syrrupe, with  
 the bargis of the same eaten.

Bzamble leanes and neto springs stamped and layd to.  
 Dry Dates eaten. Gasticke eaten.

For

To comfort and strengthen a weak Stomake.

¶ Take malmesey one pynte, mist water a pynt: Sympson and Ginger of eche an ounce: bruse them and mixe them together with halfe a quarterne of Sugar: let them stand all night, and in the morning bynke it.

Mistris Barret.

A good sauce to procure Appetite.

¶ Make sauce with Orange, mynt, vinegar, Comyn and Pepper.

For the Collike of the stomake.

¶ Take wormelwood a pound and a halfe, peache leanes, mother of tyme, Red mynts, Perriroy on the wall, of eche a handful, Savitrage and penny-royal, of eche half a handful, Fennel seed a quarter of a pound, Comel seed half a quarter of a pound, of Anis seed and Liquoris, of eche half a pound, bruse all the seeds together, and put them into a gallon and a halfe of sack and distill them in a Limbeck.

Mistris Barret.

For a Feuer in the stomake.

¶ Take Comyn, Anis, fenel seeds, red rose leanes, wormelwood, mynts, Auens, vinegar, sowze bread fryed and layd in a bag like warme to the stomake, & renew it often with vinegar.

R. 4

Agains

For inflammation of the stomake.

<b>R</b> omane Wormwood, ———	} decoct and drunke.
Starwort or Share wort,	
Cozmentill leaues and roote,	} eaten.
Parcelane raw,                      Lettice, ———	
Wharto raw or stued with Sugar,	} eaten.
Coolberries graine,                      Apples,	
Pomegranate iuice,	} eaten.
Cornell fraite, ———	
White water Lilly, ———	} pound and layd to.
Solanum hortense,	
Endiue and Succoy leaues,	} pound and layd to.

To warme the stomake.

**L** Duach roote and seed dyed, drunke in wyne.  
**A**loes Cicatrine drunke.  
**S**ozrell de Boys decoct and drunke and eaten.  
**G**reat Radish roote or Kayfozt eaten.  
**S**eruy bruised with viniger.  
**O**ringes and Lemons pilles and barke eaten.  
**P**utmegs and Naces taken in.

To refresh the hote stomake.

**P**enywort on the wall iuice, drunke.  
**C**araway seedes decoct drunke or eaten.  
**B**ziony frk sproughts or spryngs in Salade.  
**Y**ellow Succoy in Salade.  
**C**ob cumers with meat.  
**D**eyon of the Garden his fruite well boyled, eaten.  
**A**loes roote eaten.                      Apples eaten.  
**P**omegranat iuice eaten.

For to ouerturne the stomake.

**R**ipe Oliaes eaten.

To purge the stomake of Flegme.

**A**loes Cicatrins taken.

To cleanse the stomake.

**W**hite Bete iuice drunke.

Against dayly payne and repletion of the  
mouth of the stomake.

¶ Take Liquoris, Saury, Serpillum, Enula campana,  
Reddish roote, middle barke of Cloer, mynts, Sage and  
Rue: Stamp them, and steep them in white wine, and give  
the Patient early and late.

A Purgation against Paralipsum, or coldnesse  
of the stomake.

¶ Take rootes of Fennell, Parsely, grass, Fress, Sperage,  
Rhozus, Triangulus, Reddish, the barke of Tamarick:  
of these rootes and herbes make a decoction in white wine: be-  
ing well made and collated, take Cinnamon, Cloves, Nut-  
megs, Zebary, Galingale, long Pepper and Spikenard: beate  
them all in powder, and with the decoction aforesaid, make a  
pigmentum with hony well clarified, and use it.

For a hotte stomake.

¶ Cut the graine of the flowres of Cloles, and pun them  
small, and put to them twise as much Sugar, and keepe  
it in a Calypot all the yere, and use it.

¶ Take one pynt of milke, three sponfulls of Fress, & a little  
Sugar, and drinke thereof.

For

For to ingender winde in the stomake.

**L**entilles eaten to much.

Ripe Mulberries after meate  
Hazle Nuts, or Filberds  
Ripe Olives } eaten.

For cold windinesse, or blasting of the stomake.

**P**hyllipendula rootes in powder with wine

Annyes seedes }  
Comyn seedes } eaten.

**L**igusticum decoct

**P**encedanum sap of the roote

**C**aula Campana roote decoct

**M**egan roote boyled

**S**tone Parcoly seede decoct

**S**myrneum Creticum seede decoct

**A**gnus Castus seede decoct

**J**uniper gumme dissolved in wine

For to comfort the weaknesse and overcasting  
of the stomake.

**L**entilles hulked, thirty graynes swallowed downe.

**L**icoy and Endive eaten.

**S**quilla prepared and taken.

**W**ilde Chase leaves, branch and tendrels layd to the stomake.

**M**alpis floures byulsd, decoct in wine and drunke.

**W**laeke solwe Cherries eaten.

**D**rynge and Lemmons iuice

**C**ozuell fruite } eaten.

**P**utmegs

**G**reens unripe Olives

For to comfort the mouth of the stomake.

**S**tone Parcoly seede decoct and drunke.

**P**utmegs eaten and drunke.

**P**omegranates iuice

**Q**uinces, Quodimack and marmalad } eaten.

**R**ough and choky Peares



## For the Collicke of the Stomake.

Take of Wormewood, one pound and an halfe, of  
 Peache leaves, a pound: Mother of Time, red  
 Minte, and Peritorie on the Wall, of eche a handfull, Warb  
 frage and Penny-Royall, halfe a handfull of eche, Fennell  
 seedes, a quarter of a pound, Crommell seedes, halfe a quar-  
 ter of a pound, Annis seedes and Liquoris, a pound of eche:  
 bruse all the seedes, & put them into five quartes of good Sacke,  
 and distill them in a Lymbeck.

To cleanse the Stomake, and cause digestion.

Take Mynt water and Wormewood water, of eche a  
 quart, Galmeley a pottell, a good quantity of brused  
 Symplicum, and almost as much sliced Ginger, a good pless  
 of Sugar: put them together, and sturre them well, then  
 put them in a glasse, and let it stand till it be cleare: and let  
 the Patient drinke of it first and last five spoonfulls a time,  
 blood warme.

Ad idem.

Take a pynt of malmesey, a pynt of mynt water, Cin-  
 gar and Symplicum one ounce of eche: bruse them, &  
 put them together, with halfe a quartern of Sugar in the  
 malmesey all one night, and in the morning drinke it.

For

## Rams little Dodeca.

For stinging with Bees or Wasps.

Water. Hynt,  
Pallowes,Kne the iuice, } round and  
Parch mallowes, } staye to.

For Strangury and hote pisse.

A Athills half an ounce, Jarmander leaf & flow,  
er decoct in wine, Com; a leaf & flower in wine

Philipendala roote boyled in wine,

Bnot gras, Cecillios seed, Cordillo seed, } decoct in

Daucus seed, Saxifrage root &amp; sease, } wine,

White Saxifrage roote decoct,

Marabacka in wine decoct,

Onyon rootes soke in water,

Tragium seede, } decoct in

Cetrach leaues, } wyne,

Trifoly leaues and flowers in water,

Calamus Aromaticus,

White Camelton roote in red wyne.

Starre Thistle in powder decoct,

Boncus iuice with wyne,

Wilo Carot seed, Winter Cresses seed, } decoct in

Charnell, White Poplar barkke } wyne,

The wild spurge in the Rose bush decoct,

Lawrell Alexandra roote decoct in wyne,

Plumtree gumme dissolved in wyne,

Cypres leaues boyled in wyne,

Asperagus Art springs perboyled, eaten in salado.

Water Cresses eaten in salade. Cedar frait eaten.

Cleere liquo Rozen with putwags eaten.

To prouoke sweating.

Chamepitis rubbed all ouer the body.

Violets decoct, and sit ouer as a stew.

Calampne drunke with homed water.

Libanotus seede mingled with oyle, and anoynt the body.

Pencedano root dyed, mixed with oyle of Dill, and anoynt.

Pellitory decoct in wyne, anoynt the body.

Pasterwort, Cardus benedictus, } decoct in wyne,

Smyrneum seede, } Sans drunke.

Figges eaten.

For

For stinging with Wasps or Bees, and such like.

¶ A Poultice with *Opithredatum*.

¶ An ointment with iuice of *Scordium*.

For the Collick, Stone, and Strangury.

¶ Take the stone in an Oxe gall, as much as a Beane, *Comitel* ij. pennyworth, Bayes j. ounce, Cloues, Waces, long Pepper, of eche i. pennyworth, two Acornes, Swartbiler stones, Cromell seeds, Clot Bar seeds, of eche a spoonfull, Hart Stones half a spoonfull: make it all in fine powder, mixe them wel together, and put therof in a reasonable draught of ale, in a glasse or cup, so much as you can take by with your thumb and two fingers, or moze, the moze the better: stirre it well together, and drinke it.

If you feele it bitter, two or thre spoonfulls of ale after it, will abate the bitternesse.

After the taking of this powder, if it doe not thoroughly help after a fortnight or thre weekes, take a good handfull of *Wyle* Tyme, and boyle it in a quart of white wyne, and in the time of boyling it, throw two or thre pibble Stones in the fire, and burne them to coles, bruse them, and cast them into the wyne, being hote: after strayne it, and drinke it fasting at mozne, and fast two houres after it.

Fr. Steuens.

For

For hardnesse of swelling.

**G**aleopsis seed, Walke and roote pound,  
 Lynsæde boyled,  
 Bynd-weed leaues pound,  
 Pellot raw pound,  
 Rayfins kernels with salt pound,  
 Yellamyn pound, Oyle of ripe Olives,  
 Acornes small with salt pound,  
 Piane tree young tender leaues pound,  
 For all hote swellings.

} layd to.

**F**lebane seed soaked in water, (flower)  
 Water-Lettice, or graines mingled with wheat  
 Russh-Bazill pound with Barley meale, parched,  
 Coyne Rose leaues and graine heads pound,  
 Mandragora fresh leaues pound with parched Bar-  
 ley meale,  
 Pellot boyled with it self in sweet wine, or mixed  
 with the yolk of a rosted egge, or with Lynsæde,  
 or the meale of Featgrask, or Cicopy,  
 Our Lady White root boyled in wine,  
 Saligot leaues, Wild Cole leaues pound,  
 Pallowes with Swines greace,  
 Garlick with Swines greace,  
 Olive tree leaues,  
 Water of hollownesse of Wæch tree,

} applyed &  
} layd to.

To dissolve hard cold swellings.

Oyle pound and mingled with oyle and water,  
 Stinking Gladin with vinegar pound,  
 Gladiolus rote with Faray meale, pound & boyled  
 Saffron mingled with womans milk, (water,  
 Porrimin seade mingled with water,  
 Nigella with vinegar pound,  
 Albanicus leaues pound, Oppopanax,  
 Rots of Lacerpsium with oyle pound,  
 Sagapenum soaked in vinegar,  
 Calballum, Anomacum,

} layd to.

For

## For the Strangury. A plaster.

¶ Take ashes of the roote and leaues of Chameractis : actus  
 significeth Elder, and Chamer is ebulus : which herbe or  
 ashes, boyle till it be liquid : then so hote as may bee suffered,  
 pedini cum fastia ponas, and he shall presently make urine.

And when by drop meale, and in extreme heat he painefully  
 maketh water, take wheat bran, & thereof make a poultris, and  
 let therof be daily offered to the patient fasting, and after make  
 a plaster thereof with Popilion.

## For Warts.

¶ Stamp Egrimony with salt, temper it with vinegar, and  
 lay it to the Wart, and in foure dayes it will be whole.

¶ Wash the peolke of an Egge well, stamp it with oyle of  
 line, or of Violet, and make thereof a playster, and lay it to,  
 and it will doe away the Wart in one night.

For

For to dissolue cold hard swellings.

White Cucumber roote with vinegar,  
 Wheat bread boyled in homed water,  
 Leuin of Rye meale,  
 Barley meale boyled with Figges and homed  
 water,  
 Beane meale playster-wise,  
 Fenugreke meale in mead,  
 Swete Trifoly decoct,  
 Smyrneum leaues decoct,  
 Water Pepper leaues and seede pund,  
 Pepper mingled with pitch,  
 Dried Figges pund,  
 Liquid Rozen,

applied and  
 layd so,

For cold swellings.

Sothernwood seede with barley meale pund,  
 Sinquelopic roote boyled in vinegar,  
 Black Walyn boyled in water, or pund with  
 hony,  
 Tyne pund with hony,  
 Tragogiganum pund with hony,  
 Dancus seede pund,  
 Scamony twice mingled with hony,  
 Dutch Brank Myline,  
 Gallowes by it selfe, or with Swynges greace  
 pund,  
 Marsh Gallowes pund,  
 Cresses seede with hony pund,  
 Cardick with Swynges greace pund,  
 Doyons decoct with Figges,  
 Mallnuts, Rue and Figges pund, and with  
 Rayling,  
 Arbor Inde young tender leaues,  
 G. illito leaues and fruite with Tarre and waxe  
 playster-wise,

layd so.

For

For thighs wearyed, and that ake,  
and that are stiffe with trauell.

¶ Take Brookolpne, Dorehound, and herbe John: make  
a playster of them, with Oxpes tallow, Stoyss greace  
and horse-yeung, and lay to the payns.

For

For all swelling and feurinesse about the Serp.

Cyperus rōte boyled in viniger, layd to.

For to take away sweating.

Myrrhy Myrtle leaues, with oynments consentment.

For hardnesse and shrinking of sinewes,

Sothernwood leaues, graine of hye, decoct in wine  
or water,

Pimper rōte decoct in water,

Cotula lutea brusled,

Ris rōtes pund,

Oyle of Lillies,

Wenny rofall with hony pund,

Sagapenum,

Galbanum mixt with myrrh,

Carabacca boyled in wyne,

Rubarb taken by discretion,

Balsamine oyle,

Wheat meale & the iuce of Verbane mingled,

Acanthis drunke with wine,

Pellow Rofols, one dram in wyne drunke.

layd to.

For drawing or aking of sinewes.

Cucedanum layce

Lacerpitius

Amomacum

layd to.

Colibquintida white pith in small quantity, layd to.

Acanthis rōte decoct in wine, drunke.

Grandfell leaues and stowres with powder of

Frankincense

Wally leaues and barke boyled in wine

layd to.

For



## For sinewes shrunke.

¶ Take Rosemary, Wyne, Lavender, Dyll, Balaie, Brocke-  
leafe, Marigold, Rounge, Camellie, Barren, Camomill,  
Mint, Thyme, Herbe Robert, Rovers tongue, Poly-  
pode, the like, Colubrydage, Dayllow, Country, one hand-  
full, or halfe a pound of each: Chuse them small, put them into  
a pan, take a gallon of oyle Olive. May butter, two pounds,  
with wine, halfe a pottle: put all together in the pan, and let  
it stand three dayes, stirring it care every day, then let it, till  
the wine and butter be molten and incorporated, Strayne it in  
a baskett, and leave nothing in the Strayner, then put your oyle  
into a pot, in which oyle or fresh grease hath bene. This oyle  
must be made betwixt the 24. and Bartholomew tyme.

A precious salve for all wounds and sores.

¶ Take yegg greace, Collyphony, bypallone, white lincense,  
and quantity of each, Stamp them, & mixe them with  
the white of an ege, spread it on a piece of parchment, presse  
the wounde with your fingers, to cause the blood come out, and  
apply that plaster, which will heale speedily.

A precious oyle to heale a wound in 24. houres.

¶ Take flowers of S. Johns wort, & Rosemary flowers, of  
each an handfull, put them in a glasse, and fill it with  
good oyle, close it, that no ayre goe forth, let it in the sunne 30.  
dayes, and in three nights also. When the oyle hath gotten  
the colour of the flowers, Strayne it, and put to it, of Ginger  
in powder, one ounce, and a little Cassia distilled in good wine,  
then let it in the sunne againe 18. dayes: warme the oyle, and  
apply it therewith twice in the day.

*Rams little Dodeon.*

For payne, or swelling sinewes.

**C**ynoglosson boyled in wyne or water  
**P**arcissus roote with hony pind,  
**E**uphorbium prepared, ————— } layd to.

For to soften sinewes.

**P**riust oyle mixt with other things conuenient.

For to ioyne sinewes cut.

**W**hite Lilly rootes pund with hony  
**G**roundsell with powder of frankincense } layd to.

For to appease payne in the side.

**B**lacke Polyn, with Rue leaves decoct in wine**S**oates beard roote boyled in wine**E**gme boyled in water and hony**S**age decoct in water**R**ue with Dill decoct**G**entian roote the iuice**S**etwale rootes decoct in wine**C**apsia the barke of the roote decoct**T**risoly leaues, seede and floure decoct**C**aroline roote decoct in wine**P**arcelly seedes decoct**Y**ellow Affobill rootes decoct**L**eaues, roote and barke of **A**stræ decoct in wine**O**ppoponax.**C**olewoyt stalkes burnt to ashes, mixt with storges greace, ap-  
plyed.**M**istle seedes with wyne lees pund and layd to.**P**urceneps eaten.**S**albanum perfumed.

} to drinke.

For to dry a moyst stomake.

**L**entiles blanched eaten.**G**arden Rabbet roote pund and layd to.**S**patles iuice drinke dyed.

For

## For all swellings.

¶ Take Groundsell, Broom-clyme, Chicken-worde, Doyse, petty morell, & herbe Bennet: Stamp and boyle them with two parts of fresh butter, and one part of white wyne, and lay to the grise as hole as may be suffered.

## Payne of the Spleene is thus cured,

¶ Take Fennell rootes, Parsely, Smalledge, Anicholme, Apstagus, with their lattes, grasse, the middle barke of Clover, Camaricks old barke made cleane, Lime barke and Poppericon: Stamp them all, and keep them thre dayes in vinegar and water, and after boyle them, and put to the clarified hony, and boyle all to a thicknesse of hony, which is Drimell, give it the Patient to drinke early and late, with warme water and salt, being diligently purged, and lay a playster vpon the Spleene, and let the Patient take every day on an empty stomack, thre rolles of Radish dipped in hony, and make a Cure in this maner:

Make a ditch or hole in the carth, the depth and quantity of the Patient, make it hote with burning coales: then draw out the coales, and spzinkle the ditch with vinegar or wine: then grow it with diureticall herbes: then let the Patient in the hole to the necke, and couer him with the diureticall herbes, all but the head, and put a cloth ouer him till he sweate: then take him out, and couer him in a convenient place.

Rains little Dodder.

For to cleanse the teeth.

*Aristologia rotunda* powder often rubbed.

*Singidium* bare stemmes, or spiles used to pick the teeth.

For tooth-ache.

Cellony roote

Perforate

chewed.

Maritima roote

Impatiens juice snuff in the nose

Pentapilon decoct in water

Plantain roote and iulce decoct

White Polyn roote boyled

Wright Garren, or the roote decoct

Wiltory roote decoct in vinegar

White Elebor roote boyled in vinegar

Fruite of Solanum somniferum boyled

Benbaine roote boyled in vinegar

Camelion roote boyled

Ladies Thistle boyled in wine

Caroline roote boyled in wine

Shaped laurell boyled in wine

Wart mallowes decoct

Wilde Marocky leafe chewed

Mustard leafe chewed

Wortigan decoct

Wellein Affodill roote prepared, boyled in  
old wine

Wort and Wastren

Lambon tender crops boyled in vinegar

Wormerick leaues decoct in wine

Lepers leafe boyled in vinegar

Walbery leaues decoct in wine

Wort spines roote chewed or put in the tooth.

Wort pepper applied.

Wort penam put in the hollow tooth.

Wort leaues put on the tooth.

Worty iulce of Pigees applied.

Golden in  
mouth.

For

A playster for the tooth-ache.

Take the softer part of the 2<sup>d</sup> of the white linnen, and cut it  
at broad ends, and wet it with your tongue, and lay  
it on the face, then lay a playster-bole upon the weire that lyeth  
before the eye, which goeth to the tooth, and let it be the space  
of an houre: then lay another like the first, and so the third, and  
the playster will make an incision upon the weire, and there  
will be a stop at the end in the middle of it, let it alone, and wipe  
it not, till it be as a scab, and fall off by it selfe: for then the  
weire is decayed, so as the blood cannot come to the tooth  
again, which causeth the ache. *Other preserch.*

For the same.

Take the layre of Rue, and as much in quantity of honey: mix  
with your hande little balles dyt in that hony: and if  
the tooth be hollow, lay the tooth: if it be not hollow, lay it to  
the graine where the payne is, and it healeth wonderfully.

For tooth-ache of Rheume.

Take running water and Nettles, boyle them well together  
in a brass pot, put thereto a quantity of vinegar, &  
a piece of Rube Allum, boyle them a little, then set the pot  
from the fire, and cast a cloth over the Patients head, and let  
him hold his mouth open as it were open, so as the steam may  
fall into his mouth, and let the cloth hang close about, that no  
ayre get out, and he shall be cured: but saye him: beware from  
cold halfe a day after.

¶ 4      Rec

For spreading Tetteres.

Veronica decoct in wine and drunke.

For roughnesse of the throate.

Wheate meale boyled to passe oz pap, with butter and milke  
licked in.

Starch mixed with milke, licked in.

Spelt meale boyled with fresh butter & new Coates salt eaten.

Figges eaten.

Quinbyes in Arroy eaten.

For Squinancy or swelling in the throate.

Yolets, the yellow in the midd of the flowre, decoct in wa-  
ter, gargarized.

Hysop boyled with water and figs, gargarizes.

Claterium layd to, with oyle oz hony, oz the gall of a Bull, oz  
Cre.

Saligot leanes boyled in water, applied.

Double tongue leanes and rootes, gargarized.

Figs decoct and gargarized.

For Almonds or straynes about the throate,  
and the rootes of the tongue.

Mustard with hony and Viniger.

Double tongue leanes and rootes.

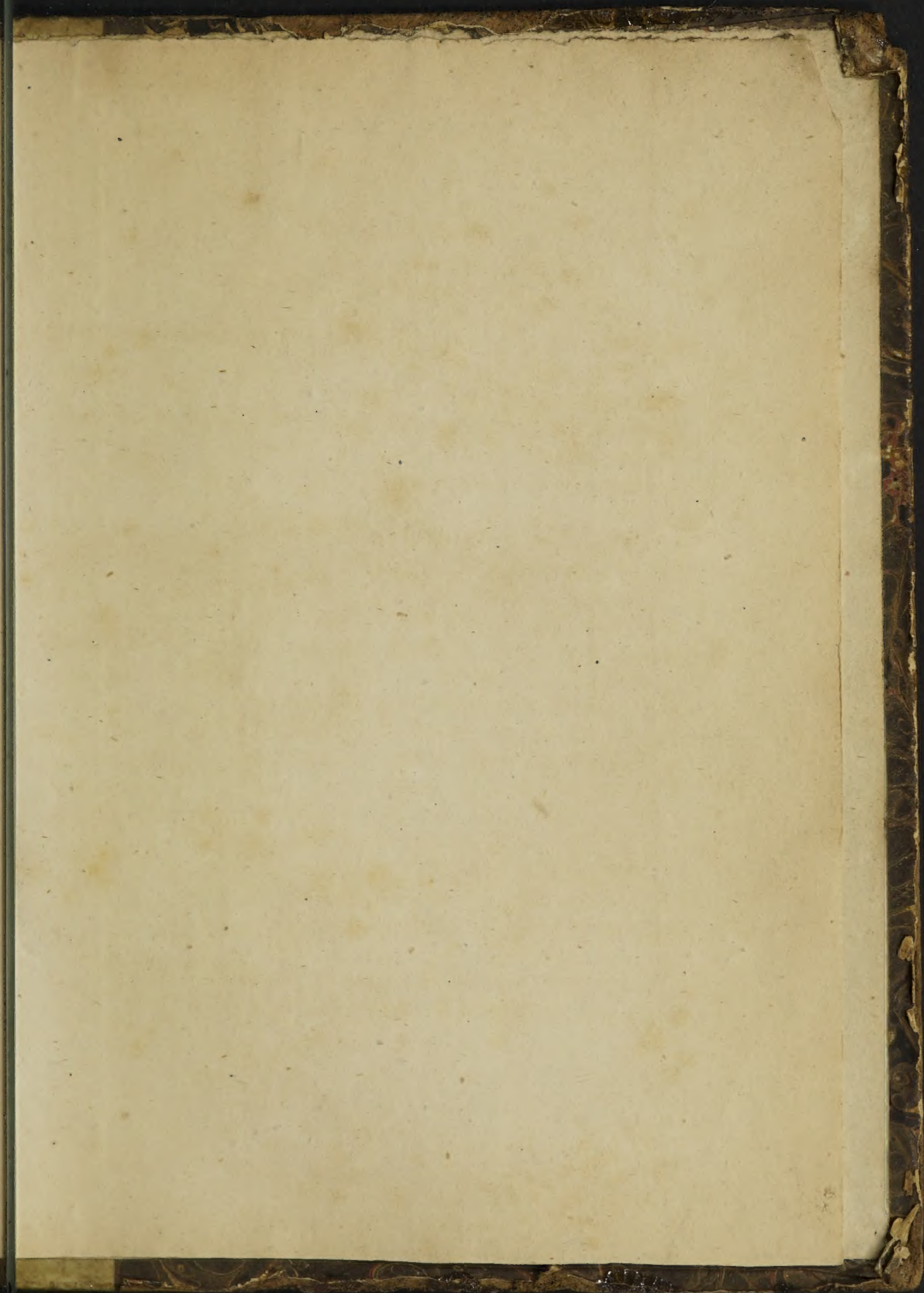
Pulberies leanes and rootes gargarized.

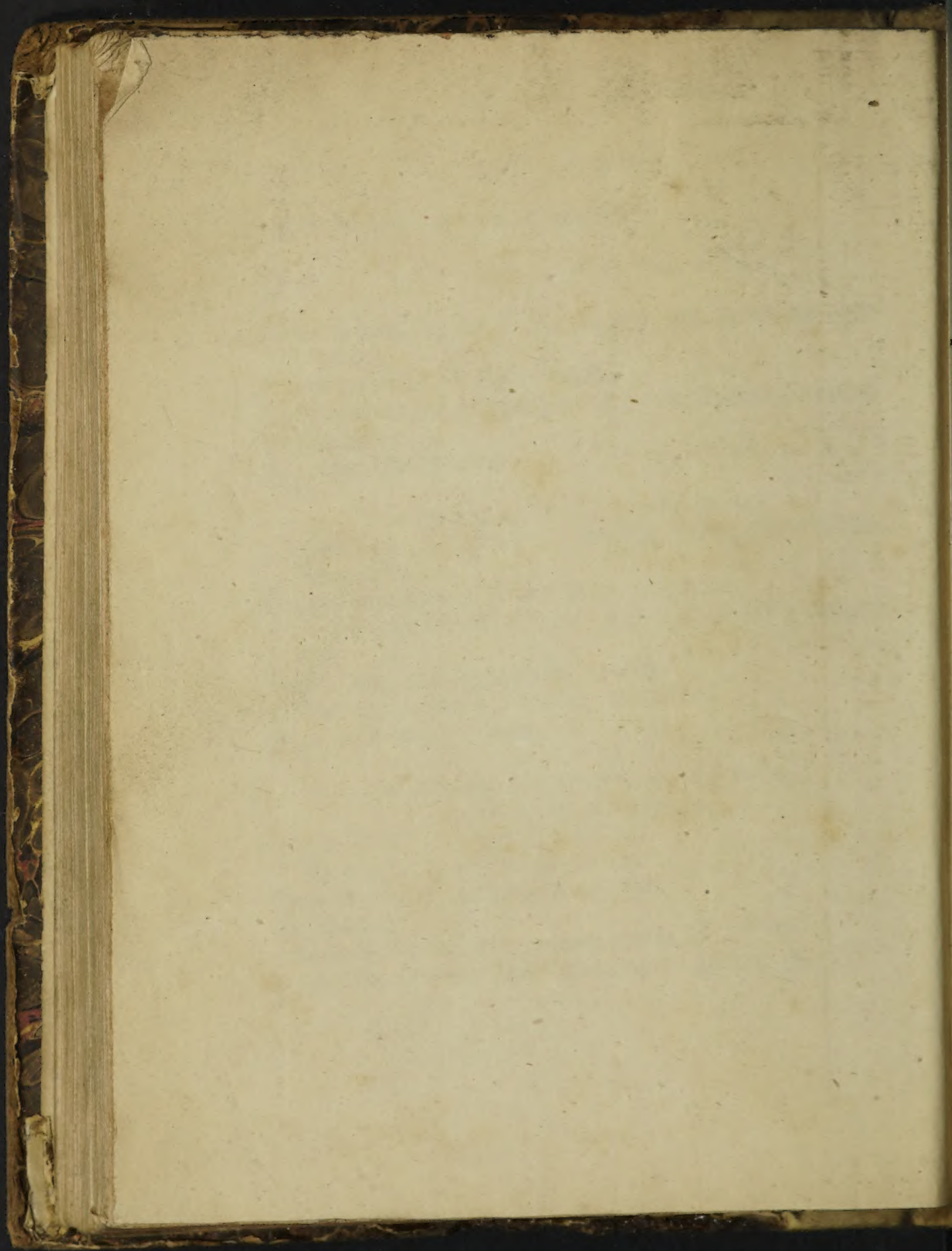
Figges eaten.

Walnut shell greene barks decoct in wine, gargarized.

Whilberde huskes and shells decoct in wine, gargarized.

FINIS.







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